

100m Race 1

No		Name	Club	Category	Event	Time	Points	Grade
713	1	Conal O Callaghan	Spa Muckcross	M	100m	11.0	8.75	Platinum
712	2	Jason Lynch	Riocht	M	100m	11.4	7.54	Platinum
704	3	Breandán Dennehy	Rising Sun	M	100m	11.8	6.42	Gold
709	4	Dan Lawson	Leevale	M	100m	12.1	5.65	Silver
711	5	Thomas Shortland	Leevale	M	100m	12.5	4.68	Silver

100m Race 2

No		Name	Club	Category	Event	Time	Points	Grade
723	1	Brian Hayes	Leevale	M	100m	13.2	3.22	Bronze
740	2	Michael Schmidt	St Finbarrs	M	100m	14.3	1.47	-
738	3	Michael Kiely	Rising Sun	M	100m	15.2	0.54	-
703	4	Jacinta Power	Waterford	F	100m	15.6	5.22	Silver

110mH

No		Name	Club	Category	Event	Time	Points	Grade
704	1	Breandán Dennehy	Rising Sun	M	100mH	18.6	4.05	Bronze
712	2	Jason Lynch	Riocht	M	100mH	19.1	3.52	Bronze

High Jump

No		Name	Club	Category	Event	Height	Points	Grade
700	1	Tom O Brien	Waterford	M	HJ	1.60	4.97	Silver
704	1	Breandán Dennehy	Rising Sun	M	HJ	1.55	4.50	Silver
714	3	Denis Coughlan	St Finbarrs	M	HJ	1.40	3.10	Bronze
703	4	Jacinta Power	Waterford	F	HJ	1.16	3.10	Bronze

Javelin

No		Name	Club	Category	Event	Distance	Points	Grade
741	1	Pat Moore	Leevale	M	JT	40.43	5.06	Silver
723	2	Brian Hayes	Leevale	M	JT	39.84	4.98	Silver
726	3	Dara Ryan	Newport	M	JT	38.95	4.85	Silver
746	4	Paul Moore	Leevale	M	JT	33.11	4.01	Bronze
739	5	Tony O Brien	St Finbarrs	M	JT	25.94	2.98	-
740	6	Michael Schmidt	St Finbarrs	M	JT	16.04	1.56	-

Pole Vault

No		Name	Club	Category	Event	Height	Points	Grade
744	1	Nikita Savage	Youghal	F	PV	3.20	6.50	Gold
743	2	Sarah Ryan	Youghal	F	PV	3.00	5.84	Silver
747	3	Lee Curley	Youghal	M	PV	2.80	3.54	Bronze

4 × 200m Relay

	Club	Category	Event	Time	Points	Grade
1	Clonliffe/St Finbarrs	M	4 × 200m	1:46.9	11.16	Diamond
2	Eagle AC	M	4 × 200m	1:47.5	10.99	Diamond
3	Waterford	M	4 × 200m	1:52.5	9.60	Diamond
4	Eagle AC	M	4 × 200m	2:12.1	5.05	Silver

800m Race 1

No		Name	Club	Category	Event	Time	Points	Grade
719	1	Finbarr Horgan	Clonmel	M	800m	2:02.2	7.17	Gold
714	2	Denis Coughlan	St Finbarrs	M	800m	2:03.4	6.89	Gold
734	3	Timmy Murphy	Grange Fermoy	M	800m	2:08.1	5.86	Silver
715	4	Steve Cleary	Clonliffe Harriers	M	800m	2:09.7	5.53	Silver
724	5	Harry O'Brien	West Waterford	M	800m	2:10.7	5.33	Silver
710	6	Jeremy Walsh	Clonliffe Harriers	M	800m	2:13.4	4.80	Silver
716	7	Rob Cleary	Clonliffe Harriers	M	800m	2:15.7	4.38	Bronze
711	8	Thomas Shortland	Leevale	M	800m	2:16.9	4.16	Bronze

