

Cat	Place	Time	Name	Team	Category	No	Position
M40	1	0:28:40	HARRINGTON, Michael	Bantry AC	M40	81	1
	2	0:38:20	GROGAN, Denis	Farmers Cross	M40	210	33
	3	0:40:29	HANLEY, Martin	Allihies	M40	190	43
	4	0:41:43	LANE, Michael	Eyeries	M40	244	55
	5	0:43:15	CUTHBERT, Pat	Bishopstown	M40	114	60
	6	0:43:57	MURPHY, Ger	Kenmare	M40	159	64
M45	1	0:34:22	MCCARTHY, Michael	Ballyfin AC	M45	160	9
	2	0:35:56	O'SULLIVAN, Ciaran	Eyeries	M45	104	16
	3	0:35:57	O'DRISCOLL, Fergus	Cahermore	M45	107	17
	4	0:38:10	BELCHER, John	Bantry AC	M45	156	29
	5	0:38:29	O'SHEA, Brian	Kenmare Tri Club	M45	12	34
	6	0:39:20	MCGRATH, Paul	Bishopstown	M45	112	41
M50	1	0:33:53	O'SULLIVAN, Denis	Youghal AC	M50	75	7
	2	0:35:07	SHEEHAN, Pat	Kenmare Tri Club	M50	124	12
	3	0:35:17	O'CALLAGHAN, David	Eagle AC	M50	76	14
	4	0:36:32	O'MAHONY, Stephen	Skibbereen AC	M50	92	19
	5	0:36:49	MCQUAID, Frank	Eyeries	M50	84	23
	6	0:37:10	HANLEY, Frank	Bere Island	M50	241	24
M55	1	0:45:56	HARRINGTON, Flor	Ardgroom	M55	121	78
	2	0:48:30	MURPHY, Brendan	Bishopstown	M55	117	92
M60	1	0:36:40	MURPHY, Joe	Eagle AC	M60	205	20
	2	0:52:26	O'DWYER, John Joe	Ardgroom	M60	90	109
	3	1:07:50	CAHILL, Gerard	Cork	M60	222	144
	4	1:16:18	HARRINGTON, Sean	Eyeries	M60	240	175
	5	1:23:22	O'SULLIVAN, Paudie	Castletownbere	M60	38	185
M65	1	1:16:26	MASON, Geoff	Castletownbere	M65	188	180
	2	1:24:19	WESTON, John	Eyeries	M65	3	188
	3	1:29:19	O'DRISCOLL, Noel	Eyeries	M65	2	192
F35	1	0:39:05	O'SULLIVAN, Lorraine	Urhan	F35	24	39
	2	0:41:10	O'SULLIVAN, Deirdre	Eyeries	F35	19	50
	3	0:41:38	O'DRISCOLL, Niamh	Eyeries	F35	4	54
	4	0:41:52	O'DRISCOLL, Trisha	Eyeries	F35	7	56
	5	0:44:23	O'NEILL, Linda	Castletownbere	F35	133	65
	6	0:45:01	KEOHANE, Catherine	Bantry AC	F35	77	70
F40	1	0:36:42	REDDY, Siobhan	Serpentine RC	F40	168	22
	2	0:43:39	O'DRISCOLL, Elke	Eyeries	F40	11	62
	3	0:45:51	HARRINGTON, Sinead	Castletownbere	F40	181	77
	4	0:48:16	BARRY, Maureen	Bantry AC	F40	235	89
	5	0:50:22	WALSH, Sheila	Bere Island	F40	218	98

