

Program may be brought forward by 30 minutes.

May 5th 2013

ORDER OF EVENTS DAY 1

Check in 10am Start 10.15 am

1. Relays - 4 x 100m Boys and Girls U 17,18,19

10.20am Check in- Start 10.30am

2. Steeplechase BU17,BU18, BU19

Check in 10.30 - Start 11am for Long Hurdles

3. All Long Hurdles G&B.U14 - 200h –G&B U15 &U16 - -250h, G&B U17 - 300h, G&B U18 & U19 - 400h

Check in 11.45 - Start 12 O Clock

4. 1500m U14,U15,U16,U17,U18,U19 boys and Girls

If insufficient numbers two ages will be run at the same time.

Check in 12.30am - Start 1 for all sprint Hurdles (CIT Side) & Sprints (Stand side)

5. Sprint Hurdles Boys and Girls U12,U14,U16,U18
6. U 9, U11, U13,U15,U17,U19 boys and girls sprints Heats, Semi Finals and Finals

Check in 2.45 - Start 3 O Clock

7. 300m – GU10, BU10
8. 700m GU12, BU12, G13, B13.

Check in 3.45 - Start 4 O`Clock

9. 400m BU17,BU18,BU19,GU19, GU17, GU18

Field Events: 10.15 am

Check in 10am

10.15 am.

1. Javelin: BU14, ,BU15, B U17, BU18,BU19,BU16,BU13
2. High Jump: BU12, BU18 ,GU11,BU16,GU15,GU17,GU13, , BU14BU19
3. Shot: GU12,GU11,GU13,GU18,GU19,GU15,GU16,GU17,GU14
4. Discus: GU13,GU14, GU16,GU18,GU19,G17,G15

10.15am

5. Long Jump Pit A G18,G19,G14,G10,G16,G12
Pit B ,BU13,B15,B17,B10, BU12,

1.30pm

7. Pole-vault: BU19,BU18,BU17,BU16,BU15,GU16,GU17,GU18,GU19
8. Hammer BU13,BU14,BU15,BU16,BU17,BU18,BU19

2.45pm

6. Turbo Jav: **Runway A (Finish line) G9,B9, Runway B (100m start) GU11 B11**

CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may move forward by 30 mins

May 12th 2012

ORDER OF EVENTS DAY 2

Check in 10 am - Start 10.15am

1. Relays 4 x 4 Boys and Girls U 17, U18, U19

Check in 10.15 Start 10.30

2. All walks Boys and Girls

Check in 10.30 - Start 11am for all sprint Hurdles (CIT Side) & Sprints (Stand side)

3. Sprint Hurdles Boys and Girls U13,U15,U17,U19

4. U 10, U12, U14,U16, U18, boys and girls sprints Heats, Semi Finals and Finals

Check in 1.10 - Start 1.30

5. 3000m BU16,BU17,BU18,GU18, BU19,GU19

If insufficient numbers age groups will be run together

Check in 2.15am - Start 2.30

6. 200m Heats– U14,U15,U16,U17,U18,U19

Check in 3 - Start 3.15

7. 200m – U9 Girls and Boys

8. 500m – U11 Girls and Boys

Check in 3.30 - Start 3.50

9. 200m Finals

Check in 3.50 - Start 4.05

10. 800m – U14,U15,U16,U17,U18,U19 Girls and Boys

Field Events: 10.15 am

Check in 10am

10.15 am.

1. Triple Jump BU17,BU15,GU17,GU18, GU19, BU18,BU19,BU16
2. . Long Jump B9, B11, B 14, G15,G17, G13,,G11,G9 B16,B18,B19
3. Javelin: GU14,G15 ,GU16,G17 , GU18,GU19, GU13
4. High Jump: GU12,BU13,GU16,BU11,BU17,GU18,GU19,BU15,GU14
5. Shot: B11,B18 B17 B19,BU12,BU16,BU14B13,B15
6. Discus: BU13,BU14,BU15, BU16,BU18,BU19 B17

1.30pm

8. HammerGU13,GU14,GU15,GU16,GU17,GU18,GU19

3pm

7. Turbo Jav: **Runway A (Finish line) B12, G12, Runway B (100m start) G10 B10**