

Ballycotton 5 Mile Summer Series 2017  
Men's Overall Positions after Two Races

Pos	Forename	Surname	Cat	Club	Ballyandreen	Shanagarry	Overall Time
1	Alan	O'SHEA	M	Bantry AC	00:25:03	00:25:07	0:50:10
2	Tim	O'DONOGHUE	M	East Cork AC	00:25:16	00:25:43	0:50:59
3	James	MCCARTHY	M	East Cork AC	00:25:50	00:25:24	0:51:14
4	Sean	MCGRATH	M	East Cork AC	00:25:23	00:26:10	0:51:33
5	Kevin	O'LEARY	M	East Cork AC	00:27:29	00:27:15	0:54:44
6	Vivian	FOLEY	M45	Eagle AC	00:27:20	00:27:42	0:55:02
7	Donal	COFFEY	M	Leevale AC	00:28:00	00:27:32	0:55:32
8	Kieran	MCKEOWN	M40	Watergrasshill AC	00:27:53	00:27:46	0:55:39
9	Nigel	SHEEHAN	M	Youghal AC	00:28:08	00:28:10	0:56:18
10	Shane	HARRINGTON	M	East Cork AC	00:27:58	00:29:01	0:56:59
11	Bryan	CROWLEY	M40	Watergrasshill AC	00:28:41	00:28:36	0:57:17
12	Brian	HARTY	M	East Cork AC	00:28:32	00:28:48	0:57:20
13	Mossy	KEOGH	M40	West Waterford AC	00:29:03	00:28:50	0:57:53
14	John	O'CALLAGHAN	M45	Eagle AC	00:28:56	00:29:03	0:57:59
15	Padraig	SHEEHAN	M	St. Finbarrs AC	00:29:04	00:29:09	0:58:13
16	Padraig	O'DUBHGAIN	M	Leevale AC	00:29:28	00:29:12	0:58:40
17	John	MURPHY	M45	Grange-Fermoy AC	00:29:29	00:29:20	0:58:49
18	Damien	O'BRIEN	M40	Watergrasshill AC	00:29:23	00:29:52	0:59:15
19	Fergal	SARGENT	M	St. Finbarrs AC	00:29:41	00:29:49	0:59:30
20	Pat	O'CONNOR	M45	Eagle AC	00:29:34	00:30:14	0:59:48
21	Graham	SWORDS	M	unatt/Rostellan	00:29:47	00:30:04	0:59:51
22	Colin	KILTY	M40	St. Finbarrs AC	00:29:51	00:30:01	0:59:52
23	Paul	O'CALLAGHAN	M	unatt/Blarney	00:30:13	00:30:13	1:00:26
24	David	MOYNIHAN	M	Midleton AC	00:30:11	00:30:32	1:00:43
25	Shane	FOLEY-FITZGERALD	M	Midleton AC	00:30:27	00:30:38	1:01:05
26	Peader	LUCEY	M	Mallow AC	00:30:24	00:30:45	1:01:09
27	David	SULLIVAN	M40	unatt/Carrigtwohill	00:30:42	00:30:29	1:01:11
28	Colin	FOLEY	M	Eagle AC	00:30:32	00:30:40	1:01:12
29	Colin	O'HERLIHY	M45	Eagle AC	00:30:33	00:30:49	1:01:22
30	Thomas	FOX	M50	Eagle AC	00:30:54	00:30:44	1:01:38
31	Brian	SANDERS	M40	unatt/Youghal	00:30:57	00:30:48	1:01:45
32	Ken	CROWLEY	M40	Watergrasshill AC	00:30:33	00:31:13	1:01:46
33	Martin	COLLIER	M	unatt/Castlemartyr	00:31:15	00:30:37	1:01:52
34	Allan	CARR	M	St. Catherines AC	00:30:56	00:31:07	1:02:03
35	Noel	DALY	M40	Mallow AC	00:31:26	00:30:45	1:02:11
36	David	MULDOWNEY	M45	East Cork AC	00:31:02	00:31:10	1:02:12
37	Sean	O'BRIEN	M	Watergrasshill AC	00:30:38	00:31:43	1:02:21
