

# 2011 AVIVA Munster Schools T&F Championships Results

## Senior Boys

Record 100m	M. KELLY 1 David Killeen 2 Clive Kennington 3 Dylan Roche 4 Duncan tSu 5 John Halley	BORRISOKANE VS Colaiste an Spioraid Naoimh Newtown Causeway C C Colaiste an Phiarsaigh St Declans Kilmacthomas	10.6 SECS 11.57 11.71 11.75 12.36 12.47	1985 -3.6
Record 200m	D. O'DONOVAN 1 David Killeen 2 Clive Kennington 3 Mark Boland 4 John Halley	COLÁISTE AN SPIORAID NAOIMH Colaiste an Spioraid Naoimh Newtown St Flannan's St Declans Kilmacthomas	21.8 SECS 23.64 23.86 23.90 27.50	2001 -4.4
Record 400m	T. COMAN 1 James Green 2 Ben Kiely 3 William Flynn 4 Eoin Casey 5 David Kelly 6 Isaac Dineen	THURLES CBS Comeragh C.C. Tramore C.B.S. St Patricks C S Shannon Midleton CBS Douglas CS St Declans Kilmacthomas	48.3 SECS 49.77 52.94 53.82 55.05 57.20 66.72	1998
Record 800m	L. REALE 1 Dean O Croinin 2 Daragh Lynch 3 Shane Quinn 4 Eoin Casey	JOHN THE BAPTIST CS HOSPITAL Colaiste an Phiarsaigh St Flannan's De La Salle W/Ford Midleton CBS	1 MIN 50.8 SECS 1.55.88 1.58.14 1.59.53 2.06.13	2001
Record 1500m	M. CARROLL 1 Shane Quinn 2 Cullen Lynch 3 Aidan Kearney 4 Peter Hanrahan 5 Jake O'Regan 6 Alan Ryan	NORTH MONASTERY De La Salle W/Ford Douglas CS St Flannan's Douglas CS Kilkee C C Abbey CBS Tipperary	3 MIN 52.5 SECS 4.02.88 4.07.14 4.11.04 4.18.72 4.28.92 4.34.62	1990
Record 5000m	D. HEALY 1 Jake O'Regan 2 David Murphy 3 Aaron O Coigligh 4 Ian Tobin 5 Andy Linares	DOUGLAS CS Kilkee C C Midleton CBS Colaiste Na Sceilige Douglas CS St Declans Kilmacthomas	14 MIN 46.3 SECS 16.33.22 16.45.08 16.50.39 17.16.71 18.16.66	1992
Record 2000m St/Ch	B. QUINN 1 Danny Mullins 2 Mark O'Sullivan 3 Kevin Chesser	DLS WATERFORD St Goban's Bantry Bandon Grammar School Rice College Ennis	5 MIN 53.6 SECS 6.31.70 6.52.66 6.59.83	1978
Record 110m Hurdles	D. HADDOCK 1 P J Galvin 2 Eoin Synnott 3 Mel Corbett 4 Lughaidh O Mahoney 5 Alex Lai	COL. CHRÍOST RÍ Mercy Mount Hawk Coláiste Chiarain, Croom Limerick TC St Augustines C.B.S. Dungarvan	13.9 SECS 17.80 17.86 18.85 19.53 20.42	1990 -4.0
Record 400m Hurdles	P. MAHER 1 Ben Kiely 2 Lughaidh O Mahoney 3 John Power	DAVIS COLLEGE MALLOW C.B.S. Tramore St Augustines C.B.S. Tramore	53.20 SECS 56.10 60.91 62.28	2010