800m Race 2

No		Name	Club	Category	Event	Time	Points	Grade
729	1	Matt Kearns	Eagle	M	800m	2:11.4	5.19	Silver
707	2	Joe Gough	West Waterford	M	800m	2:12.2	5.03	Silver
702	3	Pat Breen	Waterford	M	800m	2:13.4	4.80	Silver
701	4	Alan Danagher	Waterford	M	800m	2:15.5	4.41	Bronze
732	5	Dennis Dunne	Eagle	M	800m	2:16.1	4.30	Bronze
700	6	Tom O'Brien	Waterford	M	800m	2:17.6	4.04	Bronze
725	7	Kevin Geary	Eagle	M	800m	2:18.2	3.93	Bronze
733	8	Conor O'Brien	Eagle	M	800m	2:18.6	3.87	Bronze
708	9	Fergus Wall	Bandon	M	800m	2:18.6	3.87	Bronze
730	10	Michael Murphy	St Finbarrs	M	800m	2:20.0	3.63	Bronze
718	11	Miguel Martinez	Eagle	M	800m	2:21.3	3.42	Bronze
731	12	Niamh Roe	Eagle	F	800m	2:22.3	7.92	Platinum
720	13	John O'Callaghan	Eagle	M	800m	2:26.8	2.59	-
737	14	Eamon McEvoy	St Finbarrs	M	800m	2:30.4	2.12	-
742	15	Eoin Shanaghy	St Finbarrs	M	800m	2:31.7	1.95	-
736	16	Pat Murphy	Eagle	M	800m	2:32.3	1.88	-

800m Race 3

No		Name	Club	Category	Event	Time	Points	Grade
717	1	Ann-Marie Healy	Eagle	F	800m	2:39.7	5.56	Silver
738	2	Michael Kiely	Rising Sun	M	800m	2:41.1	0.98	-
706	3	Cushla Murphy-Hehir	Marian	F	800m	2:46.0	4.81	Silver
740	4	Michael Schmidt	St Finbarrs	M	800m	2:47.7	0.49	-
721	5	Trevor O'Neill	St Finbarrs	M	800m	2:48.5	0.45	-
727	6	Michael Dunne Sr	St Finbarrs	M	800m	2:57.1	0.08	-
745	7	Kevin O'Connor	Eagle	M	800m	3:00.9	0.01	-
735	8	John Quigley	Eagle	M	800m	3:02.5	0.00	-
705	9	Marion Lyons	St Finbarrs	F	800m	3:31.8	0.99	-

No	Name	Club	Cat	Event	Time/Dist	Points	
731	Niamh Roe	Eagle	F	800m	2:22.3	7.92	1
717	Ann-Marie Healy	Eagle	F	800m	2:39.7	5.56	
729	Matt Kearns	Eagle	M	800m	2:11.4	5.19	
732	Dennis Dunne	Eagle	M	800m	2:16.1	4.30	
725	Kevin Geary	Eagle	M	800m	2:18.2	3.93	
Points						26.91	

No	Name	Club	Cat	Event	Time/Dist	Points	
709	Dan Lawson	Leevale	M	100m	12.1	5.65	2
741	Pat Moore	Leevale	M	JT	40.43	5.06	
723	Brian Hayes	Leevale	M	JT	39.84	4.98	
711	Thomas Shortland	Leevale	M	100m	12.5	4.68	
711	Thomas Shortland	Leevale	M	800m	2:16.9	4.16	
Points						24.53	

No	Name	Club	Cat	Event	Time/Dist	Points	
714	Denis Coughlan	St Finbarrs	M	800m	2:03.4	6.89	3
730	Michael Murphy	St Finbarrs	M	800m	2:20.0	3.63	
714	Denis Coughlan	St Finbarrs	M	HJ	1.40	3.10	
739	Tony O'Brien	St Finbarrs	M	JT	25.94	2.98	
737	Eamon McEvoy	St Finbarrs	M	800m	2:30.4	2.12	
Points						18.72	

