

## **Juvenile PRO Report Munster Indoor Championships U14---U19**

Vickie Cusack Liscarroll AC had a tremendous weekend winning four gold's and one silver medal. Vickie won the girls under 14 hurdles (Munster record), 60m, high jump (equaling Munster record), and shot and taking silver in the long jump. Moira Barrett Bandon Ac took third spot in the girl's u14 high jump. Sarah Tarrant Liscarroll AC won silver in the girls u14 1000m walk. In the girls u15 Avril Braham Carrig na bhfear Ac captured the high jump title with a jump of 1.40m and Avril also took bronze in the girls u15 hurdles. Eimear Linehan North Cork AC had a good run in the girl's u15 800m to finish second. Molly Healy Belgooly AC took silver in the girls u15 high jump. In the girls u15 shot Noelle Lenihan North Cork AC took the bronze medal. In the girls u16 age category Laura Cussen Old Abbey Ac had a good weekend, capturing two titles, gold in the hurdles and gold in the high jump. Ella Nicholson Bandon AC won the silver medal in the 60m sprint and went one better with gold in the girls u16long jump. Laura Murphy Leevale AC took bronze in the girl's u16 60m and also in the 200m. Bethany Haigh Bandon AC had a good win in the girl's u16 1500m. In the girls u16 shot Erin Kingston Bandon AC took gold with a throw of 11,43m. In the girls u17 age group Marie O Halloran Leevale Ac took silver in the hurdles, 60m and long jump. Louise Shanahan Leevale AC had a tremendous middle distance double with gold and a Munster record in the 800m along with gold in the 1500m. Bella Sherlock Bandon AC took silver in the girl's u16 1500m. Jodie Cusack Liscarroll AC captured the girls u16 1500m walk title. In the girls u18 Jayne Pennyfather Belgooly Ac had a good weekend with gold in the hurdles and long jump, followed up with silver in the 400m. Emma O Brien Leevale AC took second in the 200m girl's u18 and third in the 200m. In the girls u18 shot Aideen Hallahan Midleton AC had a great win and was followed in second place by Fiona Duggan Bandon AC. In the girls u19 Katie Waterman Leevale AC captured the 200m title and took silver in the 60m. Rachel O Shea West Muskerry AC captured the girls u19 1500m title and narrowly missed out on the 800m title finishing second. Sonia Gleasure Belgooly AC won the girls u19 1500m walk. Lydia O Connor Leevale AC won silver in the long jump. Laura Mc Sweeney Bandon AC had a good win in the girls u19 shot with the silver going to Dawn Perrott North Cork AC.

In the boys u14 age group Pdraig Nash Belgooly AC captured the hurdles title along with bronze in the high jump and long jump. Robert Cregan Leevale AC won the 60m sprint and in doing so broke the Munster Indoor record. Abbey Striders AC athletes competed well in the u14 high jump with Ben Donovan winning followed by Tommie Downes in second. Jack Hallahan Midleton Ac won the u14 shot and was followed in in third place by Pdraig O Callaghan Leevale AC. Sean Broderick Youghal AC won silver in the 60m, high jump and long jump. Ben Daly Youghal AC won a bronze medal in the u14 60m. Pdraig Moynihan West Muskerry AC took bronze in the boys u15 shot.. In the boys u16 Jack Murphy Leevale Ac captured three titles, hurdles, high jump and long jump. Tom Deasy Belgooly AC took silver in the u16 hurdles

and bronze in the high jump. Luke Ring Leevale AC had a sprint double, capturing the 60m and 200m u16 titles. Adam Buckley Leevale AC took bronze in the 200m. In the boys u16 middle distance races Matthew Murnane Leevale AC followed up his silver in the 800m with bronze in the 1500m. Abdi Mohammed Leevale AC took second in the boy's u16 1500m. James French Bandon AC took the boys u16 shot with a throw of 12.90m. In the boys u17 1500m Cork athletes finished first and second with Luke Horgan Leevale AC taking the title from Gary O Sullivan West Muskerry AC. In the boys u18 David Cussen Old Abbey AC continued in good form with gold in the hurdles, high jump and long jump. In the high jump David jumped 2.0m and in doing so broke the existing Munster record. Raymond Walsh Abbey Striders AC won the 60m and finished third in the 200m. Brandan Arrey Blarney Iniscarra AC took silver in the u18 200m and silver in the 400m. Stephan Holland Bantry AC captured the u18 800m title and he was followed in third place by Daniel Heffernan North Cork AC. Jack Daly Youghal AC won the u18 triple jump and took bronze in the shot and high jump. Fintan O Shaughnessy Bandon AC won silver in the boy's u18 long jump.

In the boys u19 800m Solom Adebisi Blarney Iniscarra AC took bronze. Conor Walter Leevale AC was runner up in the u19 1500m. William Mc Auliffe Blarney Iniscarra AC performed well to take second in the boy's u19 high jump

Congratulations and well done to everyone who competed