

CORK COUNTY A.A.I. CHAMPIONSHIPS

May 6th 2012

ORDER OF EVENTS DAY 1

Check in 10 am - Start 10.30am

1. Steeplechase BU17,BU18, BU19

Check in 10.30 - Start 11am for Long Hurdles

2. All Long Hurdles Boys and Girls. 200h -250h,-300h, 400h

Check in 11.45 - Start 12 O Clock

3. 1500m U14,U15,U16,U17,U18,U19 boys and Girls

Check in 12.30am - Start 1 for all sprint Hurdles (CIT Side) & Sprints (Stand side)

4. Sprint Hurdles Boys and Girls U12,U14,U16,U18
5. U 9, U11, U13,U15,U17,U19 boys and girls sprints Heats, Semi Finals and Finals

Check in 2.45 - Start 3 O Clock

6. 300m – GU10, BU10
7. 700m GU12, BU12, G13, B13.

Check in 3.45 - Start 4 O`Clock

8. 400m BU17,BU18,BU19,GU19
9. 300m GU17, GU18

Field Events: 10.15 am

Check in 10am

10.15 am.

1. Ball Throw: **Runway A (Finish line)** G9,B9, **Runway B (100m start)** GU11 B11
2. High Jump: BU12,BU14,GU11,BU16,GU15,GU17,GU13,BU18,BU19
3. Shot: GU12,BU11,BU13,GU18,GU19,BU15,GU16,BU17,GU14
4. Discus: GU13,GU14,BU15, GU16,GU18,GU19,G17

10.15am

5. Long Jump Pit A (near finish line) G10, B10,G18,GU19,BU15,BU17
Pit B ,(near 100mstart line) BU13,G14,G16 G12, BU12

11.45am

6. Javelin: BU14,GU15,GU17,BU18,BU19,BU16,BU13

1.30pm

7. Pole-vault: BU19,BU18,BU17,BU16,BU15,GU16,GU17,GU18,GU19
8. Hammer BU13,BU14,BU15,BU16,BU17,BU18,BU19

CORK COUNTY A.A.I. CHAMPIONSHIPS

May 13th 2012

ORDER OF EVENTS DAY 2

1. Check in 10 am - Start 10.30am
2. All walks Boys and Girls

Check in 10.30 - Start 11am for all sprint Hurdles (CIT Side) & Sprints (Stand side)

3. Sprint Hurdles Boys and Girls U13,U15,U17,U19
4. U 18, U16, U14,U12, U10, boys and girls sprints Heats, Semi Finals and Finals

Check in 1.10 - Start 1.30

5. 3000m BU16,BU17,BU18,GU18, BU19,GU19

Check in 2.15am - Start 2.30

6. 800m – U14,U15,U16,U17,U18,U19 Girls and Boys

Check in 3 - Start 3.15

7. 200m – U9 Girls and Boys
8. 500m – U11 Girls and Boys

Check in 3.40 - Start 4

9. 200m – U14,U15,U16,U17,U18,U19

Field Events: 10.15 am

Check in 10am

10.15 am.

1. Triple Jump BU17,BU15,GU17,GU18, GU19, BU18,BU19,BU16
2. Ball Throw: Runway A (Finish line) B12, G12, Runway B (100m start) G10 B10
3. High Jump: GU12,BU13,GU16,BU11,BU17,GU18,GU19,BU15,GU14
4. Shot: GU11,BU19,BU18,GU17,,BU12,BU16,BU14,GU15,GU13
5. Discus: BU13,BU14,GU15, BU16,BU18,BU19 B17

11.30am

6. Long Jump Pit A (near finish line) B9, G17, B18, B19, G13,
Pit B (near 100m start line) G9,B11,B16,B14, G15, G11

11.45am

7. Javelin: ,BU15,GU14,BU17,GU16,GU13, GU18,GU19

1.30pm

8. HammerGU13,GU14,GU15,GU16,GU17,GU18,GU19

CORK COUNTY A.A.I. CHAMPIONSHIPS

May 20th 2012

Relays and County B Championships

Check in 10 am - Start 10.30am

GU 18 4 x 300m
BU 18 4 x 400m
GU 13 4 x 100m
BU 13 4 x 100m
GU 15 4 x 100m
BU 15 4 x 100m
GU 17 4 x 100m
BU 17 4 x 100m
GU 19 4 x 100m
BU 19 4 x 100m
GU 9 4 x 100m
BU 9 4 x 100m
GU 11 4 x 100m
BU 11 4 x 100m

FINALS OF ABOVE IN SAME ORDER

BU 17 4 x 400m
GU 19 4 x 400M
BU 19 4 x 400m
GU 12 4 x 100m
BU 12 4 x 100m
GU 14 4 x 100m
BU 14 4 x 100m
GU 16 4 x 100m
BU 16 4 x 100m
GU 18 4 x 100m
BU 18 4 x 100m
GU 10 4 x 100m
BU 10 4 x 100m

FINALS OF ABOVE IN SAME ORDER

COUNTY B CHAMPIONSHIPS

Check in 10 am - Start 10.30am

Long Jump Pit A (near finish line) GU9/GU10/GU13/GU12/GU11

Pit B (near 100m start line) BU9/BU10/BU13/BU12/BU11

Shot: GU11/BU11/GU12/BU12/GU13/BU13

Ball Throw: Runway A (Finish line) GU10/ GU9/GU11 **Runway B (100m start)**
BU10/BU9/BU11

High Jump - GU12/BU12/GU13/BU13

LONG RACES AND SPRINTS AFTER FINALS OF ALL REALYS.