No	Name	Club	Cat	Event	Time/Dist	Points	
704	Breandán Dennehy	Rising Sun	M	100m	11.8	6.42	4
704	Breandán Dennehy	Rising Sun	M	HJ	1.55	4.50	
704	Breandán Dennehy	Rising Sun	M	100mH	18.6	4.05	
738	Michael Kiely	Rising Sun	M	800m	2:41.1	0.98	
738	Michael Kiely	Rising Sun	M	100m	15.2	0.54	
Points						16.50	

No	Name	Club	Cat	Event	Time/Dist	Points	
744	Nikita Savage	Youghal	F	PV	3.20	6.50	5
743	Sarah Ryan	Youghal	F	PV	3.00	5.84	
747	Lee Curley	Youghal	M	PV	2.80	3.54	
Points						15.88	

Points	100m Time	100mH Time	200m Time	400m Time	800m Time	1500m Time	Mile Time	3000m Time	DT Distance	JT Distance	TJ Distance	SP Distance	PV Height	LJ Distance	HJ Height	
10.0	12.16	14.26	25.06	56.15	2:08.96	4:26.82	4:47.02	9:32.42	56.62	56.44	13.07	17.11	4.25	6.06	1.82	D
9.5	12.49	14.70	25.76	57.76	2:12.02	4:33.73	4:54.43	9:48.31	54.00	53.82	12.59	16.32	4.10	5.83	1.77	
9.0	12.81	15.14	26.49	59.42	2:15.17	4:40.83	5:02.05	10:04.62	51.38	51.2	12.11	15.53	3.96	5.60	1.72	
8.5	13.14	15.60	27.24	61.13	2:18.40	4:48.14	5:09.88	10:21.40	48.76	48.57	11.62	14.74	3.81	5.36	1.68	P
8.0	13.46	16.07	28.00	62.89	2:21.74	4:55.66	5:17.85	10:38.67	46.14	45.95	11.13	13.95	3.66	5.12	1.63	
7.5	13.81	16.56	28.80	64.7	2:25.17	5:03.41	5:26.27	10:56.50	43.51	43.32	10.64	13.16	3.51	4.89	1.58	
7.0	14.55	17.06	29.62	66.58	2:28.73	5:11.44	5:34.87	11:14.92	40.88	40.68	10.15	12.37	3.36	4.65	1.53	G
6.5	14.94	17.58	30.47	68.52	2:32.41	5:19.75	5:43.79	11:34.02	38.24	38.05	9.63	11.58	3.21	4.41	1.49	
6.0	15.35	18.12	31.35	70.54	2:36.24	5:28.39	5:53.05	11:53.87	35.61	35.41	9.16	10.79	3.06	4.17	1.44	
5.5	15.77	18.69	32.27	72.64	2:40.23	5:37.40	6:02.72	12:14.57	32.97	32.76	8.66	9.99	2.91	3.93	1.39	S
5.0	16.22	19.28	33.24	74.85	2:44.41	5:46.83	6:12.83	12:36.23	30.32	30.12	8.15	9.20	2.76	3.69	1.34	
4.5	16.69	19.90	34.25	77.16	2:48.80	5:56.74	6:23.46	12:59.00	27.68	27.47	7.65	8.40	2.60	3.44	1.29	
4.0	17.20	20.56	35.32	79.61	2:53.44	6:07.22	6:34.70	13:23.08	25.03	24.81	7.14	7.61	2.45	3.20	1.25	B
3.5	17.71	21.26	36.47	82.22	2:58.39	6:18.38	6:46.67	13:48.71	22.37	22.16	6.63	6.81	2.29	2.95	1.20	
3.0	18.33	22.01	37.69	85.02	3:03.70	6:30.37	6:59.52	14:16.26	19.72	19.5	6.12	6.01	2.14	2.71	1.15	
2.5	18.98	22.83	39.03	88.07	3:09.48	6:43.41	7:13.51	14:46.21	17.06	16.84	5.61	5.21	1.98	2.46	1.10	
2.0	19.72	23.73	40.50	91.44	3:15.87	6:57.83	7:28.97	15:19.33	14.39	14.17	5.09	4.41	1.83	2.21	1.05	
1.5	20.59	24.76	42.17	95.27	3:23.12	7:14.19	7:46.52	15:56.93	11.73	11.5	4.58	3.61	1.67	1.96	1.00	
1.0	21.74	25.98	44.16	99.8	3:31.72	7:33.61	8:07.35	16:41.54	9.06	8.83	4.05	2.80	1.51	1.71	0.95	