38	Stephen	GEOGHEGAN	M45	St. Finbarrs AC	00:30:48	00:31:38	1:02:26
39	Vincent	O'SULLIVAN	M	Eagle AC	00:31:56	00:30:48	1:02:44
40	James	KELLEHER	M55	unatt/Cork	00:31:09	00:31:42	1:02:51
41	Patrick	O'MAHONY	M	unatt/Cork	00:31:16	00:31:45	1:03:01
42	Brian	MCGUIRE	M45	Eagle AC	00:31:33	00:31:32	1:03:05
43	Kevin	HAYES	M40	St. Catherines AC	00:31:20	00:31:49	1:03:09
44	Glenn	DOLLARD	M40	St. Finbarrs AC	00:31:43	00:31:35	1:03:18
45	Dara	O'SULLIVAN	M	unatt/Cork	00:32:05	00:31:37	1:03:42
46	Gerard	MCLEAN	M45	Midleton AC	00:32:01	00:31:45	1:03:46
47	Tim	MANNON	M	Midleton AC	00:32:04	00:32:01	1:04:05
48	Neilus	AHERNE	M60	Midleton AC	00:31:21	00:32:45	1:04:06
49	Eric	MEADE	M50	East Cork AC	00:31:42	00:32:28	1:04:10
50	Mick	MURPHY	M40	Midleton AC	00:32:21	00:31:51	1:04:12
51	Mike	CREMIN	M	Midleton AC	00:32:09	00:32:08	1:04:17
52	Paudie	BERMINGHAM	M45	Mallow AC	00:32:30	00:31:57	1:04:27
53	Mark	BULMAN	M50	Donoughmore AC	00:31:55	00:32:33	1:04:28
54	Ted	O'LEARY	M45	West Waterford AC	00:32:13	00:32:15	1:04:28

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55	Kevin	FENNESSY	M40	unatt/Watergrasshill	00:32:40	00:32:02	1:04:42
56	Aaron	HORNIBROOK	M	unatt/Glanmire	00:33:06	00:31:37	1:04:43
57	Chris	BRISTOW	M	unatt/Cork	00:32:22	00:32:21	1:04:43
58	Graham	NUDDS	M	St. Finbarrs AC	00:32:11	00:32:36	1:04:47
59	Brendan	O'MAHONY	M45	Grange-Fermoy AC	00:32:25	00:32:25	1:04:50
60	Sean	AHERN	M40	Youghal AC	00:34:02	00:31:02	1:05:04
61	Paul	FENTON	M	unatt/Glanmire	00:33:03	00:32:03	1:05:06
62	Chris	KELLY	M	Aghada RC	00:32:52	00:32:22	1:05:14
63	Eoghan	CASEY	M	UCC AC	00:32:44	00:32:35	1:05:19
64	Tim	CRONIN	M40	unatt/Midleton	00:32:24	00:33:07	1:05:31
65	Zach	O'SULLIVAN-HOURIHAN	MJ	Leevale AC	00:31:54	00:33:40	1:05:34
66	Noel	EARLY	M	St. Catherines AC	00:33:32	00:32:10	1:05:42
67	Pat	COSTIGAN	M45	St. Catherines AC	00:33:04	00:32:41	1:05:45
68	Don	MCDONALD	M	Midleton AC	00:33:01	00:32:48	1:05:49
69	Darren	CASEY	M40	Eagle AC	00:33:09	00:32:43	1:05:52
70	Christopher	MCCARTHY	M	Midleton AC	00:33:17	00:32:46	1:06:03
71	David	O'KEEFFE	M	Eagle AC	00:33:23	00:32:42	1:06:05
72	Cian	MCPARLAND	M	Navy AC	00:33:33	00:32:47	1:06:20
73	Michael	KILMARTIN	M45	Mallow AC	00:33:04	00:33:16	1:06:20
74	Padraig	COUGHLAN	M	Skibbereen AC	00:33:24	00:33:00	1:06:24
75	Brendan	MURPHY	M40	unatt/Cork	00:33:19	00:33:13	1:06:32
