

Pl.	Name	YOB	Club/City/Country	Cat.	Subcat.	#
1	Alan O'Shea		Bantry A.C.	M	MO	199
2	Philip Harty		West Waterford AC	M	MO	357
3	Cathal O'Connell		St. Finbarr's A.C.	M	M50	154
4	Ruairi O'Donnell		Ferrybank AC	M	MO	153
5	Danny Smith		ballynonty ac	M	MO	369
6	Alex O Shea		St Finbarrs	M	MO	92
7	David Ryan		Clonmel AC	M	M40	228
8	Owen Casey		carrigaline	M	MO	58
9	Martin Monaghan		Slaney Olympic	M	M40	216
10	Finbarr O Dwyer		leevale	M	M40	67
11	Darragh Canavan		Leevale AC	M	MO	360
12	Brian Murphy		Ennis Track AC	M	MO	292
13	James Ryan		Dundrum/Tipperary	M	M45	353
14	Christopher Murnane			M	MO	21
15	Tom Laffan		Bandon AC	M	M45	163
16	Denis Odriscoll		unattached	M	MO	38
17	Dennis Lyons		St Finbarrs AC	M	MO	358
18	Kevin Johnson		Dooneen AC	M	MO	223
19	Liam Tracey		Watergrasshill	M	MO	105
20	Micheal Lynch		Leevale ac	M	MO	158
21	Tony Cambridge		Eagle	M	M45	118
22	Eugene Mc Carthy			M	M45	99
23	Tim O'Connor		Riocht AC	M	M40	355
24	Michael Lucy		Leevale AC	M	M40	256
25	David Butler		St Finbarrs AC	M	MO	102
26	Ciaran Bouse		Eagel AC	M	MO	373
27	Gary O'Sullivan	1971		M	M40	196
28	Conor Dolan			M	MO	73

29 Noel Daly	Mallow AC	M	M40	97
30 Kalman Vari	St. Finbarrs	M	MO	204
31 Emma Murphy	St Finbarrs AC	F	FO	411
32 Gerard O'Loughlin	Clonmel AC	M	M40	234
33 Eric Brown	Eagle AC	M	MO	333
34 Brian O'Connor	Grange Fermoy AC	M	M40	261
35 Willie Walsh	Carraig Na bhfear AC	M	MO	90
36 Ann Marie Holland	St Finbarrs aC	F	F35	317
37 James Kelleher		M	M50	267
38 Alan O'Brien	Eagle AC	M	MO	184
39 Patrick O'Shea	Iuea AC	M	M60	397
40 Martina O'Dwyer	Carrick-on-suir AC	F	F35	249
41 Damien Coleman		M	MO	265
42 Kealan O'Connor	Grange Fermoy AC	M	M40	262
43 Niall O;Ceallaigh	Clonmel AC	M	M45	362
44 Ken Harney	youghal ac	M	M40	161
45 Alan Barry		M	MO	127
46 Tom Daly	Mallow AC	M	MO	287
47 Feargal O'Shea		M	MO	133
48 Michael Dolan	Garda	M	MO	181
49 Mark Purcell	West Limerick AC	M	M40	130
50 Garrett Casey	St Finbarr's AC	M	M40	335
51 Tim Forde	St Finbarrs AC	M	MO	345
52 Keith Barry	Clonmel AC	M	M40	232
53 Ronan Bolano	Eagle AC	M	M50	176
54 Carmel Crowley	Bandon AC	F	F45	295
55 Neil MacKay	Eagle AC	M	M40	75
56 Martin O'Reilly	St Finbarr's AC	M	MO	221
57 Gerry Cantwell	West Waterford AC	M	M55	291
58 Alan Kelleher		M	MO	407
59 John Tupper		M	MO	409
60 Fergal Barry	Gneeveguilla	M	M45	128
61 Eoin McAuliffe	West Limerick AC	M	MO	215
62 Pat Murphy	Eagle AC	M	M55	150
63 Micheal O'Leary		M	MO	66
64 Aidan Buckley		M	M40	331
65 Michael Dunford	West Waterford AC	M	M45	246
66 Alan Clancy	Grange/Fermoy	M	MO	348
67 Joe Gough	West Waterford AC	M	M60	350
68 Colin O'Herlihy	Eagle AC	M	M40	121
69 Paul O'Toole	St Finbarr's Cork	M	M50	144
70 Michael Linehan		M	M40	227
71 Gary Neff		M	M40	183

