



# EAST CORK ATHLETICS DIVISION

eastcorkathleticsdivision.com

## TRACK & FIELD CHAMPIONSHIPS 2018

### DAY 1 SUNDAY, APRIL 8th 2018 CIT TRACK, CORK 11.30 AM

**GIRLS**

and

**BOYS**

UNDER 9 BORN 2010	60m	Long Jump		
UNDER 10 BORN 2009	60m	200m	Turbo Javelin	
UNDER 11 BORN 2008	80m	300m	Long Jump	
UNDER 12 BORN 2007	80m	600m	High Jump	
UNDER 13 BORN 2006	80m	600m	Long Jump	
UNDER 14 BORN 2005	100m	800m	Javelin	
UNDER 15 BORN 2004	100m	800m	High Jump	Discus
UNDER 16 BORN 2003	100m	800m	Long Jump	High Jump Javelin

LADIES UNDER 17 -UNDER 19	100m	800m	High Jump	Discus	Shot
MEN- UNDER 17 -UNDER 19	100m	800m	High Jump	Discus	Shot
LADIES OVER 19	100m	800m	Long Jump		
MEN OVER 19	100m	800m	5000m	Long Jump	
LADIES OVER 35 & OVER 45	100m	800m	Long Jump		
MEN- OVER 35 & OVER 45	100m	800m	Long Jump		

**RELAYS**

**4 x 100m.**

GIRLS & BOYS  
under 10 - under 12  
under 14 - under 16  
Juvenile Athletes may  
move up 1 year for  
relays only

**JUNIOR LADIES &  
JUNIOR MEN under 20**

Junior Athletics over 16  
and under 20

All Relays at CIT

Note: Events at 11.30 a.m. MEN over 19 5000m.; GIRLS & BOYS U13 Long Jump; GIRLS & BOYS U16 & U17-U19 HJ GIRLS U 10 Turbo Javelin  
GIRLS U16 Discus

NOVELTY EVENTS- Girls & Boys under 7 Born 2012 60m Girls & Boys under 8 Born 2011 60m MOTHERS AND FATHERS- 60m

### DAY 2 SUNDAY, APRIL 29th 2018 Youghal Athletic Track (Tower Park) 11.30 AM

**GIRLS**

and

**BOYS**

UNDER 9 BORN 2010	200m	Turbo Javelin	
UNDER 10 BORN 2009	300m	Long Jump	
UNDER 11 BORN 2008	600m	Turbo Javelin	
UNDER 12 BORN 2007	800m	Shot	
UNDER 13 BORN 2006	800m	High Jump	
UNDER 14 BORN 2005	200m	1500m	Shot
UNDER 15 BORN 2004	200m	1500m	Long Jump
UNDER 16 BORN 2003	200m	1500m	Shot

LADIES: UNDER 17 -UNDER 19	200m	1500m	Long Jump
MEN UNDER 17 -UNDER 19	200m	1500m	Long Jump
LADIES OVER 19	200m	1500m	
MEN OVER 19	1500m	56 for Dist	Shot
LADIES: OVER 35 & OVER 45	1500m		
MEN OVER 35 & OVER 45	1500m	56 for Dist	

**ROAD**

**CHAMPIONSHIPS**

Ballynoe

Ladies 3000m  
Men 5 Miles

Thursday, April 26th  
2018  
7.30 p.m. Start

Note: Events at 11.30 a.m. MEN OVER 19 - MEN OVER 35 & 45 1500m. BOYS UNDER 16 Shot

NOVELTY EVENTS- Girls & Boys under 7 Born 2012 60m Girls & Boys under 8 Born 2011 60m MOTHERS AND FATHERS- 60m

ADMISSION ADULTS €5 JUVENILES €2 ALL PAY AT GATE

RELAY ENTRY €5 PER TEAM TAKEN ON DAY

FIELD EVENTS: Athletes may move up 1 year where there is not a Field Event in their own age group over the 2 Days.

**WILLIE HARTE PERPETUAL TROPHY**  
for Best Club under 9 to under 19

EVENT SPONSORS  
**IMOKILLY OIL**

MIDDLETON  
PHONE 086 826 2746

Chairperson- Martin Drake	Tel. 086 2129367	Hon. Sec. Tim Twomey	Tel. 024 93078
Hon. Treas.- William O'Mahony	Tel. 086 8402825	PRO- Owen Corcoran	Tel. 086 8603530

www.eastcorkathleticsdivision.com