

# Run, Jog or Walk

## The Annual Dick Copithorne Memorial 4 Mile Road Race



**St. Stephen's Day @ 12 noon.**

**Start & Finish in Belgooly**

**Entry fee is €10.00**

**50% of the fee will be donated to the  
Bowel Cancer Treatment Fund at  
Cork University Hospital.**

**Entries will be taken at the G.A.A. Grounds up to 11.45 a.m.  
on St. Stephen's morning.**

**Pre-entries will be taken at Belgooly Community Centre on  
Friday night December 18<sup>th</sup> from 8.00 – 9.00 p.m.**

**Sponsorship cards are available for anyone who wishes to compete  
the race on behalf of the Bowel Cancer Treatment Fund.**

**The race is open to all athletes, joggers, fun runners and walkers**

**Further details, sponsorship cards and entry forms are available  
from Rose @ 086-8411193 or John  
@ 086-1713500**