	4 David Kelly	Douglas CS	64.47	
Record	R. HEFFERNAN	NORTH MONASTERY	12 MINS 39 SECS	1997
3000m Walk	1 Rob O'Neill	Douglas CS	15.49.5	
	2 Eoin O Muirheartaigh	Pobalscoil Chorca Dhuibhne	17.14.8	
Record	C. Ó CRUALAÍOCH	COL. CHRÍOST RÍ	2.01 MTS	2004
High Jump	1 P J Galvin	Mercy Mount Hawk	1.90	
	2 Laurence Houlihan	St Augustines	1.70	
	3 David Hogan	Causeway C C	1.60	
Record	E.HANNON	OUR LADY'S TEMPLEMORE	7.03MTS	2007
Long Jump	1 Michael Godley	Mercy Mount Hawk	6.39	
	2 Stephen Murphy	De La Salle W/ford	6.09	
	3 Oisin Fitzpatrick	Nenagh C.B.S.	6.01	
	4 Sean Barrett	Colaiste Iosaef Kilmallock	5.70	
Record	C. O'CRONIN	NORTH MONASTERY	14.31 MTS	1974
Triple Jump	1 Sean Archer	St Declans Kilmacthomas	12.91	
	2 Michael Godley	Mercy Mount Hawk	12.76	
	3 Tomas Lapinskai	St Augustines	11.24	
	4 Jack O hOrgain	Colaiste Chriost Rí	10.68	
	5 Martin Houlihan	St Augustines	10.62	
	6 Daithi deBarra	Colaiste Chriost Rí	9.16	
Record	T. HOULIHAN	ST. AUGUSTINES	4.20 MTS	2010
Pole Vault	1 Martin Houlihan	St Augustines	3.20	
	2 Laurence Houlihan	St Augustines	3.20	
	3 David Hogan	Causeway C C	2.80	
	4 Eoghan O'Sullivan	Mercy Mount Hawk	2.60	
Record	E. LEEN	MERCY MOUNT HAWK	16.36 MTS	2002
Shot Putt	1 Diarmuid Hickey	Carrigaline CS	14.42	1
	2 Shane McAuliffe	Colaiste Treasa Kanturk	13.58	2
	3 Patrick McSweeney	Hamilton H.S.	13.28	3
	4 Jason Mullins	High School Clonmel	11.42	4
	5 Ultan Dillane	Tralee CBS	11.30	5
Record	D. MCSWEENEY	TRALEE CBS	51.75 MTS	1980
Discus	1 Diarmuid Hickey	Carrigaline CS	34.06	
	2 Shane McAuliffe	Colaiste Treasa Kanturk	32.22	
	3 Jason Mullins	High School Clonmel	31.46	
	4 Aiden O'Sullivan	P.S Sliabh Luachra	28.94	
Record	D. HAYES	ST. AUGUSTINES	54.66 MTS	1996
Javelin	1 Jaco Oosthuysen	High School Clonmel	44.12	1
	3 Sean Archer	St Declans Kilmacthomas	34.58	2
	5 Codey Kearney	Charleville CBS	26.90	3
	4 Jason Connery	Charleville CBS	24.67	4
Record	G. HALPIN	ROCKWELL	64.28 MTS	1984
Hammer	1 Patrick McSweeney	Hamilton H.S.	48.92	
	2 Aiden O'Sullivan	P.S Sliabh Luachra	42.45	
	3 Cormac O'Donnell	St Munchin's	34.91	
	4 Shane Houlihan	St Munchin's	22.24	
Record		COL. CHRÍOST RÍ	43.2 SECS	1990
Relay	1	Col an Phiarsaigh Gleann Maghair	46.47	
	2	Colaiste Chriost Rí	47.00	
	3	Pobal Scoil na Trionoide Youghal	48.19	
	4	St Augustines	50.06	

## Senior Girls

Record	A. JEFFORDS	REGINA MUNDI, CORK	11.8 SECS	1975
	A. MCSWEENEY	ST. ALOYSIUS, CARRIGTWOHILL	11.8 SECS	2001
100m	1 Sarah Lavin	Castletroy College	12.89	-6.9
	2 Leanne Fogarty	Ursuline Thurles	14.33	
	3 Emma O Gorman	Scoil Mhuire Carrick On Suir	14.44	
	4 Eadaoin Wall	Tarbert C S	14.72	
	5 Elaine Cole	Carrigaline CS	15.42	
Record	S. KELLY	MOUNT MERCY, CORK	24.1 SECS	2001
200m	1 Melina Van Der Valk	Ursuline Waterford	28.90	
	2 Margaret Mary Grace	St Marys Nenagh	29.87	
Record	S. HICKEY	MERCY, DOON	57 SECS	1997
400m	1 Jessica Neville	Mount Mercy, Cork	60.51	
	2 Christine Neville	Mount Mercy, Cork	61.62	
	3 Melina Van Der Valk	Ursuline Waterford	66.46	
	4 Margaret Mary Grace	St Marys Nenagh	67.92	
Record	S. O'SULLIVAN	COBH VS	2.10.9 SECS	1987
800m	1 Amy O'Donoghue	Villiers	2.18.85	
	2 Ann Moloney	Ursuline Thurles	2.36.18	
	3 Laura Norris	Scoil Mhuire Carrick On Suir	2.41.21	
	4 Niamh Clifford	I.S Killorglin	2.42.11	
Record	R. QUINN	URSULINE, WATERFORD	4.36.7 SECS	2001
1500m	1 Amy O'Donoghue	Villiers	4.49.89	
	2 Shannen Ryan	Coláiste Chiarain, Croom	5.14.82	
Record	P. LOGAN	ST. NESSANS, LIMERICK	10.07.4 SECS	1985
3000m	1 Imogen Cotter	Ennis C C / Gaelcholaiste an Chlar	11.05.90	
	2 Rachel Hawker	Pobal Scoil Inbhear Scéine	11.07.42	
	3 Harriet Flynn	St Patricks C S Shannon	11.12.08	
	4 Shannen Ryan	Coláiste Chiarain, Croom	11.18.98	
	5 Grace Lynch	Colaiste na Sceilige Caheciveen	11.35.79	
	6 Catherine Devaney	Laurel Hill Secondary School	12.02.44	
Record	O. BURKE	FCJ, LAUREL HILL	14.1 SECS	1984
	E. MURPHY	ST. MARY'S, NENAGH	14.1 SECS	1991
100m Hurdles	1 Sarah Lavin	Castletroy College	15.42	-3.3
	2 Ailbhe Courtney	Presentation Tralee	16.81	
	3 Lisa Houlihan	St Augustines	18.28	
Record	K. SHEEHAN	URSULINE, WATERFORD	60.55 SECS	2008
400m Hurdles	1 Megan Kiely	Ursuline Waterford	61.88	
	2 Ailbhe Courtney	Presentation Tralee	63.15	
	3 Christine Neville	Mount Mercy, Cork	64.22	
Record				
3000m Walk	1 Marie Costello	Borrisokane C.C.	16.54.8	
Record	A. NEVIN	PRESENTATION, LIMERICK	1.72 MTS	1984
	J. STOKES	NEWTOWN	1.72 MTS	1984
High Jump	1 Claire Collins	Ard Scoil Na nDeise	1.60	
	2 Sorcha Murphy	Stella Maris	1.55	
	3 Amy Phelan	Mercy Mount Hawk	1.50	
	4 Leanne Herlihy	St Augustines	1.40	
Record	C. INGERTON	CRIST KING, CORK	6.00 MTS	1991
	K.PROPER	ST.PAULS WATERFORD	6.00 MTS	2007
Long Jump	1 Sinead O'Connor	Presentation Tralee	5.32	

