

## CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may be brought forward

May 3rd 2015

### ORDER OF EVENTS - DAY 1

#### Check in 10am

#### Start 10.30am

- All Long Hurdles G&B.U14 - 200h –G&B U15 &U16 - -250h, G&B U17 - 300h, G&B U18 & U19 - 400h
- Steeplechase Boys & Girls U17 - U 19

#### Check in 11.45 -Hurdles CIT side

- Sprint Hurdles Boys and Girls U12, U13 (Heats followed by Final) Boys and Girls U 14

#### Check in 11.45 - Sprints - Stand side

- Sprints Boys & Girls U 9, U11, U15, U17, U19 Heats, Semi Finals and Final

#### Check in 2pm

- 1500m U14, U15, U16, U17, U18, U19 boys and Girls
- 400m Boys and Girls U 17 - U19
- 500m – BU10, GU10
- 600m GU12, BU12, G13, B13.

#### Field Events: 10.30 am

#### Check in 10am

#### 10.30 am.

1. Javelin: BU14, GU15, BU15, B U17, BU18, BU19, BU16, BU13
2. High Jump: BU11, BU18, GU11, BU16, GU15, GU17, GU13, BU14, BU19
3. Shot: GU12, GU11, GU13, GU18, GU19, GU15, GU16, GU17, GU14
4. Discus: GU13, GU14, GU16, GU18, GU19, G17, G15

#### 10.30am

5. Long Jump Pit A G18, G19, G14, G10, G16, G12  
Pit B BU13, B15, B17, B10, BU12

#### 12.00

6. Turbo Jav: **Runway A (Finish line)** G9, B9 **Runway B (100m start)** GU11, B11

#### 1.30pm

7. Pole-vault: BU19, BU18, BU17, BU16, BU15, GU16, GU17, GU18, GU19
8. Hammer BU13, BU14, BU15, BU16, BU17, BU18, BU19

## CORK COUNTY A.A.I. CHAMPIONSHIPS

Program may move forward

May 17th 2015

### ORDER OF EVENTS - DAY 2

#### Check in 10 am - Start 10.30am

- 200m Heats– U14, U15, U16, U17, U18, U19
- All walks Boys and Girls

#### Check in 11.45 - Hurdles CIT Side

- Sprint Hurdles Girls U15, Boys U15, Girls U 16 80m, Girls U17, U18, U19 100m and Boys U16 100m, Boys U17, 18, 19 110mH

#### Check in 11.45 - Sprints -Stand Side -

- U10, U12, U13, U14/U16, U18, boys and girls sprints Heats, Semi Finals and Finals

#### Check in 2pm

- 800m – U14, U15, U16, U17, U18, U19 Girls and Boys
- 300m – U9 Girls and Boys
- 500m – U11 Girls and Boys
- 200m Finals
- 3000m BU16, BU17, BU18, BU19, GU19, GU18

Field Events: 10.30 am

Check in 10am

#### 10.30 am.

1. Triple Jump BU17, BU15, GU17, GU18, GU19, BU18, BU19, BU16
2. Long Jump B9, B11, B14, G15, G17, G13
3. Long Jump G11, G9, B16, B18, B19, B17
4. Javelin: GU14, GU15, GU17, GU16, GU18, GU19, GU13
5. High Jump: GU12, BU13, GU16, BU12, BU17, GU18, GU19, BU15, GU14
6. Shot: BU11, BU18, BU17, BU19, BU12, BU16, BU14, BU13, BU15
7. Discus: BU13, BU14, BU15, BU16, BU18, BU19, B17

#### 12.00

7. Turbo Jav: Runway A (Finish line) B12, G12, Runway B (100m start) G10 B10

#### 1.30pm

8. Hammer GU13, GU14, GU15, GU16, GU17, GU18, GU19