



CORPORATE 5K TEAM CHALLENGE 2015



TUESDAY 30 JUNE THE MALL, CORK CITY

TUESDAY 1 SEPTEMBER | DOCKLANDS, DUBLIN



Athletics Ireland







Take the **Challenge and enter a company team of four** with three categories available: male, female and mixed

www.grantthorntoncorporatechallenge.ie





















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TUESDAY 30TH JUNE THE MALL, CORK

No 'I' in Team: Enter as part of a company team of four with three categories available: male. female and mixed. The official score for each team is determined by the recorded times of the registered team members, with accurate chip timing for all participants.

5km Flat Course: A great distance for beginners and the experienced runner alike, so there is no excuse for you and your work colleagues not to give it a try!

Prizes: Team trophies will be presented for the top five corporate teams in the male, female and mixed categories. With a special prize for the overall best performing team.

Time: 7.30pm

Entry Fee per Team: €100

Entries Close: Friday 19th of June at 5pm

Everyone's a Winner: All entrants will receive a technical t-shirt and goody bag

Making a Difference

Healthy Work Force: These events encourage social running amongst the business communities in Cork and Dublin, helping to improve the health and wellness of the workforce and building team spirit.

Young Athletes: Grant Thornton's support also makes a positive difference to young, promising athletes in Ireland with event organisers Athletics Ireland channelling funds raised from these races into their Junior High Performance programme which enables these emerging athletes to fulfil their potential.

ISPCC Childline: All participants are encouraged to fundraise for the chosen charity ISPCC Childline through mycharity.ie. The ISPCC is Ireland's oldest leading children's charity working to protect children 24 hours a day. Help them to support every child reaching out for help across Ireland. The charity will also receive 10% of all entrants' fees.

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PARTNERS:











