

Cork Athletics County Juvenile T&F Championships 2022
Order of Events Day 3 - 15th May 2022

Programme may be brought forward

Check in 9:30am - Start 10:00am

Help is required to complete the programme - Please offer to help out

Sprint Heats U9 - U11 Boys & Girls - Boys run on stand side, Girls run MTU side

U10 Boys and Girls Turbo Javelin, using two (2) throwing zones

U11 Boys and Girls Long jump, using two (2) Long Jump pits

Athletes will rotate through events, e.g. U9 move to Turbo Javelin, U10 to Long Jump, etc.
Followed by semifinals & Finals

Notes for Sprints

Qualification from Heats and Semi-Finals will be on position only
Finals of all sprints will be on stand side, if possible

Middle Distance

Middle Distance races will be run after sprints, if programme progress allows, otherwise they will be held after all other events

U10 Girls & Boys 500m

U11 Girls & Boys 600m

U9 Girls & Boys 300m

Relays

1pm - U9 to U11 relays

2pm - all other relays