

South Munster Schools Track & Field

Mardyke 6th May 2023

Minor Girls

100m

| | | | |
|---|-------------------|------------------|-------|
| 1 | Alison Scully | Mount Mercy Cork | 12.70 |
| 2 | Teresa Jabkiewicz | Carrigtwohill CC | 13.05 |
| 3 | Ava Shorten | Colaiste Treasa | 13.67 |

800m

| | | | |
|---|----------------|------------------|---------|
| 1 | Freya Bateman | Mount Mercy Cork | 2.14.72 |
| 2 | Kate O Donovan | Mount Mercy Cork | 2.17.19 |
| 3 | Emma Flynn | Colaiste Treasa | 2.22.89 |

75m Hurdles

| | | | |
|---|----------------|-------------------|-------|
| 1 | Giselle Ahern | Carrigaline CS | 11.84 |
| 2 | Alicia Hegarty | St Angelas Cork | 12.36 |
| 3 | Tegan Donoghue | Coachford College | 12.71 |

4 X 100m Relay

| | | | |
|---|--|------------------------|-------|
| 1 | | Mount Mercy Cork | 52.28 |
| 2 | | St Angelas Cork | 55.88 |
| 3 | | Colaiste an Phiarsaigh | 56.19 |

Long Jump

| | | | |
|---|--------------|---------------------------|------|
| 1 | Aine Frawley | St Marys Charleville | 5.21 |
| 2 | Clara Whelan | Colaiste Mhuire Buttevant | 5.03 |
| 3 | Anna Mullins | St Angelas Cork | 4.96 |

Shot Put

| | | | |
|---|------------------|-----------------------|------|
| 1 | Lily Shepherd | Carrigaline CS | 8.19 |
| 2 | Katelyn Cronin | St Marys Macroom | 6.29 |
| 3 | Weronika Wojdyla | Cork Educate Together | 5.18 |

Minor Boys

100m

| | | | |
|---|------------------|-------------------|-------|
| 1 | Colm Riordan | Coachford College | 13.28 |
| 2 | Emmanuel Ogwogwo | Douglas CS | 13.65 |
| 3 | Babatunde Smith | Killarney CC | 13.99 |

800m

| | | | |
|---|--------------------|-------------------|---------|
| 1 | Sean Riordan | St Colmans Fermoy | 2.09.62 |
| 2 | Mieszko Kalinowski | Douglas CS | 2.15.98 |
| 3 | Matthew Mahony | Midleton CBS | 2.16.19 |

75m Hurdles

| | | | |
|---|--------------|-------------------|-------|
| 1 | Sean Riordan | St Colmans Fermoy | 12.02 |
|---|--------------|-------------------|-------|

4 X 100m Relay

| | | | |
|---|--|-----------------------|-------|
| 1 | | St Brendans Killarney | 54.56 |
| 2 | | Midleton CBS | 58.51 |
| 3 | | Coachford CC | 59.47 |

| | | |
|--------------------------------|---------------------|------|
| Long Jump | | |
| 1 Benjamin O' Donovan Bachelet | Clonakilty CC | 4.51 |
| 2 Callum Harrington | PBC Cork | 4.47 |
| 3 Michael Kelleher | De La Salle Macroom | 4.19 |

| | | |
|-------------------|------------------|------|
| Shot Put | | |
| 1 Fintan O' Grady | Mitchelstown CBS | 9.94 |
| 2 Caelan Fleming | Carrigaline CS | 9.24 |
| 3 Michael Koume | Nagle CC Mahon | 9.04 |

Junior Girls

| | | |
|--------------------------|---------------------------|-------|
| 100m | | |
| 1 Tiffany Nwaedozie | Christ King Cork | 13.19 |
| 2 Alexis Olaniran | Ashton | 13.70 |
| 3 Catriona Whelan Curtin | St Aloysius Carrigtwohill | 13.89 |

| | | |
|----------------|---------------------------|---------|
| 800m | | |
| 1 Lauren Dinan | St Angelas Cork | 2.21.70 |
| 2 Ellie McRae | Scoil Mhuire Cork | 2.32.19 |
| 3 Miah Holland | St Aloysius Carrigtwohill | 2.36.05 |

| | | |
|------------------|------------------|---------|
| 1500m | | |
| 1 Rachel O'Flynn | Loreto Fermoy | 5.02.72 |
| 2 Rachel Ledwith | Mount Mercy Cork | 5.09.30 |
| 3 Ella Dinan | St Angelas Cork | 5.10.32 |

| | | |
|-----------------|------------------------|-------|
| 80m Hurdles | | |
| 1 Ruby Cummins | Colaiste na Toirbhirte | 12.02 |
| 2 Chloe O'Flynn | Loreto Fermoy | 16.52 |