	2 Caroline Murnane	Christ King, Cork	4.70	
	3 Sile Mc Grath	Ursuline Waterford	3.99	
Record	A. BARTLEY	SCOIL MHUIRE CARRICK	11.13 MTS	2009
Triple Jump	1 Sinead O'Connor	Presentation Tralee	10.50	
	2 Emma O Gorman	Scoil Mhuire Carrick On Suir	9.87	
	3 April Flynn	Ursuline Waterford	9.63	
	4 Eadaoin Wall	Tarbert C S	9.54	
Record	N. SAVAGE	P.S.NA TRIONOIDE YOUGHAL	3.30 MTS	2010
Pole Vault	1 Amy Phelan	Mercy Mount Hawk	2.70	
	2 Lisa Houlihan	St Augustines	2.60	
	3 Leanne Herlihy	St Augustines	2.60	
	4 Dearbhail Foley	Presentation Tralee	2.20	
Record	P. WALSH	SHM FERRYBANK	13.40 MTS	1978
Shot Putt	1 Niamh Murphy	Colaiste Choilm , Ballincollig	11.52	
	2 Zoe Scanlon	Ard Scoil Na nDeise	9.98	
	3 Megan Moynihan	St Mary's Macroom	9.81	
	4 Lynn Bradfield	Bandon Grammar School	9.66	
	5 Alanna Frataroli	Coláiste Chiarain, Croom	9.64	
Record	P. WALSH	SHM FERRYBANK	45.75 MTS	1978
Discus	1 Zoe Scanlon	Ard Scoil Na nDeise	34.33	
	2 Niamh Murphy	Colaiste Choilm , Ballincollig	30.23	
	3 Lynn Bradfield	Bandon Grammar School	26.72	
	4 Sarah Healy	Ursuline Thurles	26.63	
Record	B. WALSH	FCJ, LAUREL HILL	41.16 MTS	1983
Javelin	1 Jenny Murphy	St Marys Mallow	33.06	
	2 Alanna Frataroli	Coláiste Chiarain, Croom	24.97	
	3 Kimmy Moroney	Scoil Mhuire Carrick On Suir	22.00	
Record	R. AKERS	SCARIFF CC	50.92 MTS	2002
Hammer	1 Cara Kennedy	C.T.I. Waterford	53.87	NR
	2 Megan Moynihan	St Marys Macroom	41.30	
	3 Mairead O'Neill	Colaiste Treasa, Kanturk	41.10	
	4 Ciara Scanlon	Ard Scoil Na nDeise	37.64	
Record		ST. MARY'S, NENAGH	49.7 SECS	1988
Relay	1	Presentation Tralee	53.33	
	2	I.S Killorglin	56.33	
	3	Carrigaline CS	57.61	