72	Mark Bulman	Donoughmore AC	M	M45	81
73	Richard Cleary		M	MO	45
74	John Paul Buckley	Mallow A.C.	M	MO	197
75	Michael Slomski	Polska	M	MO	243
76	Ann Macphail	Dooneen AC	F	F40	240
77	Brian Landers	Youghal AC	M	M40	270
78	Denis Carroll	Eagle AC	M	M50	312
79	Pat Twomey	Eagle athletic club	M	M60	98
80	Willie Hayes	St Finbarr's AC	M	M55	205
81	Siobhan Dempsey		F	F40	126
82	David O'Callaghan	Eagle AC	M	M45	403
83	Mary Sweeney	St. Finbarr's A.C.	F	M50	189
84	Kieran Lynch		M	M40	266
85	Thomas Darcy		M	MO	260
86	John Fitzgibbons	mayo ac	M	M45	131
87	Willie O'Riordan	St Brendans AC	M	M55	306
88	Stephen Hurley		M	MO	259
89	James Callanan		M	M45	400
90	Ivan Sheehan	St. Finbarr's	M	M40	413
91	Brian Linehan		M	M45	318
92	Dereck O'Driscoll	Bandon AC	M	MO	359
93	Denis O Mahony	Leevale	M	MO	351
94	Eddie Butt		M	MO	383
95	Pacer				208
96	Marc Smith	St Finbarrs AC	M	M40	401
97	Denis O'Brien		M	M45	134
98	Pacer				207
99	Mark Hutchinson		M	MO	32
100	Marie Murphy	St Finbarrs	F	FO	52
101	Denis Sheehan		M	M50	342
102	Orla Crosbie	St Finbarrs AC	F	F45	53
103	Caluin O'Regan		M	M40	387
104	Clodagh McMarrow	St Finbarrs aC	F	FO	410
105	Brian Quinn	Kinsale Tri Club	M	M40	235
106	Clotilde Fitzgibbon	Grange Fermoy AC	F	F45	220
107	Kevin Boag	Mallow AC	M	M50	60
108	Laurence Martin	Clonmel AC	M	MO	422
109	Mark Twomey	Podistica Torino	M	M45	334
110	Mags Dempsey	Tracton AC	F	F35	62
111	Michael O'Loughlin		M	M45	233
112	Neil O'Donovan	Greyhounds	M	MO	414
113	Trevor O'Sullivan	Eagle AC	M	M40	116
114	Maurice Tobin	Grange Fermoy AC	M	M60	253
115	Frank O'Regan		M	MO	301
116	Niamh Hutchinson		F	F35	31
117	Ken Sisk		M	M45	188
118	Edmond Nicholson	youghal ac	M	M40	122
119	Kieran Crowley	Donoughmore AC	M	M45	338

