



# CORK ATHLETICS

CORK COUNTY BOARD

## 2018 County Cross Country Championships

<b>Date</b>	<b>Competition</b>	<b>Closing Date</b>	<b>Host Club</b>
Sunday, October 7 <sup>th</sup>	<a href="#"><u>Novice &amp; U23 Cross Country</u></a>	Monday 1st Oct, 6pm	West Muskerry AC
Sunday, October 14 <sup>th</sup>	<a href="#"><u>Junior &amp; Senior Cross Country</u></a>	Monday 8th Oct, 6pm	Carraig na bhFear AC
Monday, October 29 <sup>th</sup>	<a href="#"><u>Intermediate Cross Country</u></a>	Monday 22nd Oct, 6pm	St. Catherines AC
Sunday, November 4 <sup>th</sup>	<a href="#"><u>Masters &amp; Novice B Cross Country</u></a>	Monday 29 <sup>th</sup> Oct, 6pm	St Nicholas AC
Sunday, October 7 <sup>th</sup> after Novice races	<a href="#"><u>Juvenile Even Age Cross Country</u></a>	Monday 1st Oct, 6pm	West Muskerry AC
Sunday, October 14 <sup>th</sup> after Senior races	<a href="#"><u>Juvenile Uneven Age Cross Country</u></a>	Monday 8th Oct, 6pm	Carraig na bhFear AC
Monday, October 29 <sup>th</sup> after Intermediate Races	<a href="#"><u>Juvenile B Cross Country</u></a>	Monday 22nd Oct, 6pm	St. Catherines AC
Sunday, November 4 <sup>th</sup> Before Masters Races	<a href="#"><u>Juvenile Cross Country Relays</u></a>	Monday 29 <sup>th</sup> Oct, 6pm	St Nicholas AC

## General

- Entry forms available on [Cork Athletics website](#), via Main Menu (Homepage), under [Forms](#), then [Entry Forms](#)
- All Athletes taking part must be registered Athletics Ireland members
- Club Colours **MUST** be worn
- **Pacing of Athletes is PROHIBITED**
- Clubs with **fees outstanding** from the Track and Field Season will **NOT** be permitted to take part
- Entries, on **Official Forms ONLY**, accepted by Email only – No texting or phone calls
- Late entries will **NOT** be accepted
- Please respect our venues! Bring your litter/waste home. The lands are all generously provided by individual landowners, without whose generosity it would not be possible to hold these events.
- Cheques / Postal Orders, payable to “**Cork County Board AAI**”, to be sent to Mary Meagher, Cork AAI, 3 Whitethorn Drive, Station Rd, Blarney, Co. Cork
- Guest athletes welcome (in Senior/Adults events only) but **MUST** be entered, and paid, in advance, using [Entry Forms](#), including all details – club & athlete registration number, etc

## Senior

- For eligibility for different competitions see [Cork Athletics Competition Rules](#)
- Meet Schedule: Women will run first, followed by the men
- Team events – 4 to score, with the exception of the masters men O/50, and masters women O/45 (3 to score)
- Masters Categories start at O/35, O/40, O/45.....
- Age on the day of Competition determines Masters Category
- The Junior and Under 19 races will be run together (**First event on the programme starting at 12pm**) Athletes may compete in both events but **MUST** be entered separately for each event!

## Juvenile

- Athletes born in 2011, or since, (under 8) may **NOT** take part
- To be eligible for the B championships, Athletes **MUST** have been entered in the A Championships

## Photography & Videos

**Every person taking photos or videos** at these Cross-Country Championships **MUST register**, on the day, with Cork Athletics Child Protection Officer, or other official. Those taking photos and/or videos may be required to wear identifying Hi-Viz vests. All images taken must comply with the codes/policies below.

The taking of photos and videos at Athletics Ireland events is governed by Athletics Ireland's codes/policies [Code Of Ethics & Good Practice for Children in Athletics](#) and [Photography Policy for Schools Events - Athletics Ireland](#)

Cork Athletics records, by photo and/or video, its events, for publicity purposes. All such images comply with the above codes/policies

## Cork Athletics County Board Child Protection Policy

### Dogs



Please do **NOT** bring dogs to the venue. Only **Guide dogs**, or other **registered assistance dogs**, are permitted at Cork Athletics venues, on health and safety grounds.

In addition, the presence of a dog is likely to impair the functioning of a trained assistance dog. A person bringing a non-assistance dog is likely to be asked to keep their dog in their car, or, in extreme cases, to leave the venue.

Restricted Breed Dogs may NOT be brought onto the grounds under ANY circumstances.

## Cork Athletics Animal Policy

### Admission

There will be an Admission Charge for most of these events, payable at the gate