76	John	HENNESSY	M40	unatt/Ballymacoda	00:33:52	00:32:40	1:06:32
77	Ger	O'REGAN	M45	Midleton AC	00:33:38	00:33:10	1:06:48
78	Dave	SHEEHAN	M	St. Finbarrs AC	00:33:36	00:33:42	1:07:18
79	Paul	DOYLE	M40	Grange-Fermoy AC	00:33:48	00:33:36	1:07:24
80	Brendan	CURTIN	M40	Midleton AC	00:33:29	00:33:56	1:07:25
81	TJ	CAREW	M	Ballintotis Fit4Life	00:33:27	00:34:00	1:07:27
82	Brendan	COLLINS	M40	St. Nicholas AC	00:34:10	00:33:29	1:07:39
83	Brendan	MCGRATH	M45	Ballintotis Fit4Life	00:33:59	00:33:51	1:07:50
84	Kris	DOWDALL	M40	Midleton AC	00:34:05	00:33:47	1:07:52
85	Anthony	ARCHER	M	unatt/Ballycotton	00:33:53	00:34:07	1:08:00
86	John	DESMOND	M50	Eagle AC	00:34:21	00:33:53	1:08:14
87	Nigel	BERRY	M	Aghada RC	00:34:11	00:34:08	1:08:19
88	Brendan	MCEVOY	M45	unatt/Blarney	00:34:19	00:34:08	1:08:27
89	Michael	O'BRIEN	M	Aghada RC	00:33:49	00:34:42	1:08:31
90	Denis	MCCARTHY	M50	East Cork AC	00:34:37	00:34:11	1:08:48
91	Conor	MCGRATH	M	unatt/Ballycotton	00:33:49	00:35:04	1:08:53
92	Peter	O'BRIEN	M	Grange-Fermoy AC	00:35:16	00:33:38	1:08:54
93	Shane	CARROLL	M	Ballintotis Fit4Life	00:34:18	00:34:45	1:09:03
94	Trevor	KENNEALLY	M	unatt/Garryvoe	00:34:32	00:34:40	1:09:12
95	James	MURPHY	M	unatt/Cork	00:34:09	00:35:08	1:09:17
96	Paul	KEARNEY	M	Aghada RC	00:34:53	00:34:38	1:09:31
97	Philip	WHITE	M	Fota RC	00:34:33	00:34:58	1:09:31
98	Cyril	GARDE	M	Ballintotis Fit4Life	00:36:39	00:32:54	1:09:33
99	Brendan	NOONAN	M	unatt/Fermoy	00:34:52	00:34:42	1:09:34
100	Brendan	HICKEY	M40	St. Catherines AC	00:35:04	00:34:32	1:09:36
101	Anthony	O'DONOVAN	M	unatt/Glanmire	00:34:36	00:35:03	1:09:39
102	Liam	MCLEOD	M40	unatt/Ballycotton	00:34:34	00:35:12	1:09:46
103	Conor	MCCARTHY	M	St. Finbarrs AC	00:35:11	00:34:41	1:09:52
104	Ray	FOLEY	M	Fota RC	00:34:43	00:35:49	1:10:32
105	Michael	CREMIN	M50	An Bru AC	00:34:37	00:35:57	1:10:34
106	Phillip	KELLEHER	M	unatt/Cork	00:35:25	00:35:10	1:10:35
107	Thomas	RYAN	M	unatt/Cloyne	00:35:28	00:35:16	1:10:44
108	Tony	MURRAY	M45	unatt/Cloyne	00:37:12	00:33:34	1:10:46
109	Dermot	GALLAGHER	M40	unatt/Cork	00:34:57	00:35:53	1:10:50

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110	Timothy	O'CALLAGHAN	M	unatt/Leamlara	00:35:52	00:35:39	1:11:31
111	Eddie	O'REGAN	M55	Youghal AC	00:36:24	00:35:15	1:11:39
112	Conor	FOX	M45	Donoughmore AC	00:35:55	00:35:47	1:11:42
113	David	SPEIGHT	M45	Eagle AC	00:36:06	00:35:40	1:11:46
