



MIDLETON A.C.

(JOE HOURIGAN MEMORIAL)

5 MILE ROAD RACE

8pm, Thursday, May 5th 2016

Chip Timing
AAI Permit

Limited Edition 50th Anniversary T-Shirt



Prizes for Top 5 M&F
Top 3 F35-F65 & M40-M70
1st Jnr M&F; 1st W/C
Lots of Spot Prizes



No Headphones No Dogs No Buggies



Entry €10



Race HQ: Market Green, Midleton (ample parking)



Online registration available at www.itsyourrace.com

Registrations also available from 6pm on race night



More info on www.corkathletics.org
and www.corkrunning.blogspot.ie

Enquiries: 087-2403940