| | | |
|----------------|---------------------------|-------|
| 4 X 100m Relay | | |
| 1 | St Aloysius Carrigtwohill | 55.30 |
| 2 | Scoil Mhuire Cork | 57.02 |
| 3 | Loreto Fermoy | 58.96 |

| | | |
|------------------|----------------------------|------|
| Long Jump | | |
| 1 Ruby Cummins | Colaiste na Toirbhirte | 5.08 |
| 2 Tiffany Daniel | Ashton | 4.23 |
| 3 Ava Moriarty | Pobal Scoil Inbhear Sceine | 4.02 |

| | | |
|------------------|-------------------------|------|
| Pole Vault | | |
| 1 Olive Burger | Mount Mercy Cork | 2.75 |
| 2 Noelle Mulcahy | St Angelas Cork | 2.30 |
| 3 Natalia Golka | Gaelcholaiste Mhuire AG | 2.30 |

| | | |
|-------------------|---------------------------|-------|
| Shot Put | | |
| 1 Meabh O'Connell | St Angelas Cork | 12.80 |
| 2 Tara Osborn | Colaiste Muire Crosshaven | 10.78 |
| 3 Lyra O'Sullivan | SMGS Blarney | 7.62 |

Junior Boys

| | | | |
|------|------------------|-----------------------------|-------|
| 100m | | | |
| 1 | Gabriel Ebo | Midleton CBS | 11.84 |
| 2 | Anthony Goggin | Colaiste an Spioraid Naoimh | 11.85 |
| 3 | Wojciech Fraczek | Midleton CBS | 12.24 |

| | | | |
|------|------------------|-------------------|---------|
| 800m | | | |
| 1 | Ronain O Cianain | Colaiste Daibheid | 2.12.15 |
| 2 | daniel golden | Coachford College | 2.16.02 |
| 3 | Oscar Murphy | Midleton College | 2.19.83 |

| | | | |
|-------|---------------|------------------|---------|
| 1500m | | | |
| 1 | Luke Merrigan | Glanmire CC | 4.23.07 |
| 2 | Ben O'Reilly | Douglas CS | 4.24.85 |
| 3 | Oscar Murphy | Midleton College | 4.25.53 |

| | | | |
|-------------|------------------|-----------------------------|-------|
| 80m Hurdles | | | |
| 1 | Anthony Goggin | Colaiste an Spioraid Naoimh | 12.84 |
| 2 | Wojciech Fraczek | Midleton CBS | 13.48 |
| 3 | Scot Phelan | Nagle CC Mahon | 14.39 |

| | | | |
|----------------|--|--------------|-------|
| 4 X 100m Relay | | | |
| 1 | | Midleton CBS | 48.23 |
| 2 | | Coachford CC | 54.77 |
| 3 | | | |

| | | | |
|-----------|---------------|-----------------------|------|
| Long Jump | | | |
| 1 | Alex Jaworski | Midleton CBS | 5.54 |
| 2 | Conor Hughes | Douglas CS | 4.94 |
| 3 | Finn O'Neill | St Brendans Killarney | 4.88 |

| | | | |
|-------------|---------------|----------------|-------|
| Triple Jump | | | |
| 1 | Alex Jaworski | Midleton CBS | 11.08 |
| 2 | Max Clover | Bandon Grammar | 10.87 |
| 3 | Aaron Sanchez | Carrigaline CS | 9.07 |

| | | | |
|----------|---------------|-----------------------|-------|
| Shot Put | | | |
| 1 | Chucks Onyeka | Bishopstown CS | 11.88 |
| 2 | Liam Rohan | Presentation Milltown | 11.15 |
| 3 | Sam Dennehy | Carrigaline CS | 9.55 |

Inter Girls

| | | | |
|------|------------------|------------------------------|-------|
| 100m | | | |
| 1 | Elena O'Sullivan | Regina Mundi Cork | 12.41 |
| 2 | Caoimhe Daly | Colaiste Choilm Ballincollig | 12.93 |
| 3 | Tara Cronin | Christ King Cork | 13.57 |

| | | | |
|------|----------------|------------------------------|---------|
| 800m | | | |
| 1 | Zoe Conway | Colaiste Choilm Ballincollig | 2.20.67 |
| 2 | Katie Hennessy | St Aloysius Carrigtwohill | 2.24.64 |
| 3 | Lucy Lynch | St Aloysius Carrigtwohill | 2.26.44 |

3000m

| | | |
|---------------------|------------------|----------|
| 1 Saoirse Twomey | St Marys Macroom | 11.23.56 |
| 2 Eabha Ni Chonaola | St Marys Macroom | 11.29.25 |
| 3 Laura Moore | Loreto Fermoy | 11.39.43 |

80m Hurdles

| | | |
|------------------------|---------------------------|-------|
| 1 Louise Mullins | Presentation Mitchelstown | 12.40 |
| 2 Ellie Vaughan Reddan | SMGS Blarney | 13.13 |
| 3 Suzanne Healey Bird | Ashton | 13.66 |