114	Dermot	WOODS	M40	St. Finbarrs AC	00:36:14	00:36:00	1:12:14
115	Mervin	BOARD	M	Carrigtwohill AC	00:36:30	00:35:44	1:12:14
116	Robert	HAMILL	M40	Youghal AC	00:36:22	00:36:01	1:12:23
117	Trevor	MOORE	M40	unatt/Glanmire	00:36:21	00:36:03	1:12:24
118	Chris	MCGRATH	M	Aghada RC	00:36:01	00:36:31	1:12:32
119	Seamus	O'SHEA	M40	unatt/Cork	00:36:59	00:35:35	1:12:34
120	Jon	WATERMAN	M	unatt/Midleton	00:37:15	00:35:21	1:12:36
121	Ian	PIERCE	M	unatt/Cloyne	00:36:27	00:36:11	1:12:38
122	Fraser	MCGILP	M	Ballintotis Fit4Life	00:36:38	00:36:02	1:12:40
123	Declan	O'SULLIVAN	M40	unatt/Saleen	00:37:09	00:35:47	1:12:56
124	Ross	KELLEHER	M	unatt/Cloyne	00:36:10	00:36:48	1:12:58
125	Colm	O'SHEA	M45	unatt/Ballinacurra	00:36:18	00:36:56	1:13:14
126	Paddy	O'SULLIVAN	M60	unatt/Cloyne	00:36:36	00:36:51	1:13:27
127	John	DELANEY	M45	Grange-Fermoy AC	00:37:16	00:36:15	1:13:31
128	Keith	BARRY	M40	St. Catherines AC	00:37:33	00:35:59	1:13:32
129	Barry	KELLY	M	unatt/Cork	00:36:15	00:37:22	1:13:37
130	David	LEVY	M	unatt/Cloyne	00:38:12	00:35:26	1:13:38
131	Declan	O'CALLAGHAN	M	unatt/Dungourney	00:36:55	00:36:45	1:13:40
132	Paul	O'MAHONY	M40	unatt/Cork	00:37:51	00:35:51	1:13:42
133	Ricky	COSTELLO	M	Watergrasshill AC	00:37:03	00:36:46	1:13:49
134	Michael	HERLIHY	M	Cork Mental Health AC	00:36:14	00:37:36	1:13:50
135	Robert	MCGRATH	M	unatt/Shanagarry	00:36:34	00:37:16	1:13:50
136	Mark	NYHAN	M50	Grange-Fermoy AC	00:37:13	00:36:44	1:13:57
137	Noel	O'CONNOR	M55	Eagle AC	00:37:10	00:36:50	1:14:00
138	Harry	GIBBS	M	Ballymore-Cobh AC	00:37:27	00:36:33	1:14:00
139	David	TUCKEY	M45	St. Senans AC	00:37:44	00:36:17	1:14:01
140	Niall	KAVANAGH	M	Ballymore-Cobh AC	00:37:48	00:36:16	1:14:04
141	Matt	HARTE	M45	Ballintotis Fit4Life	00:37:57	00:36:12	1:14:09
142	Tony	CUMMINS	M	unatt/Carrigaline	00:37:05	00:37:05	1:14:10
143	Dave	O'REGAN	M45	St. Finbarrs AC	00:37:06	00:37:15	1:14:21
144	Denis	COGAN	M40	unatt/Cork	00:36:48	00:37:37	1:14:25
145	Bob	ANGLIM	MJ	unatt/Cobh	00:37:17	00:37:12	1:14:29
146	William	DALY	M	St. Nicholas AC	00:37:46	00:36:52	1:14:38
147	Pat	FOGARTY	M50	unatt/Cork	00:36:54	00:37:57	1:14:51
148	Brendan	MADDEN	M45	Navy AC	00:37:46	00:37:17	1:15:03
149	John	FOLEY	M	unatt/Midleton	00:38:03	00:37:04	1:15:07
150	Trevor	COLLINS	M40	Naas AC	00:37:58	00:37:28	1:15:26
151	Tim	COLLINS	M45	unatt/Shanagarry	00:38:15	00:37:34	1:15:49
