

# CORK COUNTY A.A.I. CHAMPIONSHIPS

**Program may be brought forward**

**May 6th May 2018**

## ORDER OF EVENTS DAY 1

### Check in 10am

### Start 10.30am

All Long Hurdles G&B. U14 - 200h – G&B U15 &U16 - -250h, G&B U17 - 300h

G&B U18 & U19 - 400h

500m – BU10, GU10 Heats

600m GU12, BU12, G13, B13 Heats

Steeplechase Boys & Girls U17 - U 19

### Check in 12.30 CIT side

### Heats of Boys and Girls U/9

- Sprint Hurdles Boys and Girls U12, U13 (Heats followed by Final) Boys and Girls U 14

### Check in 12.30 - Sprints - Stand side

- Sprints Boys & Girls U11, U15, U16, U17, U18, U19 Heats
- All Semi Finals and Final will take place at stand side

### Check in 2.30pm

- 400m Boys and Girls U 17 - U19 Heats
- 1500m U14, U15, U16, U17, U18, U19 Boys and Girls
- 500m/600m /400m .Finals

### Field Events: 10.30 am

### Check in 10am

#### 10.30 am.

1. Javelin: BU14, BU15, BU17, BU18, BU19, BU16, BU13
2. High Jump: BU11, BU18, BU16, GU15, GU17, GU13, G11, BU14, BU19
3. Shot: GU12, GU11, GU13, GU18, GU19, GU15, GU16, GU17, GU14
4. Discus: GU13, GU14, GU15, GU16, GU17, GU18, GU19

#### 10.30am

5. Long Jump G18, G19, G12 ,G14, G16, B12  
BU13, B15, B17, B10, GU10

11.00am

6. Turbo Jav: G9, B9, GU11, B11, as runways are available

#### 1.30pm

7. Pole-vault: BU19, BU18, BU17, BU16, BU15, G15, GU16, GU17, GU18, GU19
8. Hammer BU13, BU14, BU15, BU16, BU17, BU18, BU19