

Cork County Cross Country Championships 2011

County Novice, U23 & Masters – Conna, Sunday October 9th, 12pm

County Novice B – Carrignavar, Sunday October 30th, 12pm

County Junior & Senior – Bandon, Sunday November 6th, 12pm

County Intermediate – Watergrasshill, December 4th 1pm

Closing Dates – Wednesday before Competition Day

Event: _____

Club: _____

Contact Person : _____ Phone: _____

NAME	DOB	REG. No.	Masters Category

***only applicable to masters cross country championships (categories start @ over 40)**

- Closing Date for Entries: Wednesday before the Event
- Entries €5 per athlete per Event, €15 per team per Event
- Entries to Mary Meagher, corkaicompsec@gmail.com
- 4 to score for a team
- 3 to score in Masters O50

Novice B eligibility – any athlete who has not won any medal in novice, intermediate, senior cross country championships
postal entries to Mary Meagher, 3 whitethorn Drive, Station Road, Blarney, Co., Cork