4 X 100m Relay

| | | |
|---|---------------------------|-------|
| 1 | St Aloysius Carrigtwohill | 54.14 |
| 2 | | |
| 3 | | |

Pole Vault

| | | |
|-----------------|-------------------|------|
| 1 Meabh Corkery | St Marys Midleton | 2.75 |
| 2 Meabh Bannon | Christ King Cork | 2.75 |

Inter Boys

100m

| | | |
|-----------------|---------------------|-------|
| 1 David Ebo | Midleton CBS | 11.83 |
| 2 Tyreek Bannon | HT Cork | 11.91 |
| 3 Chinwendu Oji | Colaiste Chriost Ri | 12.05 |

800m

| | | |
|-------------------|-------------------|---------|
| 1 Senan O'Reilly | St Colmans Fermoy | 1.58.77 |
| 2 Oran O Sullivan | CBC Cork | 2.00.59 |
| 3 Jack O'Rourke | SMGS Blarney | 2.01.40 |

1500m

| | | |
|------------------|------------------|---------|
| 1 Rachel O'Flynn | Loreto Fermoy | 5.02.72 |
| 2 Rachel Ledwith | Mount Mercy Cork | 5.09.30 |
| 3 Ella Dinan | St Angelas Cork | 5.10.32 |

3000m

| | | |
|-----------------------|--------------------------------------|---------|
| 1 Leo Murray | Douglas CS | 9.31.04 |
| 2 Finnian O'Lachtnain | Scoil Mhuire Beal Atha'n Ghaorthaidh | 9.37.07 |
| 3 Conor Twomey | PBC Cork | 9.38.45 |

100m Hurdles

| | | |
|--------------------|----------------------|-------|
| 1 Eoin O'Callaghan | Hamilton High School | 14.94 |
|--------------------|----------------------|-------|

4 X 100m Relay

| | | |
|---|---------------------|-------|
| 1 | Colaiste Chriost Ri | 49.40 |
| 2 | Carrigaline CC | 59.87 |
| 3 | | |

Pole Vault

| | | |
|-------------------|------------------------|------|
| 1 Alex Neff | GC Charraig Ui Leighin | 3.60 |
| 2 Matthew Wilkins | PBC Cork | 3.00 |
| 3 Diarmuid Bannon | Douglas CS | 2.00 |

Senior Girls

100m

| | | |
|---------------------|-------------------|-------|
| 1 Fatima Amusa | Bishopstown CS | 12.68 |
| 2 Ella Jenks | Ballincollig CS | 14.07 |
| 3 Caoimhe Geoghegan | St Marys Midleton | 14.25 |

800m

| | | |
|-----------------|------------------------|---------|
| 1 Maeve O'Neill | MICC Dunmanway | 2.12.84 |
| 2 Nicole Dinan | St Angelas Cork | 2.17.68 |
| 3 Ella Collins | Colaiste na Toirbhirte | 2.24.94 |

3000m

| | | |
|--------------------|-------------------|----------|
| 1 Avril Millerick | St Marys Midleton | 9.52.28 |
| 2 Claire Crowley | Kinsale CS | 10.33.36 |
| 3 Isobel Kellegher | St Marys Mallow | 10.40.78 |

100m Hurdles

| | | |
|----------------|----------------|-------|
| | Wd | |
| 1 Okwu Backari | Ashton | 15.18 |
| 2 Gemma Natale | Nagle CC Mahon | 23.41 |

Pole Vault

| | | |
|---------------|-------------------|------|
| 1 Una Brice | Mount Mercy Cork | 3.05 |
| 2 Lucie Healy | Regina Mundi Cork | 2.75 |

Senior Boys

100m

| | | |
|-----------------|---------------------------|-------|
| 1 Colin Murphy | Colaiste Muire Crosshaven | 11.46 |
| 2 Max O' Reilly | Carrigaline CS | 11.56 |
| 3 Kyle Kamdem | Midleton College | 11.61 |

800m

| | | |
|-------------------|-----------------------|---------|
| 1 Oisin Lynch | St Brendans Killarney | 1.59.44 |
| 2 Eoghan O Connor | St Francis Rochestown | 2.00.15 |
| 3 Sam Kiely | Kinsale CS | 2.01.72 |

3000m

| | | |
|-------------------|---------------------------|---------|
| 1 Sean Lawton | Colaiste Pobail Bheantraí | 8.56.16 |
| 2 William Verling | St Colmans Fermoy | 9.09.14 |
| 3 Robert Troy | CBS Charleville | 9.15.29 |

110m Hurdles

| | | |
|----------------|----------|-------|
| | Wd | |
| 1 Sean Carmody | CBC Cork | 15.11 |

Pole Vault

| | | |
|-------------------|---------------------------|------|
| 1 Josh Fitzgerald | Colaiste Muire Crosshaven | 4.20 |
|-------------------|---------------------------|------|