

CORK ATHLETICS COUNTY

CHAMPIONSHIPS

ORDER OF EVENTS DAY 1

May 7th May 2017

Program may be brought forward

Check in 10am

Start 10.30am

All Long Hurdles G&B.U14 - 200h –G&B U15 &U16 - -250h, G&B U17 - 300h, G&B U18 & U19 - 400h

- Steeplechase Boys & Girls U17 - U 19

Check in 11.45 CIT side

Heats of Boys and Girls U/9

- Sprint Hurdles Boys and Girls U12,U13 (Heats followed by Final) Boys and Girls U 14

Check in 11.45 - Sprints - Stand side

- Sprints Boys & Girls U11,U15,U16,U17,U18,U19 Heats
- All Semi Finals and Final at stand side

Check in 2pm

- 400m Boys and Girls U 17 - U19 Heats
- 500m – BU10, GU10 Heats if necessary
- 600m GU12, BU12, G13, B13 Heats if necessary
- 1500m U14,U15,U16,U17,U18,U19 Boys and Girls
- 400m/500m/600m .Finals

Field Events: 10.30 am

Check in 10am

10.30 am.

1. Javelin: BU14,BU15, B U17, BU18,BU19,BU16,BU13
2. High Jump: BU11, BU18 ,GU11,BU16,GU15,GU17,GU13, , BU14BU19
3. Shot: GU12,GU11,GU13,GU18,GU19,GU15,GU16,GU17,GU14
4. Discus: GU13,GU14,GU15, GU16,GU17,GU18,GU19

10.30am

5. Long Jump Pit A G18,G19,G14,G10,G16,G12
Pit B ,BU13,B15,B17,B10, BU12,

11.00am

6. Turbo Jav: G9,B9, GU11 B11 as runways are available

1.30pm

7. Pole-vault: BU19,BU18,BU17,BU16,BU15,G15,GU16,GU17,GU18,GU19
8. Hammer BU13,BU14,BU15,BU16,BU17,BU18,BU19