

Graded Track & Field Meetings 2010

At An Ríocht Athletic Track Castleisland

**Promoted jointly by An Ríocht and Gneeveguilla
Athletic Clubs**

Date & Start time	Events for Men & Women
Friday August 6th 7p.m.	200m, 800m, 3000m, High Jump, Triple Jump, Shot, Discus
Friday August 27th 7p.m.	100m, 400m, 1500m, Long Jump, Pole Vault, Hammer, 56lbs for Distance, Javelin

- Track Events will be divided into separate races if necessary based on expected performance
- Entries will be on the night at € 5 per athlete
- Each athlete will receive a performance certificate
- Enquiries to :
Denis McSweeney 087-7995647
Tom Joe ODonoghue 087-9339087
- Results will be posted on www.kerryathletics.com

All Track Events will have Electronic Timing