120	Vincent Keane	Gleevillve	M	M50	340
121	Collette Holland	St Finbars	F	F35	69
122	Rob Brien		M	MO	164
123	Joan Ennis	Grange/Fermoy	F	F45	347
124	Ian Wills	Watergrasshill	M	MO	283
125	Gerard Menihane	Navy AC	M	M45	70
126	Áine Roche	Clonmel AC	F	MO	257
127	Cebula Bogdan	KRS TKKF Jastrzab	F	F55	324
128	Charlie Byrd	Eagle AC	M	M45	3
129	Graham Cambridge		M	MO	178
130	Philip Corcoran	Eagle AC	M	M40	43
131	Loic Garel		M	MO	54
132	Liam Murphy	Mallow AC	M	M40	290
133	Denis Looney	Eagle AC	M	M45	96
134	Aoife Quigley	Crusaders AC	F	FO	298
135	Sean Whelan	Ennis Track AC	M	M60	7
136	Stephen Kiely		M	MO	263
137	Gerard Down	Eagle AC	M	M55	117
138	Brian Kelleher		M	MO	405
139	Diarmuid Hickey	Blarney-Inniscarra	M	M45	241
140	Adrian Ryder	Mallow AC	M	MO	404
141	Seamus Cahill	Kinsale/Riverstick	M	M50	390
142	Paul McGuinness		M	M40	386
143	Berward Hickey		M	M45	388
144	Brendan Flanagan	mallow	M	M40	18
145	Brian O Callaghan	BLARNEY	M	M40	103
146	Pat O'Sullivan		M	M40	83
147	Stephen Chrysanthou	Carrigaline Road Runne	M	M50	336
148	Brendan McAuliffe		M	M55	423
149	Darren Walsh		M	MO	344
150	Donal Murphy	West Limerick AC	M	M65	245
151	Elaine Guinane	Eagle AC	F	F35	173
152	Sandra Manning	Eagle AC	F	FO	146
153	Gerard Brownes		M	M45	286
154	Micheál Rea		M	MO	61
155	Geraldine O'Sullivan	Bantry AC	F	M55	236
156	Brendan Curtain		M	M40	296
157	Martin Curtain	St Finbarrs AC	M	MO	370
158	Adrian Collins		M	MO	56
159	John Laste	Clonmel AC	M	M50	341
160	Alan Foley	Eagle AC	M	MO	281
161	Brian Wakefield		M	M50	339
162	Carly Cooke		F	FO	157
163	Brendan Ryan		M	MO	148
164	Kenweth Lee	Rochestown AC	M	M40	415
165	Colin Mitchell		M	MO	203
166	Noel Sheridan		M	M40	254
166	Daniel McMahon		M	MO	17
168	Deirdre Arrigan	Eagle AC	F	F35	367
169	Kastytis Bereznocenko	TAURAGES BMK	M	M40	40

170	Denis Cronin	Mallow AC	M	M50	278
171	Ann Cashman	Eagle AC	F	FO	104
172	Matthew Bermingham	Fermoy	M	MO	85
173	Brian Holohan		M	MO	279
174	Fergal Quinlan		M	M40	191
175	Richard Forrest		M	M40	80
176	Piotr Jagiello	RTS	M	MO	76
177	Ned O'Brien	Clonmel AC	M	M55	255
178	Conor Leonard		M	MO	396
179	Aidan Brickley			M50	303
180	Conor Fox	Donoughmore AC	M	M40	398
181	Michael Connern	Carrigaline Road Runne	M	MO	51
182	Brian Crowley		M	M40	319
183	Con O'Brien		M	M60	277
184	Anne Wolfe	St Finbarrs	F	F40	155
185	Ruairi McGrath		M	MO	346
186	Paul Murphy		M	MO	142
187	Gearoid Cotter		M	MO	46
188	Christine Murphy	Midleton AC	F	F40	101
189	Paul O'Mahony		M	MO	170
190	Jerry Guiney	Eagle AC	M	MO	399
191	Brendan O'Connor		M	MO	237
192	Hazel O'Sullivan	St Finbarrs AC	F	F35	421
193	Pat O Shaughnessy	duhallow AC	M	M40	108
194	Richard O'Byrne	VMware	M	MO	65
195	Edwin Brazier		M	MO	192
196	Jenny Cotter		F	F35	250
197	Janice Downey	St. Finbarrs	F	F35	376
198	Martin O'Leary		M	MO	229
199	David Hills		M	MO	10
200	Neilie (Sonic) Hall	ballynonty ac	M	M50	368
201	Andrew Burns	not affiliated	M	MO	20
202	John McCarthy		M	M50	201
203	Kieran McKeone		M	M45	382
204	Billy Menton		M	M55	242
205	Rita Brouder	West Limerick AC	F	FO	143
206	Quigley John	Eagle AC	M	M60	323
207	George Rickard	Mallow AC	M	MO	377
208	Patrick Mahony		M	M45	28
209	Alison Harrison		F	F35	284
210	Gus Keohane		M	MO	110
211	Aidan O'Kelly		M	M50	214
212	Pat O'Keefee	Eagle AC	M	M40	297
213	Mark Cotter		M	MO	34
214	Kevin Hedderman		M	MO	14
215	Tony Power		M	M40	82
216	Stephen Murphy	RISING SUN	M	M50	112
217	Robin O'Donoghue		M	MO	294
218	Patrick Buckley	Mallow AC	M	MO	247
219	Sean Sheehan	Carrigtwohill	M	MO	87