F45	6	0:52:21	O'SULLIVAN, Geraldine	Eyeries	F40	105	108
	1	0:35:17	O'SHEA, Geraldine	St. Finbarrs AC	F45	60	13
	2	0:38:14	KIRWAN, Ita	Eagle AC	F45	13	31
	3	0:43:08	O'SULLIVAN, Breda	Eyeries	F45	58	58
	4	0:44:33	O'SULLIVAN, Breda	Ardgroom	F45	8	67
	5	0:46:08	MURPHY, Majella	Kenmare	F45	158	80
	6	0:46:13	MURPHY, Edel	Bere Island	F45	130	81
F50	1	0:37:45	HURLEY, Maria	Bantry AC	F50	155	27
	2	0:44:35	HARRINGTON, Angela	Castletownbere	F50	123	68
	3	0:48:14	HOLLAND, Ann Marie	Bantry AC	F50	234	88
	4	0:57:35	MURPHY, Teresa	Castletownbere	F50	227	127
	5	1:08:38	SULLIVAN, Catherine	Eyeries	F50	226	147
	6	1:09:09	CRONIN, Anne	Castletownbere	F50	44	150
F55	1	0:41:01	COLEMANE, Benidicte	Eyeries	F55	85	48
	2	0:43:29	MURPHY, Aine	Cork	F55	220	61
	3	1:02:56	O'DRISCOLL, Vera	Eyeries	F55	26	138
	4	1:03:37	CAHILL, Noralene	Cork	F55	221	140
	5	1:08:39	O'SULLIVAN, Mary	Eyeries	F55	211	148
	6	1:16:22	HARRINGTON, Mary	Eyeries	F55	239	176
F60	1	1:13:46	MURPHY, Mary T	Castletownbere	F60	31	161
	2	1:23:23	POWER, Mary	Castletownbere	F60	39	187
	3	1:24:43	O'SULLIVAN, Mary	Garnish	F60	236	189
F65	1	1:16:24	O'SULLIVAN, Dorothy	Urhan	F65	219	177
	2	1:16:25	MASON, Georgina	Castletownbere	F65	187	178
	3	1:18:20	O'DRISCOLL, Mairín	Eyeries	F65	1	182
MJ	1	0:35:02	COLLINS, Brian	Castletownbere	MJ	162	11
	2	0:36:28	MCQUAID, Conor	Castletownbere	MJ	161	18
	3	0:38:45	O'SULLIVAN, Ruairí	Eyeries	MJ	16	35
	4	0:38:55	SHEA, Jack	Ardgroom	MJ	122	38
	5	0:42:36	LYNCH, Oisín	Ardgroom	MJ	94	57
	6	1:08:37	DOWNEY, Pierce	Eyeries	MJ	185	146
FJ	1	0:38:03	HARRINGTON, Caoimhe	Bantry AC	FJ	82	28
	2	0:46:00	WASLH, Laura	Bere Island	FJ	217	79
	3	0:47:39	MURPHY, Michaelagh	Bere Island	FJ	169	86
	4	0:59:27	O'SULLIVAN, Leah	Eyeries	FJ	68	128
	5	0:59:27	CROWLEY, Aine	Eyeries	FJ	225	129
	6	1:05:39	O'SULLIVAN, Lauren	Eyeries	FJ	67	143
All Ladies	1	0:35:17	O'SHEA, Geraldine	St. Finbarrs AC	F45	60	13
	2	0:36:42	REDDY, Siobhan	Serpentine RC	F40	168	22
	3	0:37:24	CONDON, Marie	Ballinscarthy		87	25

4	0:37:45	HURLEY, Maria	Bantry AC	F50	155	27
5	0:38:03	HARRINGTON, Caoimhe	Bantry AC	FJ	82	28
6	0:38:14	KIRWAN, Ita	Eagle AC	F45	13	31

All Men

1	0:28:40	HARRINGTON, Michael	Bantry AC	M40	81	1
2	0:28:52	SHEEHAN, Nigel	Youghal AC		163	2
3	0:29:20	HARRINGTON, Shane	East Cork AC		41	3
4	0:31:49	SOMERS, Ray	Athenry AC		80	4
5	0:32:19	O'SULLIVAN, Vincent	Eagle AC		135	5
6	0:32:59	O'SULLIVAN, Andrew	Castletownbere		36	6