

# COURCEYS AC OPEN SPORTS 2014

Sunday 18<sup>th</sup> May, Ballinspittle GAA pitch @ 1 o'clock

## ORDER OF EVENTS

<b><u>CONFINED SPRINTS</u></b> (12.30PM) <i>For Courceys AC athletes only.</i>			
BOYS/GIRLS U9 (Born 2006)	60m sprint	BOYS/GIRLS U12 (Born 2003)	80m sprint
BOYS/GIRLS U10 (Born 2005)	60m sprint	BOYS/GIRLS U13/U14 (Born 2001/2002)	80m sprint
BOYS/GIRLS U11 (Born 2004)	80m sprint		
<b><u>OPEN SPRINTS</u></b> (1PM) <i>For all athletes.</i>			
BOYS/GIRLS U8 (Born 2007/2008)	60M	<b><u>TURBO JAVELIN</u></b>	
BOYS/GIRLS U9 (Born 2006)	60M	BOYS/ GIRLS U9 (2006)	
BOYS/GIRLS U10 (Born 2005)	80M	BOYS/ GIRLS U11 (2004)	
BOYS/GIRLS U11 (Born 2004)	80M		
BOYS/GIRLS U12 (Born 2003)	100M	<b><u>SHOT</u></b>	
BOYS/GIRLS U13 (Born 2002)	100M	GIRLS/BOYS U12 (2003)	
BOYS/GIRLS U14 (Born 2001)	100M	GIRLS/BOYS U13 (2002)	
BOYS/GIRLS U15 (Born 2000)	100M		
BOYS/GIRLS U16 (Born 1999)	100M		
		<b><u>LONG JUMP</u></b>	
TINY TOTS (Born 2009/2010)	40M	GIRLS U10 (Born 2005)	
MOTHERS RACE	100M	BOYS U10 (Born 2005)	
FATHERS RACE	100M	GIRLS U14 (Born 2001)	
		BOYS U14 (Born 2001)	
		GIRLS U15 (BORN 2000)	
		BOYS U15 (BORN 2000)	
<b><u>DISTANCE</u></b>			
BOYS/GIRLS U9 (Born 2006)	300M	<b><u>RELAYS</u></b>	
BOYS/GIRLS U10 (Born 2005)	300M	BOYS/GIRLS U9 (2006) 4x100m	
BOYS/GIRLS U11 (Born 2004)	300M	BOYS/GIRLS U10 (2005) 4x100m	
BOYS/GIRLS U12 (Born 2003)	800M	BOYS/GIRLS U11(2004) 4x100m	
BOYS/GIRLS U13 (Born 2002)	800M	BOYS/GIRLS U12 (2003) 4x100m	
BOYS/GIRLS U14 (Born 2001)	800M	BOYS/GIRLS U13 (2002) 4x100m	
BOYS/GIRLS U15/U16 (Born 2000/1999)	800M	BOYS/GIRLS U 14/U15 (2000/2001) 4x100m	
		FAMILY RELAY 4 x 100M	