

## CORK ATHLETICS JUVENILE TRACK AND FIELD COUNTY CHAMPIONSHIPS 2023

DATE: 07-MAY-2023

VENUE: MARDYKE ATHLETICS TRACK

**CHECK-IN:** CHECK-IN TIMES ARE INDICATIVE. THE PURPOSE IS TO ALLOW ORGANISERS CONFIRM THE ATHLETES THAT ARE ATTENDING AND TO ADJUST HEATS IF NECESSARY. ATHLETES MAY BE ABLE TO WARM UP AFTER CHECKING-IN.

**NOTE:** THE TIMETABLE IS DESIGNED TO GIVE ATHLETES AND PARENTS AN INDICATION OF WHEN EVENTS WILL TAKE PLACE. EVENTS MAY TAKE PLACE UP TO 30 MINUTES BEFORE THE SCHEDULED TIME. PLEASE LISTEN CAREFULLY TO PUBLIC ADDRESS ANNOUNCEMENTS ON THE DAY

### DAY 1 DRAFT CALENDAR - SUBJECT TO CHANGE

# TRACK

Event	Age	Gender	Check-In Time	Race Time
1500m <i>* U14 and U15 will be run on their own</i> <i>* U16 and above may be combined depending on the number of entrants</i>	U14 - U19	Male & Female	0945	1000
Long Hurdles <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for final will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U15 - U19	Male & Female	1000	1045
Sprints 100m - Heats (Gym Side) <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for semifinal or final will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U15 - U19	Male	1045	1145
Sprints 100m - Heats (River Side) <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for semifinal or final will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U15 - U19	Female	1045	1145
Sprint Hurdles (River Side) <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for final will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U13 - U14	Male & Female	1145	1245
600m <i>* each heat will have a maximum of 15 athletes</i> <i>* each heat will be treated as an individual final and medals distributed for the top three in each race</i>	U12 - U13	Male & Female	1245	1345
400m - Heats U17 to U19 Male & Female <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for final will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U17 - U19	Male & Female	1345	1445
Sprints 100m - SemiFinals (Gym Side) <i>* if required; may be a final depending on the number of heats</i> <i>* qualifiers for semi finals will be based on finishing positions in each each and will be determined once we know how many heats are required.</i>	U15 - U19	Male & Female	1500	1515
Sprint Hurdles Finals (River Side) <i>* if required</i>	U13 - U14	Male & Female	1500	1515
400m - Finals <i>* if required</i>	U17 - U19	Male & Female	1545	1600
Sprints - Finals (Gym Side) <i>* if required</i>	U15 - U19	Male & Female	1615	1630

Where multiple age groups are shown for the same discipline we will start with the youngest age group and work up. Older age groups may be combined in one race depending on numbers with separate results for each age category. With the exception of Walks there will be separate races for male and female even where ages are grouped. Entrants in the hurdles need to be proficient in this event. As no electronic timing is available, qualifiers from heats to semi-final or final and semi-final to final will be based on the individual finishing positions in the heat or semi-final and the number of heats and semi-finals (e.g. 2 semi-finals will have the top 4 in each qualify for the final; 4 semi-finals will have the top 2 in each to qualify for the final).

### DAY 1 DRAFT CALENDAR - SUBJECT TO CHANGE

# FIELD

Event	Age	Gender	Check-In Time	Race Time
Long Jump - Pit 2	U16, U18 & U19	Female	0945	1015
Long Jump - Pit 1	U12	Male	1045	1130
Long Jump - Pit 2	U12	Female	1045	1130
Long Jump - Pit 1	U14	Male	1330	1415
Long Jump - Pit 2	U14	Female	1330	1415
Shot Put	U12	Female	0945	1015
Shot Put	U13	Female	1015	1115
Shot Put	U14 - U15	Female	1115	1215
Shot Put	U16 - U19	Female	1215	1315

## CORK ATHLETICS JUVENILE TRACK AND FIELD COUNTY CHAMPIONSHIPS 2023

DATE: 14-MAY-2023

VENUE: MARDYKE ATHLETICS TRACK

**CHECK-IN:** CHECK-IN TIMES ARE INDICATIVE. THE PURPOSE IS TO ALLOW ORGANISERS CONFIRM THE ATHLETES THAT ARE ATTENDING AND TO ADJUST HEATS IF NECESSARY. ATHLETES MAY BE ABLE TO WARM UP AFTER CHECKING-IN.

