

Cork County Cross Country Championships 2010

County Novice, U23 & Masters – Carrignavar, Sunday October 10th, 12pm

County Junior & Senior – Cloyne, Sunday October 31st, 1pm

County Intermediate – Carrignavar, Sunday November 14th, 12.30pm

Closing Dates – Wednesday before Competition Day

Event: _____

Club: _____

Contact Person : _____ Phone: _____

Name	Date of Birth	Registration Number	* Masters Category

- ***only applicable to masters cross country championships (categories start @ over 35)**
- **Closing Date for Entries: Wednesday before the Event**
- **Entries €5 per athlete per Event, €15 per team per Event**
- **Entries to Pat Buckley (085 1480725), 5A Ashgrove Park, Bishopstown, Cork.**
- **4 to score for a team**
- **3 to score in Masters Men O50 and Women O45 Competition**