

CORK ATHLETICS COUNTY CHAMPIONSHIPS

Program may be brought forward

ORDER OF EVENTS DAY 1 - May 5th 2019

Check in 10am

Start 10.30am

All Long Hurdles GIRLS & BOYS U14 - 200h – GIRLS & BOYS U15 & U16 -250h GIRLS & BOYS U17 - 300h

GIRLS & BOYS U18 & U19 - 400h

500m – BOYS UNDER 10, GIRLS UNDER 10 Heats

600m GIRLS UNDER 12, BOYS UNDER 12, GIRLS 13, BOYS 13 Heats

Steeplechase Boys & Girls U17 - U19

Check in 12.30 CIT side

Heats of Boys and Girls U/9

- Sprint Hurdles Boys and Girls U12,U13 (Heats followed by Final) Boys and Girls U14

Check in 12.30 - Sprints - Stand side

- Sprints Boys & Girls U11, U15, U16, U17, U18, U19 Heats
- All Sprint Semi Finals and Final at stand side
- Finals 500m/600m

Check in 2.30pm

- 400m Boys and Girls U17 - U19 Heats
- 1500m U14, U15, U16, U17, U18, U19 Boys and Girls
- 400m Finals

Field Events: 10.30 am

Check in 10am

10.30 am.

1. Javelin: B14, B15, B17, B18, B19, BOYS UNDER 16, B13
2. High Jump: B11, B18, B19, B16, G15, G17, G13, G11, B14
3. Shot: G12, G11, G13, G18, G19, G15, G16, G17, G14
4. Discus: No discus competition due to unavailability of cage

10.30am

5. Long Jump G18, G19, G12, G14, G16, B12
B13, B15, B17, B10, G10

11.00am

6. Turbo Javelin: G9, B9, G11, B11, as runways are available

1.30pm

7. Pole-vault: BOYS UNDER 19, BOYS UNDER 18, BOYS UNDER 17, BOYS UNDER 16, BOYS UNDER 15, GIRLS UNDER 15, GIRLS UNDER 16, GIRLS UNDER 17, GIRLS UNDER 18, GIRLS UNDER 19

8. **Hammer - There will be No Hammer competition due to unavailability of the cage.** (The Hammer Cage was damaged, during high winds, some months ago – The netting had not been lowered by Cage Users after they had finished their session)