

The Dick Copithorne Memorial Run

Belgooly Annual 4 Mile Road Race

St. Stephen's Day – 12 Noon - 2015

Belgooly Athletic Club Promotion

Main Sponsor – The Farm Store Cafe Belgooly

Entry Fee €10.00, €5.00 of entry fee will be donated to the Bowel Cancer Treatment Support Fund at Cork University Hospital

Sponsorship cards are available for anyone who wishes to run the race on behalf of the Bowel Cancer Treatment Fund.

Accurate Course

Open to all Athletes, Joggers, Fun-Runners and Walkers

A.A.I. Permit 15/635 Granted

Start and Finish in Belgooly

Entries and Changing Facilities in Belgooly GAA Grounds

Entries on the Day will be taken until 11.45 a.m.

Postal entries accepted until Decemeber 15th to Rose Walsh, Farraneen, Ballyfeard, Co. Cork. (cheques payable to Belgooly Athletic Club) Register on line via www.belgoolyac.com

ONLINE REGISTRATIONS WILL CLOSE @ 4.00 P.M. CHRISTMAS EVE

Prizes

First 6 Men, First 3 Men O/40, O/45, O/50, O/55, O/60, O/65, O/70, First 3 Junior Men, First 2 Mens Team (3 to score)

First 6 Ladies, First 3 Ladies O/35, O/40, O/45, O/50, O/55, O/60, First 3 Junior Ladies, First 2 Ladies Team (3 to score)

First Wheelchair Athlete

Team Prizes outside all prize winners

One prize per athlete

Further details, entry forms and sponsorship cards are available from:

John Copithorne, 086-1713500

Rose Walsh, 086-8411193

Nicola Desmond, 086-8515371

For Health & Safety reasons no dogs, buggies or headphones allowed

Entry Form

Name: _____

Club/Organisation: _____

D.O.B.: _____

Category: _____

Address: _____

(Address & Phone no required only for postal entries)

Phone No _____