CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may move forward

May 17th 2015

ORDER OF EVENTS - DAY 2

Check in 10 am - Start 10.30am

- 200m Heats– U14, U15, U16, U17, U18, U19
- All walks Boys and Girls

Check in 11.45 - Hurdles CIT Side
- Sprint Hurdles   Girls U15, Boys U15, Girls U 16 80m, Girls U17, U18, U19 100m and Boys U16 100m, Boys U17, 18, 19 110mH

Check in 11.45 - Sprints -Stand Side -

- U10, U12, U13, U14/U16, U18, boys and girls sprints Heats, Semi Finals and Finals

Check in 2pm

- 800m – U14, U15, U16, U17, U18, U19 Girls and Boys
- 300m – U9 Girls and Boys
- 500m – U11 Girls and Boys
- 200m Finals
- 3000m BU16, BU17, BU18, BU19, GU19, GU18

Field Events: 10.30 am   **Check in 10am**

10.30 am.

1. Triple Jump   BU17, BU15, GU17, GU18, GU19, BU18, BU19, BU16
2. Long Jump   B9, B11, B14, G15, G17, G13
3. Long Jump   G11, G9, B16, B18, B19, B17
4. Javelin: GU14, GU15, GU17, GU16, GU18, GU19, GU13
5. High Jump: GU12, BU13, GU16, BU12, BU17, GU18, GU19, BU15, GU14
6. Shot: BU11, BU18, BU17, BU19, BU12, BU16, BU14, BU13, BU15
7. Discus: BU13, BU14, BU15, BU16, BU18, BU19, B17

12.00

7. Turbo Jav: **Runway A (Finish line)** B12, G12, **Runway B (100m start)** G10 B10

1.30pm

8. Hammer   GU13, GU14, GU15, GU16, GU17, GU18, GU19