**NOTE:** THE TIMETABLE IS DESIGNED TO GIVE ATHLETES AND PARENTS AN INDICATION OF WHEN EVENTS WILL TAKE PLACE. EVENTS MAY TAKE PLACE UP TO 30 MINUTES BEFORE THE SCHEDULED TIME. PLEASE LISTEN CAREFULLY TO PUBLIC ADDRESS ANNOUNCEMENTS ON THE DAY

### DAY 2 DRAFT CALENDAR - SUBJECT TO CHANGE

# TRACK

Event	Age	Gender	Check-In Time	Race Time
3000m <i>* U16 will be run on their own</i> <i>* U17 and above may be combined depending on the number of entrants</i>	U16 - U19	Male & Female	0945	1000
Sprints 200m - Heats <i>* will be run as a straight final if no more than 8 entrants per race</i> <i>* qualifiers for final will be based on finishing positions in each each and will be determined once we know how many heats are</i>	U14 - U19	Male & Female	1000	1045
Sprint Hurdles (River Side) <i>* Finals will take place directly after the heats for all age groups</i> <i>* Hurdles for different age groups may take place at the same time depending on the number of entrants</i> <i>* qualifiers for final will be based on finishing positions in each each and will be determined once we know how many heats are</i>	U15 - U19	Male & Female	1045	1145
Sprints 60m & 80m- Heats (Gym Side) <i>* if required; may be a final depending on the number of heats</i> <i>* qualifiers for semi finals will be based on finishing positions in each each and will be determined once we know how many heats are required.</i> <i>* U12 girls semi-finals may take place at the end of U14 heats</i>	U12-U14	Male & Female	1045	1145
800m <i>* will be run as a straight final if there are no more than 16 entrants per race</i>	U14 - U19	Male & Female	1200	1300
200m - Finals (Gym Side) <i>* if required</i>	U14 - U19	Male & Female	1345	1400
Sprints 60m & 80m - SemiFinals (Gym Side) <i>* qualifiers for the final will either be top 4 from two semi-finals or top 2 from four semi-finals depending on how many entrants overall</i> <i>* may be run as a final depending on the number of heats</i>	U12-U14	Male & Female	1400	1430
Walks <i>* may take place as one overall event across all distances and genders depending on numbers. Will be clarified after entries are received.</i>	U14 - U19	Male & Female	1415	1515
Sprints - Finals (Gym Side) <i>* if required</i>	U12-U14	Male & Female	1545	1600
800m - Final <i>* if required</i>	U14 - U19	Male & Female	1615	1630

Where multiple age groups are shown for the same discipline we will start with the youngest age group and work up. Older age groups may be combined in one race depending on numbers with separate results for each age category. With the exception of Walks there will be separate races for male and female even where ages are grouped. Entrants in the hurdles need to be proficient in this event. As no electronic timing is available, qualifiers from heats to semi-final or final and semi-final to final will be based on the individual finishing positions in the heat or semi-final and the number of heats and semi-finals (e.g. 2 semi-finals will have the top 4 in each qualify for the final; 4 semi-finals will have the top 2 in each to qualify for the final).

### DAY 2 DRAFT CALENDAR - SUBJECT TO CHANGE

# FIELD

Event	Age	Gender	Check-In Time	Race Time
Long Jump - Pit 1	U13	Male	0945	1015
Long Jump - Pit 2	U13	Female	0945	1015
Long Jump - Pit 1	U15 & U17	Female	1100	1200
Long Jump - Pit 2	U16, U18 & U19	Male	1100	1230
Triple Jump - Pit 1	U15 - U19	Male	1330	1500
Triple Jump - Pit 1	U16 - U19	Female	1330	1500
Shot Put	U12		0945	1015
Shot Put	U13		1015	1115
Shot Put	U14 - U15		1115	1215
Shot Put	U16 - U19		1215	1315

Entrants in the triple jump must be competent at the discipline. It will be at the discretion of the triple jump referee to remove somebody from the competition if he/she believes the athlete is unable to complete the event in a safe manner.