152	Kevin	MORAN	M45	Midleton AC	00:39:50	00:36:09	1:15:59
153	Noel	MCDONNELL	M	unatt/Cork	00:37:43	00:38:23	1:16:06
154	Joe	POWER	M60	unatt/Carrigtwohill	00:38:14	00:37:56	1:16:10
155	Colm	MENTON	M45	Donoughmore AC	00:39:17	00:36:54	1:16:11
156	Denis	ALLEN	M50	Eagle AC	00:38:10	00:38:04	1:16:14
157	Donal	O'DONOGHUE	M50	unatt/Little Island	00:38:17	00:38:00	1:16:17
158	Colin	GARDE	M	Midleton AC	00:37:55	00:38:28	1:16:23
159	Shane	O'FLYNN	M40	Grange-Fermoy AC	00:38:46	00:38:02	1:16:48
160	Dave	O'LEARY	M	unatt/Cork	00:39:06	00:37:42	1:16:48
161	Noel	HORGAN	M40	Ballintotis Fit4Life	00:38:25	00:38:27	1:16:52
162	Colin	MURPHY	M40	unatt/Cork	00:38:49	00:38:04	1:16:53
163	Alan	FOLEY	M45	Watergrasshill AC	00:38:59	00:37:59	1:16:58
164	Ger	FLANAGAN	M50	Youghal AC	00:38:48	00:38:11	1:16:59

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165	George	BULMAN	M55	Youghal AC	00:38:35	00:38:26	1:17:01
166	Stuart	ROCHE	M40	Watergrasshill AC	00:37:53	00:39:17	1:17:10
167	Michael	BEIRNE	M50	Midleton AC	00:38:23	00:38:51	1:17:14
168	Ronan	MADDEN	M40	unatt/Cork	00:38:26	00:38:58	1:17:24
169	Padraig	O'REGAN	M	unatt/Ladysbridge	00:38:49	00:38:35	1:17:24
170	Fergal	ABERNETHY	M45	Ballintotis Fit4Life	00:38:34	00:38:53	1:17:27
171	John	DAUNT	M	unatt/Cork	00:40:52	00:36:39	1:17:31
172	Diarmuid	COSTINE	M	unatt/Cloyne	00:38:54	00:38:42	1:17:36
173	Mark	HEALY	M40	unatt/Cork	00:39:47	00:37:57	1:17:44
174	Cian	MCCARTHY	M	unatt/Midleton	00:39:24	00:38:21	1:17:45
175	Colm	SHEEHAN	M40	unatt/Cork	00:39:36	00:38:09	1:17:45
176	Sylvie	O'MAHONY	M60	Youghal AC	00:38:36	00:39:15	1:17:51
177	Kevin	O'DONOVAN	M40	unatt/Cork	00:38:44	00:39:12	1:17:56
178	Chris	DAY	M	unatt/Whitegate	00:40:04	00:37:53	1:17:57
179	Maurice	RING	M	Midleton AC	00:39:18	00:38:48	1:18:06
180	Andrew	O'FARRELL	M60	Eagle AC	00:38:40	00:39:30	1:18:10
181	Pat	WALSH	M50	unatt/Midleton	00:39:42	00:38:29	1:18:11
182	Colm	O'KEEFFE	M	unatt/Ladysbridge	00:40:07	00:38:08	1:18:15
183	Charles	RUSSELL	M40	unatt/Glanworth	00:40:44	00:37:32	1:18:16
184	Patrick	O'SHEA	M	unatt/Cork	00:39:42	00:38:41	1:18:23
185	Shane	MULKERRINS	M	St. Catherines AC	00:40:27	00:37:58	1:18:25
186	Barry	FITZGERALD	M	unatt/Ladysbridge	00:40:06	00:38:28	1:18:34
187	Jacky	THEBAULT	M50	St. Nicholas AC	00:39:29	00:39:18	1:18:47
188	Donal	GODFREY	M45	Aghada RC	00:39:44	00:39:05	1:18:49
