



**Legend**

- 750m █
- 1000m █
- 1500m █

U9 Girls	750m	750m X 1
U9 Boys	750m	750m X 1
U11 Girls	1,500m	1,500m X 1
U11 Boys	1,500m	1,500m X 1
U13 Girls	2,500m	1,000m X 1 1,500m X 1
U13 Boys	2,500m	1,000m X 1 1,500m X 1
U15 Girls	3,500m	1,000m X 2 1,500m X 1
U15 Boys	3,500m	1,000m X 2 1,500m X 1
U17 Girls	4,000m	1,000m X 1 1,500m X 2
U17 Boys	5,000m	1,000m X 2 1,500m X 2
Intermediate Women	5,000m	1,000m X 2, 1,500m X 2
Intermediate Men	8,000m	1,000m X 2, 1,500m X 4