220	Richard Casey		M	M40	88
221	William Jagoe		M	MO	427
222	Tony O'Connell		M	M50	202
223	Martin Hurley	Ciarriag na Bhfear AC	M	M45	268
224	Alan Scanlan		M	M45	187
225	Sean O Riordan	unattached	M	M45	111
226	Danny Lane		M	MO	218
227	Coran O Reilly	Youghal ac	M	MO	55
228	Brendan Collins		M	MO	27
229	Eddie O'Brien		M	M40	149
230	Graham Nudos		M	MO	337
231	Pacer				209
232	Denise Twohig	St Finbarr's AC	F	F35	330
233	David Lawton		M	MO	29
234	Edwina Boyce	Eagel AC	F	FO	361
235	Brendan Tobin		M	M40	125
236	Denis Sheehan				48
237	Nigel Robertson		M	M40	159
238	Eamonn Murphy		M	M50	49
239	Simon Forrest		M	MO	162
240	Colette O' Donoghue	Watergrasshill	F	FO	113
241	Alan Hackett	Eagle AC	M	MO	311
242	Francis O'Connor	Eagel AC	F	F50	418
243	Lisa Bolano	Eagle AC	F	M45	177
244	Kevin O Connor	Eagle AC	M	M40	95
245	Mary Buckley	Donoughmore AC	F	F45	316
246	David O'Leary		M	MO	380
247	Maurice Breen		M	M40	156
248	Mike Thornton		M	M45	89
249	Victor Kiely		M	M45	114
250	Paul Keegan		M	MO	23
251	Dermot Johnson		M	M40	230
252	Rosario Molina		F	F40	36
253	Pauline Callan	Bandon AC	F	F35	123
254	Sean McCarthy		M	M40	175
255	Jim Morgan		M	M40	402
256	Declan Cusacl		M	MO	258
257	Kitty Harrington-Buckley	St Finbarr's AC	F	F45	329
258	Noel McCarthy		M	MO	416
259	Nora Corcoran	Eagle A.C.	F	FO	145
260	Robert O'Hara		M	MO	391
261	David Oriordan	Carrignabhfear AC	M	M45	171
262	Sean Madden		M	MO	24
263	John Earls		M	M50	169
264	Helen Martin		F	F35	274
265	Beezer Dowling		M	M45	381
266	Bartholomeu Kearney	Leevale AC	M	M55	322
267	Late entry				393
268	Jackie Cavanagh		F	F45	136
269	Richard Wallace		M	MO	22