189	John	O'MAHONY	M	unatt/Kerry	00:41:23	00:37:27	1:18:50
190	John Paul	MANNIX	M	unatt/Cork	00:39:31	00:39:24	1:18:55
191	Eoin	KENNEALLY	M	unatt/Garryvoe	00:39:33	00:39:38	1:19:11
192	Michael	O'LOUGHLIN	M50	unatt/Cork	00:40:33	00:38:56	1:19:29
193	Dan	TWOHIG	M40	Midleton AC	00:40:21	00:39:12	1:19:33
194	Cathal	LYNCH	M45	unatt/Ballymacoda	00:40:39	00:38:54	1:19:33
195	Kevin	O'KEEFFE	M	Ballymore-Cobh AC	00:41:15	00:38:24	1:19:39
196	Tomas	MCCORMACK	M	unatt/Clochrua	00:39:38	00:40:04	1:19:42
197	Paul	HEALY	M45	Donoughmore AC	00:39:00	00:40:47	1:19:47
198	Colm	SPILLANE	M	unatt/Midleton	00:40:28	00:39:20	1:19:48
199	Noel	RYALL	M	unatt/Midleton	00:39:39	00:40:10	1:19:49
200	Paul	FLEMING	M45	unatt/Cloyne	00:40:19	00:39:42	1:20:01
201	Joe	O'RIORDAN	M50	Watergrasshill AC	00:40:35	00:39:27	1:20:02
202	Tom	QUIRKE	M	St. Nicholas AC	00:39:13	00:41:06	1:20:19
203	Laurence	MURTAGH	M45	unatt/Cork	00:40:26	00:40:08	1:20:34
204	John	MCCARTHY	M	Eagle AC	00:40:30	00:40:22	1:20:52
205	Alex	LAFFAN	M	Fota RC	00:40:05	00:40:49	1:20:54
206	John	QUIGLEY	M60	Eagle AC	00:40:29	00:40:33	1:21:02
207	Jayme	DWYER	M40	unatt/Cloyne	00:41:07	00:40:18	1:21:25
208	James	MURPHY	M40	unatt/Ladysbridge	00:40:36	00:41:00	1:21:36
209	Michael	MORRISSEY	M	unatt/Cork	00:41:21	00:40:19	1:21:40
210	Michael	KENNEDY	M40	Midleton AC	00:40:36	00:41:05	1:21:41
211	Tom	O'MEARA	M	unatt/Ballinacurra	00:40:24	00:41:50	1:22:14
212	Charlie	MOORE	M55	unatt/Midleton	00:41:07	00:41:14	1:22:21
213	Martin	HEALY	M40	unatt/Carrigtwohill	00:41:29	00:40:52	1:22:21
214	Sean	LEAHY	M45	Ballintotis Fit4Life	00:41:19	00:41:04	1:22:23
215	David	LAHIVE	M	Cork Mental Health AC	00:41:04	00:41:20	1:22:24
216	Finbarr	KIELY	M55	unatt/Cork	00:41:12	00:41:12	1:22:24
217	Alan	MORLEY	M40	Midleton AC	00:41:49	00:40:45	1:22:34
218	Donie	O'CONNELL	M65	Midleton AC	00:40:43	00:41:54	1:22:37
219	Tomas	WARD	M45	Youghal AC	00:40:59	00:41:39	1:22:38

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Men's Overall Positions after Two Races

220	Gerard	HAYES	M	Watergrasshill AC	00:42:20	00:40:24	1:22:44
221	John	WALSHE	M65	East Cork AC	00:41:28	00:41:22	1:22:50
222	Owen	TWOMEY	M	unatt/Timoleague	00:42:25	00:40:30	1:22:55
223	John	FENNELL	M40	West Waterford AC	00:42:38	00:40:24	1:23:02
224	Sean	MURPHY	M	Eagle AC	00:42:36	00:40:31	1:23:07
225	Patsy	KEANE	M50	unatt/Cloyne	00:42:11	00:40:58	1:23:09
