

Kinsale Regatta 5 Mile Road Race
Friday August 2nd @ 7.30 p.m.

Sponsored by Tobin Paving Services

Promoted by Belgooly Athletic Club

Entries taken at Kinsale GAA Grounds, Changing Facilities and Showers available at the Grounds

Entry Fee €10.00

€5.00 of entry fee will be donated to Kinsale Youth Development Fund

(This organisation has been active since 1998 and its purpose is to provide help and funding to young people for counselling in the areas of Mental Health, Drugs and Alcohol issues.)

Accurate Course, A.A.I. Permit Granted

Entries taken on the night, Entries close @ 7.15 p.m.

The race will start at the GAA Grounds and finish near the Bank of Ireland

The race is open to all athletes, Joggers, Fun-Runners & Walkers.

Prizes

1st 6 Men, 1st 6 Ladies, 1st 3 Men O/40, 1st 3 Men O/45, 1st 3 Men O/50, 1st 3 Men O/55, 1st 3 Men O/60, 1st 3 Men O/65, 1st 3 Juniors, 1st 2 Men's Team (3 to score).

1st 2 Ladies O/35, 1st 2 Ladies O/40, 1st 2 Ladies O/45, 1st 2 Ladies O/50, 1st 2 Ladies O/55, 1st 3 Juniors

1st Ladies Team (3 to score)

1st Wheelchair Athlete.

One prize per Athlete.

For Health and Safety reasons, no dogs or buggies allowed

**Details from Rose @ 086-8411193, John @ 086-1713500, Nicola @ 086-8515371 or
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