270	Damien O'Brien		M	M40	206
271	Eamonn Kenneally	Defence Forces	M	M45	182
272	Barry O'Callaghan	Mallow AC	M	M40	392
273	John Walse	East Cork AC	M	M60	320
274	Mick Ronan	Kinsale/Riverstick	M	M45	239
275	Kelly Flanagan		M	M45	276
276	Brendan Daly	Ballyhea	M	MO	280
277	Maire Walsh		F	F35	375
278	Liam Aherne		M	MO	138
279	Helena Power	Eagle AC	F	F35	275
280	Murty O'Sullivan	St Finbarrs AC	M	M50	420
281	Michael O'Sullivan		M	M45	185
282	Louise Fullam	St Finbarrs	F	FO	147
283	James Tobin		M	M45	213
284	Frank Linehan	Togher AC	M	M60	364
285	Siobhán Wallace		F	F35	371
286	Kathy Bradford	St Finbarrs AC	F	F40	417
287	Ide Curtin	West Limerick AC	F	F40	100
288	Michael Forde		M	MO	310
289	Gwen Conroy		F	F35	332
290	Sharon Holland	St. Finbarr's	F	M40	365
291	Peadar Curtis	Mallow AC	M	M55	349
292	Peter Gaffney	Mallow AC	M	M70	307
293	Dolores Gibbons	Bandon AC	F	F40	42
294	Patrick Hartnett		M	MO	119
295	Joanne Kelly	West Limerick AC	F	F35	129
296	Eoin Carroll		M	MO	165
297	Edel O'Leary		F	F35	238
298	Rob Monaghan		M	M40	172
299	Sonya Walsh		F	F40	91
300	Joanne Looney		F	FO	94
301	Brian Ormonde	West Waterford AC	M	M40	252
302	Sunita Corcoran	Eagle AC	F	F40	44
303	Helene McSweeney		F	F45	37
304	Mary Mulcahy	St Finbarr's AC	F	F50	300
305	Frances O' Sullivan Byrne		F	F55	124
306	Neilie O'Leary	Belyaaley AC	M	M65	282
307	Karen Obrien	West Limerick AC	F	FO	135
308	Frank Downey		M	M50	226
309	Aishling McCarthy		F	FO	167
310	Bojan Dolic		M	MO	168
311	Michael Ryan		M	MO	140
312	Peter O'Brien		M	MO	86
313	Patrick Torpey		M	M45	326
314	Maria Cregan		F	FO	120
315	Shelly Conroy		F	FO	426
316	John Sheehan	UCC	M	M45	419
317	Liz Moynihan		F	F45	68
318	Louise Sheehan		M	M40	354
319	John Gately	St. Finbarrs	M	M50	289

320	Stephen O'Sullivan		M	M45	248
321	Marianne McCarthy	Watergrasshill	F	FO	269
322	Suzanne Moynihan		F	F45	160
323	Maire Ni Chongaille	Donoughmore AC	F	F55	107
324	John Cotter		M	MO	179
325	Dave Murphy		M	M40	59
326	Angela Murphy		F	F50	35
327	Steve Murphy	Mallow AC	M	M55	222
328	Noreen O'Leary	St. Finbarrs	F	M45	366
329	Fionan O Haodain	Midleton AC	M	MO	374
330	Mary O'Keeffe		F	F45	302
331	Peter Filan		M	M40	79
332	Betty McKenzie	1962	F	M50	195
333	John Barry		M	M45	9
334	Paul Murray		M	MO	356
335	Aidan Quirke		M	MO	372
336	Aoife Kyne		F	F35	219
337	Kieran O'Neill		M	MO	271
338	Rhona Dempsey	Galway City Harriers	F	FO	74
339	Late entry				384
340	Donal O'Donghue	Little Island AC	M	M45	293
341	Colin Mc Taggart	Togher AC	M	M45	273
342	Dan Daly		M	M40	166
343	Rosemary Conroy		F	F40	394
344	Ruth Nodwell		F	F35	406
345	Jennifer Linehan		F	F40	39
346	Jacinta Yelverton		F	F40	115
347	Gillian Cahill		F	F40	16
348	Margaret Horgan	Donoughmore AC	F	F50	106
349	John Crowley		M	MO	251
350	Fidelma O'Neill	North Cork AC	M	MO	363
351	Susan O Sullivan		F	F45	41
352	Patricia Downey			M45	225
353	Paddy Daly	Army	M	M65	308
354	Gerard O'Connell		M	M55	305
355	Eilish Hamibrook	Eagal	F	F35	288
356	Pacer				212
357	Pacer				211
358	Colette Daly	St Finbarr's AC	F	F40	343
359	Joanne O'Dwyer		F	FO	47
360	John Kelly		M	MO	412
361	Tom O'Riordan		M	MO	231
362	Helen O'Ceallaigh	Clonmel AC	F	M45	285
363	Jerry Forde	Wheelchair	M	M40	180
364	Tracy Cotter	Eagle AC	F	MO	217
365	Martin Spillane		M	MO	244
366	Paul Kelleher	RISING SUN	M	M40	425
367	Late entry				193
368	Olivia Keenaghan		F	F35	299
369	Shirley O'Brien		F	F40	378