226	Brendan	TOBIN	M45	unatt/Glounthaune	00:42:02	00:41:38	1:23:40
227	Ronan	KELLEHER	M	unatt/Glanmire	00:42:12	00:41:43	1:23:55
228	James	MAHER	M	Carrigtwohill AC	00:40:39	00:43:22	1:24:01
229	Darren	KEARNEY	M40	Togher AC	00:40:27	00:43:34	1:24:01
230	John	O'LEARY	M75	Leevale AC	00:41:46	00:42:16	1:24:02
231	Rory	O'CONNOR	M45	Aghada RC	00:42:33	00:41:51	1:24:24
232	Barry	MCCARTHY	M45	Watergrasshill AC	00:42:17	00:42:09	1:24:26
233	Kevin	DONOVAN	M	unatt/Ballycotton	00:42:20	00:42:11	1:24:31
234	Peter	O'LEARY	M	unatt/Cork	00:42:16	00:42:20	1:24:36
235	Martin	KENNEALLY	M	unatt/Fermoy	00:42:27	00:42:12	1:24:39
236	Bartholomew	KEARNEY	M55	Leevale AC	00:43:31	00:41:17	1:24:48
237	Batt	SHEEHAN	M45	St. Catherines AC	00:46:12	00:38:53	1:25:05
238	John	DONOVAN	M	unatt/Cork	00:44:57	00:40:32	1:25:29
239	Allen	COTTER	M	St. Nicholas AC	00:42:51	00:42:45	1:25:36
240	Paddy	GYVES	M65	Mallow AC	00:42:34	00:43:07	1:25:41
241	Michael	MCNAMARA	M60	Midleton AC	00:43:08	00:42:34	1:25:42
242	Oliver	MURPHY	M40	Grange-Fermoy AC	00:43:11	00:42:32	1:25:43
243	John	FITZGERALD	M45	Ballintotis Fit4Life	00:43:54	00:42:00	1:25:54
244	Damian	BYRNE	M	St. Catherines AC	00:43:11	00:42:56	1:26:07
245	Ben	GRIFFIN	M	unatt/Midleton	00:42:59	00:43:14	1:26:13
246	John	MACKAY	M	unatt/Youghal	00:44:43	00:41:32	1:26:15
247	Brian	BROWNE	M45	unatt/Bartlemy	00:44:50	00:41:36	1:26:26
248	Alan	HURSON	M	Watergrasshill AC	00:44:42	00:41:46	1:26:28
249	Kerry	CONSTANT	M60	Waterstown Warriors AC	00:43:52	00:43:24	1:27:16
250	Gerard	MCSWEENEY	M50	St. Nicholas AC	00:43:33	00:43:52	1:27:25
251	Eoin	O'BRIEN	M40	unatt/Cloyne	00:43:58	00:43:36	1:27:34
252	John	TREACY	M45	unatt/Ballintotis	00:44:41	00:43:02	1:27:43
253	Troy	SPINK	M40	Grange-Fermoy AC	00:44:37	00:43:19	1:27:56
254	Jimmy	MURRAY	M70	Rising Sun AC	00:43:41	00:44:21	1:28:02
255	Malcolm	MEADE	M40	Ballymore-Cobh AC	00:43:17	00:44:49	1:28:06
256	Conor	HICKEY	M40	unatt/Killeagh	00:43:53	00:44:19	1:28:12
257	Darren	CORCORAN	M	unatt/Cork	00:44:28	00:44:03	1:28:31
258	Tim	TROY	M50	Ballintotis Fit4Life	00:45:18	00:44:02	1:29:20
259	Michael	O'CONNOR	M	unatt/Carrigtwohill	00:46:23	00:43:18	1:29:41
260	Barry	MCCARTHY	M	unatt/Lisgould	00:45:55	00:44:34	1:30:29
261	Miah	MCGRATH	M45	Midleton AC	00:46:24	00:44:09	1:30:33
262	Anthony	O'CONNOR	M45	unatt/Midleton	00:46:59	00:43:40	1:30:39