Points	100m Time	110mH Time	200m Time	400m Time	800m Time	1500m Time	Mile Time	3000m Time	DT Distance	JT Distance	TJ Distance	SP Distance	PV Height	LJ Distance	HJ Height	
10.0	10.61	14.38	21.56	47.95	1:51.02	3:48.17	4:06.21	8:09.71	57.34	74.7	15.56	18.00	5.12	7.40	2.13	D
9.5	10.76	14.68	21.93	48.82	1:52.87	3:52.14	4:10.48	8:18.58	54.69	71.25	15.10	17.17	4.95	7.16	2.08	
9.0	10.92	14.98	22.30	49.7	1:54.76	3:56.22	4:14.87	8:27.69	52.03	67.79	14.63	16.34	4.77	6.92	2.03	
8.5	11.08	15.29	22.69	50.61	1:56.72	4:00.41	4:19.38	8:37.05	49.37	64.33	14.16	15.50	4.60	6.68	1.98	P
8.0	11.25	15.61	23.10	51.55	1:58.72	4:04.73	4:24.02	8:46.69	46.71	60.87	13.68	14.67	4.42	6.44	1.93	
7.5	11.42	15.94	23.51	52.52	2:00.80	4:09.18	4:28.82	8:56.64	44.04	57.4	13.21	13.83	4.24	6.20	1.87	
7.0	11.59	16.28	23.92	53.51	2:02.94	4:13.79	4:33.78	9:06.93	41.37	53.93	12.73	12.99	4.06	5.95	1.82	G
6.5	11.77	16.63	24.36	54.55	2:05.16	4:18.56	4:38.91	9:17.59	38.70	50.46	12.25	12.15	3.88	5.70	1.77	
6.0	11.97	17.00	24.81	55.63	2:07.47	4:23.52	4:44.25	9:28.67	36.03	46.98	11.77	11.31	3.70	5.46	1.72	
5.5	12.16	17.38	25.29	56.75	2:09.88	4:28.69	4:49.82	9:40.22	33.35	43.5	11.22	10.47	3.52	5.21	1.66	S
5.0	12.38	17.78	25.79	57.92	2:12.39	4:34.10	4:55.64	9:52.31	30.66	40.01	10.80	9.63	3.34	4.96	1.61	
4.5	12.59	18.21	26.31	59.16	2:15.04	4:39.79	5:01.77	10:05.02	27.98	36.52	10.32	8.79	3.16	4.71	1.56	
4.0	12.81	18.65	26.87	60.47	2:17.84	4:45.81	5:08.24	10:18.46	25.29	33.02	9.83	7.95	2.97	4.46	1.50	B
3.5	13.07	19.12	27.45	61.86	2:20.82	4:52.22	5:15.14	10:32.76	22.60	29.52	9.34	7.10	2.79	4.21	1.45	
3.0	13.32	19.63	28.09	63.35	2:24.02	4:59.10	5:22.54	10:48.14	19.90	26.02	8.84	6.26	2.61	3.95	1.39	
2.5	13.62	20.19	28.78	64.97	2:27.51	5:06.58	5:30.60	11:04.85	17.20	22.51	8.34	5.41	2.42	3.70	1.34	
2.0	13.92	20.80	29.54	66.77	2:31.36	5:14.86	5:39.51	11:23.34	14.50	18.99	7.85	4.56	2.24	3.44	1.28	
1.5	14.28	21.50	30.40	68.81	2:35.73	5:24.46	5:49.62	11:44.33	11.80	15.48	7.34	3.71	2.05	3.18	1.23	
1.0	14.70	22.32	31.43	71.23	2:40.92	5:35.40	6:01.62	12:09.23	9.09	11.96	6.84	2.86	1.86	2.92	1.17	