MIDLETON ATHLETIC CLUB

The Joe Hourigan Memorial Five Mile Road Race

(Permit Granted)

Thur. 5TH May @ 8pm

(Changing Facilities & Entries @ Midleton GAA Pavilion)

Prizes ++++ SPOTS ++++ Prizes

Gents	Ladies
1 ST Five	1 ST Five
1 st 3 O/40	1 st 3 0/40
1 st 3 O/45	$1^{st} 3 0/45$
$1^{st} 3 O/50$	1 st 3 0/50
1 st 2 O/55	$1^{st} 2 0/55$
1 st 2 O/60	1 st 2 0/60
1 st 1 O/65	1 st 1 0/65
1 st Jnr	1 st Jnr.

1ST 3 Wheelchair ONE PRIZE PER ATHLETE Entry Fee 10 Euro (Unwaged 5 Euro)

Two Euro from each full entry will be given to Midleton Meals on Wheels

Headphones are NOT allowed in this race.

Anyone found wearing them will be disqualified

ENQUIRIES Phone 0872403940