

Tracton Athletic Club

Annual Sports Day, Sunday 26th. June 2011 at the Tracton GAA Grounds, Minane Bridge, Co. Cork at 1pm.; Admission: Adults €3.00. Juveniles €2.00.

Boys & Girls

	BORN	Events:
Tiny Tots		50m.
Under 6	2006	50m.
Under 7	2005	50m.
Under 8	2004	80m. Relay
Under 9	2003	80m. 300m. Ball Throw:
Under 10	2002	80m. Long Jump Relay
Under 11	2001	80m. 600m: Ball Throw:
Under 12	2000	80m. 300m. Long Jump: Relay
Under 13	1999	100m. 700m. Ball Throw:
Under 14	1998	100m. 800m Relay.
Under 15	1997	100m. Long Jump:
Under 16	1996	100m. 800m. Shot: Relay

MOTHERS AND FATHERS RACE:

Family relay (2 adults & 2 children U. 16)

Senior Men (18 & over)

Senior Women (18 & Over)

100m. 800m.
56lb for distance.

100m. 800m.

3,000 meters: (Open to all seniors)

The Vincent Kiely cup will be presented for the 3,000 meters.

Masters/Men

Over 35 100m. 800m.

Masters/ Women

Over 35 100m.

The Michael Kiely cup will be presented to the best All Round Senior Club.

The Tom & Joy Murphy Shield will be presented to the best All Round Juvenile Athlete.

Athletes must compete in their own age group, but may move up one age in an event not catered for in their own age. Proof of age may be requested.