370	Shane O'Toole		M	M40	379
371	Claire Mullins	St. Finbarrs	F	F35	151
372	Michelle Fitzgerald		F	F40	304
373	Dee Gough		F	F35	174
374	Claudia Parkes		F	F35	272
375	Norma Harrington	Galtee Runners	F	F55	395
376	John O'Donoghue		M	M55	314
377	Frank Lingwood		M	M50	198
378	Sean O'Regan	EMC	M	MO	389
379	Mattie Power		M	M45	139
380	Mary Walsh	Midleton	F	F50	152
381	Vicki Murphy	Ballintotis Fit4life	F	F35	385
382	Eileen O'Connor		F	FO	424
383	Norman Paddle		M	M50	264
384	Sheila Fitzgibbons		F	F45	132
385	Lucy McCullen		F	F40	327
386	Josie Claire		F	M45	408
387	Saurabh Gautam		M	MO	321
388	Fiona Ormonde	West Waterford AC	F	F35	352
389	Una Murray		F	FO	137
390	Colm Murphy		M	M40	313
391	Mary Toher	Midleton AC	F	M55	190

Gross	Net
01:06:59	01:06:59
01:08:52	01:08:52
01:12:05	01:12:04
01:12:14	01:12:14
01:13:35	01:13:35
01:13:55	01:13:55
01:14:31	01:14:31
01:15:04	01:15:04
01:15:52	01:15:52
01:17:05	01:17:05
01:17:27	01:17:26
01:17:42	01:17:42
01:18:21	01:18:21
01:18:34	01:18:34
01:18:40	01:18:40
01:18:51	01:18:51
01:18:58	01:18:58
01:19:14	01:19:14
01:19:31	01:19:30
01:19:54	01:19:51
01:19:57	01:19:54
01:20:40	01:20:39
01:20:54	01:20:53
01:21:24	01:21:23
01:21:26	01:21:26
01:21:42	01:21:41
01:21:46	01:21:42
01:21:57	01:21:56

First Five Male

- 1 Alan O'Shea
- 2 Philip Harty
- 3 Cathal O'Connell
- 4 Ruairi O'Donnell
- 5 Danny Smith

Male 040

- 7 David Ryan
- 9 Martin Monaghan
- 10 Finbarr O Dwyer

Male 045

- 13 James Ryan
- 15 Tom Laffan
- 21 Tony Cambridge

Male 050

- 37 James Kelleher
- 53 Ronan Bolano
- 69 Paul O'Toole

Male 055

- 57 Gerry Cantwell
- 62 Pat Murphy
- 80 Willie Hayes

Male 060

- 39 Patrick O'Shea
- 67 Joe Gough

01:22:02	01:21:58	79 Pat Twomey
01:22:05	01:22:01	
01:22:09	01:22:04	Male 065
01:22:30	01:22:28	150 Donal Murphy
01:22:31	01:22:29	
01:22:39	01:22:34	
01:22:51	01:22:45	Male 070
01:22:55	01:22:52	292 Peter Gaffney
01:23:05	01:22:59	
01:23:40	01:23:36	
01:23:48	01:23:48	
01:24:07	01:24:02	
01:24:07	01:24:04	
01:24:10	01:24:06	
01:24:20	01:24:17	
01:24:38	01:24:35	
01:24:40	01:24:36	
01:24:42	01:24:37	
01:24:47	01:24:47	
01:24:54	01:24:48	
01:25:00	01:25:00	First Five Female
01:25:05	01:25:04	31 Emma Murphy
01:25:06	01:25:06	36 Ann Marie Holland
01:25:07	01:25:03	40 Martina O'Dwyer
01:25:16	01:25:13	54 Carmel Crowley
01:25:34	01:25:33	76 Ann Macphail
01:25:37	01:25:34	
01:25:48	01:25:47	
01:25:52	01:25:50	
01:26:00	01:26:00	
01:26:08	01:26:00	
01:26:13	01:26:09	
01:26:27	01:26:26	
01:26:30	01:26:27	
01:26:44	01:26:44	
01:26:52	01:26:45	
01:26:53	01:26:52	
01:27:00	01:27:00	F035
01:27:07	01:27:03	110 Mags Dempsey
01:27:10	01:27:09	116 Niamh Hutchinson
01:27:15	01:27:10	121 Collette Holland
01:27:27	01:27:24	
01:27:30	01:27:24	F040

