

Entry Notes

1. Entry Fee for individual events is €2 per event. Relay Teams €5 per team.
2. Athletes participating in u13 and above events are restricted to two events per day. The only exception is where an athlete selects the Triple Jump as one of their nominated events on day 2. In that case a third event that day will be permitted. For health and safety reasons, athletes are not permitted to enter both the discus and javelin as they are being held on the same day for this year only.
3. There is no limit to the number of events an individual athlete may enter in the U9 to U12 age categories.
4. Entries must be made using the online Entry4Sport system. Separate events will be created for each day of the championships. Entries will close at 2359 on the Tuesday prior to each day of the championship. No late entries will be accepted. Clubs should familiarise themselves with the Entry4Sport system and submit entries for day 1 in advance of the cut off point so that any issues can be remediated.
5. On the day of competition Club numbers will be given to a club official/coach/parent who will be responsible for distributing the correct number to their club athletes. The designated person will have to sign for all of the numbers. Individual numbers will not be given out to an athlete or parent.
6. In individual events, athletes are confined to their own age group.
7. In relays, athletes may move up 1 age group, but 2 of the 4 athletes running must be the correct age, except in Under 17 4x400 relay, where **ALL** athletes **MUST** be Under 17.
8. Only those born in 2015 may compete Under 9 events.
9. No new entries will be accepted on the day of competition.

Points to Note

1. All athletes **MUST** be registered Athletics Ireland Members
2. **ONLY** competing athletes and officials are permitted on the track and infield.

3. Athletes **MUST** wear Club singlets. Numbers are to be worn on front of singlet, (except pole vault competition) 5mm spikes only.

4. Field Events to be held in the Mardyke will commence at 10:15am. Practice jumps/throws for the first age groups must be completed before the starting time. Competition starts 10:30am sharp. Adequate time will be allowed for practice jumps and throws for each age group thereafter.

5. Field Events to be held at An Ríocht will commence with the hammer at 9.30 am. Practice throws must be completed before 9.20 am.

6. Once a competition has started, no practice jump/throw will be allowed.

7. It is the responsibility of club coaches to ensure that their athletes are technically competent at the disciplines for which they are being entered. Officials may stop any athlete they deem unable to compete in a safe manner.

8. In **Shot, Hammer, Discus, Javelin/ Turbo Javelin, Long Jump & Triple Jump**, each athlete will be allowed 3 attempts.

9. High Jump opening heights, as per [Munster Competition Booklet](#) (see appendix), with the bar rising by 5cm, until 3 athletes remain, then by 3cm.

10. Athletes are **NOT** permitted to carry or use electronic devices in the competition area at any time. (Earphones, ear pods, I-phones, smart phones, tablets etc).

11. **Photographers:** All cameras must be registered on the way into the track, in accordance with [Athletics Ireland Photography and Film Guidelines](#).

12. Please respect all property at both the Mardyke and An Ríocht venues.

13. Clubs are responsible for keeping their areas clean of litter. Please bring your litter away with you. There is a substantial clean-up charge levied on Cork Athletics, if the venue is littered. Please 'Pull' anyone you see littering the venue – if the venue is littered, we will all 'Tarnished with the One Brush!'

14. **Dogs** - Dogs are not permitted inside the grounds of either the Mardyke or An Ríocht, with the sole exception of **REGISTERED Guide and/or Assistance Dogs**

Queries: Please direct all queries to [the Juvenile Track and Field Competition Secretary Michael Flynn](#)

The programme of events may be brought forward or amended on the day depending on participation numbers and weather conditions.