263	Brendan	WHYTE	M	Carrigtwohill AC	00:46:36	00:44:05	1:30:41
264	Noel	PRENDERGAST	M45	Watergrasshill AC	00:45:18	00:45:27	1:30:45
265	Tony	SHERIDAN	M	Ballinacurra Villagers AC	00:45:14	00:45:41	1:30:55
266	Chris	PARR	M	Ballintotis Fit4Life	00:47:06	00:43:55	1:31:01
267	Jim	MCGANN	M65	Ballinacurra Villagers AC	00:45:22	00:45:59	1:31:21
268	Donal	BURKE	M70	unatt/Whitechurch	00:45:43	00:45:43	1:31:26
269	Martin	O'BRIEN	M55	unatt/Ballycotton	00:45:50	00:45:38	1:31:28
270	Ronan	MAGUIRE	M	unatt/Ballycotton	00:45:49	00:45:40	1:31:29
271	Mervyn	DALY	M45	unatt/Shanagarry	00:47:00	00:44:35	1:31:35
272	Brian	MARTIN	M50	unatt/Cork	00:47:07	00:44:44	1:31:51
273	Joe	HARRIS	M	unatt/Cobh	00:45:11	00:46:48	1:31:59
274	Brian	HEALY	M45	unatt/Ballycotton	00:45:49	00:46:14	1:32:03

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Men's Overall Positions after Two Races

275	Brendan	KELLEHER	M50	unatt/Killarney	00:47:15	00:44:58	1:32:13
276	Brian	KAVANAGH	M	unatt/Ballinacurra	00:49:25	00:43:12	1:32:37
277	Damien	QUINN	M	unatt/Carrigaline	00:45:20	00:47:26	1:32:46
278	James	BRODERICK	M	St. Nicholas AC	00:52:15	00:41:07	1:33:22
279	Graham	O'SULLIVAN	M40	Ballintotis Fit4Life	00:48:17	00:45:11	1:33:28
280	Denis	FITZGERALD	M	unatt/Cork	00:46:09	00:47:27	1:33:36
281	Damien	WHELAN	M45	Ballymore-Cobh AC	00:42:12	00:51:44	1:33:56
282	Tim	TWOMEY	M55	unatt/Cork	00:46:58	00:47:24	1:34:22
283	Gavin	DOUGLAS	M	Ballintotis Fit4Life	00:47:41	00:46:44	1:34:25
284	Barry	MCDONAGH	M40	unatt/Ballycotton	00:45:51	00:48:35	1:34:26
285	Sean	CORCORAN	M	Watergrasshill AC	00:46:15	00:48:13	1:34:28
286	Patrick	BUCKLEY	M	Mallow AC	00:48:50	00:45:56	1:34:46
287	Paul	TWOMEY	M40	unatt/Glanmire	00:49:52	00:48:08	1:38:00
288	Brendan	KELLY	M40	unatt/Midleton	00:50:24	00:50:56	1:41:20
289	Patrick	COTTER	M	unatt/Carrigtwohill	00:49:22	00:52:07	1:41:29
290	Darragh	DEVLIN	M	Ballinacurra Villagers AC	01:00:09	00:42:41	1:42:50
291	Philip	MULLANE	M40	Ballintotis Fit4Life	00:53:11	00:51:00	1:44:11
292	Sean	TARGIUS	M	Ballintotis Fit4Life	00:53:13	00:53:15	1:46:28
293	Andrew	WHITAKER	M	unatt/Carrigaline	00:55:41	00:51:09	1:46:50
294	John	MCDONNELL	M45	unatt/Cork	00:54:55	00:54:34	1:49:29
295	Hubert	CROWE	M40	unatt/Tipperary	00:59:53	00:59:24	1:59:17
296	William	O'MAHONY	M70	Youghal AC	01:02:19	01:01:26	2:03:45
297	Josh	KELLY	MJ	Ballymore-Cobh AC	01:38:00	00:38:19	2:16:19