01:27:33	01:27:28		81 Siobhan Dempsey
01:27:33	01:27:31		184 Anne Wolfe
01:27:43	01:27:43		188 Christine Murphy
01:27:44	01:27:42	F045	
01:28:00	01:27:55		102 Orla Crosbie
01:28:28	01:28:25		106 Clotilde Fitzgibbon
01:28:30	01:28:17		123 Joan Ennis
01:28:37	01:28:37	F050	
01:28:43	01:28:42		83 Mary Sweeney
01:28:46	01:28:43		Francis O'Connor
01:28:52	01:28:47		304 Mary Mulcahy
01:28:53	01:28:50	F055	
01:28:55	01:28:48		127 Cebula Bogdan
01:28:57	01:28:51		155 Geraldine O'Sullivan
01:29:00	01:28:53		305 Frances O' Sullivan Byr
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02:17:49	02:17:29
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02:19:50	02:19:50
02:20:56	02:20:56
02:29:38	02:29:17
02:55:27	02:55:04

Bantry A.C.	M	MO	199	01:06:59	01:06:59
West Waterford AC	M	MO	357	01:08:52	01:08:52
St. Finbarr's A.C.	M	M50	154	01:12:05	01:12:04
Ferrybank AC	M	MO	153	01:12:14	01:12:14
ballynonty ac	M	MO	369	01:13:35	01:13:35
Clonmel AC	M	M40	228	01:14:31	01:14:31
Slaney Olympic	M	M40	216	01:15:52	01:15:52
leevale	M	M40	67	01:17:05	01:17:05
Dundrum/Tipperary	M	M45	353	01:18:21	01:18:21
Bandon AC	M	M45	163	01:18:40	01:18:40
Eagle	M	M45	118	01:19:57	01:19:54
	M	M50	267	01:23:05	01:22:59
Eagle AC	M	M50	176	01:25:16	01:25:13
St Finbarr's Cork	M	M50	144	01:27:15	01:27:10
West Waterford AC	M	M55	291	01:25:52	01:25:50
Eagle AC	M	M55	150	01:26:30	01:26:27
St Finbarr's AC	M	M55	205	01:28:43	01:28:42
Iuea AC	M	M60	397	01:23:48	01:23:48
West Waterford AC	M	M60	350	01:27:07	01:27:03

Eagle athletic club	M	M60	98	01:28:37	01:28:37
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West Limer M		M65	245	01:36:00	01:35:59
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Mallow AC M		M70	307	01:48:58	01:48:46
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St Finbarrs AC	F	FO	411	01:22:09	01:22:04
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St Finbarrs aC	F	F35	317	01:22:55	01:22:52
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Carrick-on-suir AC	F	F35	249	01:24:07	01:24:02
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Bandon AC	F	F45	295	01:25:34	01:25:33
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Dooneen AC	F	F40	240	01:28:00	01:27:55
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Tracton AC	F	F35	62	01:31:35	01:31:27
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	F	F35	31	01:32:39	01:32:31
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St Finbars	F	F35	69	01:33:19	01:33:19
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F	F40	126	01:28:46	01:28:43
St Finbarrs F	F40	155	01:39:45	01:39:37
Midleton A F	F40	101	01:39:58	01:39:58
St Finbarrs F	F45	53	01:30:32	01:30:26
Grange Fer F	F45	220	01:31:10	01:31:07
Grange/Fer F	F45	347	01:33:21	01:33:21
St. Finbarr's F A.C.	M50	189	01:28:53	01:28:50
Eagel AC F	F50	418	01:44:00	01:43:44
St Finbarr's F	F50	300	01:50:45	01:50:45
KRS TKKF J: F	F55	324	01:33:44	01:33:42
Bantry AC F	M55	236	01:36:27	01:36:27
ne F	F55	124	01:50:55	01:50:36