## Intermediate Boys

Record	D. O'DONOVAN	COL. AN SPIORAID NAOIMH	11.0 SECS	2000
	S. REIDY	CRESCENT CC	11.0 SECS	1972
	C. HADDOCK	COL CHRIOST RI	11.0 SECS	1989
	T. DUNNE	THURLES CBS	11.0 SECS	1994
100m	1 Greg O'Shea	Crescent College Comp SJ	11.81	-3.8
	2 Cormac Lynch	St Flannan's	12.15	
	3 Alan O Nuallain	Colaiste Chriost Rí	12.28	
	4 Darren Lee	CBC Cork	12.41	
	5 Jack Donovan	St Josephs Borrisoleigh	12.42	
Record	D. COUGHLAN	HAMILTON H.S. BANDON	21.6 SECS	1999
200m	1 Greg O'Shea	Crescent College Comp SJ	23.93	-5.3
	2 Cormac Lynch	St Flannan's	25.23	
	3 Oche Ogbene	Colaiste Chriost Rí	25.71	
	4 Aaron O'Mathuna	Colaiste an Phiarsaigh	25.91	
	5 Stephen Mc Mahon	St Augustines	26.32	
Record	C. OWENS	GLANMIREC.C.	50.33 SECS	2007
400m	1 Robert O'Halloran	Rochestown College	53.57	
	2 Jack Donovan	St Josephs Borrisoleigh	54.62	
	3 Art O'Connor	Castletroy College	54.77	
	4 Eamonn Chesser	Rice College Ennis	55.93	
	5 Solemon Adebisi	Patrician Academy Mallow	56.63	
	6 Jake Inglis	MICC Dunmanway	57.97	
Record	D. MCCARTHY	ST. AUGUSTINE'S	1.53.9 SECS	2005
800m	1 David Kavanagh	Mercy Mount Hawk	2.06.18	
	2 Eamonn Chesser	Rice College Ennis	2.07.48	
	3 Billy Murphy	Douglas CS	2.07.85	
	4 Jake Inglis	MICC Dunmanway	2.11.16	
	5 Niall Reidy	Castletroy College	2.12.14	
	6 Peter Daunt	Ashton School	2.16.15	
	7 Sean Breathnach	Colaiste Chriost Rí	2.35.07	
Record	F. O'MEARA	ST. MUNCHINS	4 MINS 0.1 SECS	1977
1500m	1 Criostoir Mintern	Colaiste Chriost Rí	4.17.31	
	2 Kyle Larkin	Ardcoil Rís	4.20.16	
	3 James Murphy	High School Clonmel	4.28.56	
	4 Eoin Bourke	Douglas CS	4.47.76	
Record	J. MURRAY	RATHLUIRC CBS	8 MINS 38.0 SECS	1989
3000m	1 Sean Tobin	High School Clonmel	8.53.37	
	2 Ian O hAirtneid	Colaiste Daibheid, Corcaigh	9.14.32	
	3 Cillian O Donovan	Colaiste na Sceilige Caheciveen	9.35.60	
	4 Reece Maher	High School Clonmel	9.50.92	
	5 Robert Purcell	St Michaels Listowel	10.37.67	
	6 Alan Slattery	De La Salle W/ford	10.51.16	
Record	E. BOURKE	ST. JOSEPH'S, BORRISOLEIGH	4 MINS 22.89 SECS	1988
1500m St/Ch	1 Michael Carey	High School Clonmel	4.35.90	
	2 Kyle Larkin	Ardcoil Rís	4.44.07	
	3 Philip Crowley	Glanmire CC	4.55.67	
	4 David O'Keefe	Boherbue CS	5.03.57	
	9 Dylan Carey	Tralee CBS	5.26.33	
	5 Evan Egan	High School Clonmel	5.30.81	
	6 Stephen Holland	Ard Scoil Phobail Bheanntaí	5.40.79	
Record	D. SHEEHAN	ST. MUNCHINS	13.3 SECS	1988
100m Hurdles	1 Eoghan Courtney	Mercy Mount Hawk	15.75	-3.3
	2 Shane Howard	Colaiste An Craoibhín Fermoy	16.17	
	3 Gary Bateman	St Munchin's	16.51	

	4	John O Brien	SMGS Blarney	17.25	
	5	Luke Sheehan	St Augustines	18.48	
	6	Caoimhain Garcia	Colaiste Chriost Rí	30.12	
Record		B. LONG	NENAGH CBS	55.4 SECS	1992
400m Hurdles	1	Eoghan Courtney	Mercy Mount Hawk	60.65	
	2	Dan Finnerty	St Anne's C C Killaloe	63.84	
	3	Gary Bateman	St Munchin's	64.45	
	4	Nigel Kennington	Newtown	65.10	
	5	Thomas Varadi	Our Lady's Templemore.	65.84	
	6	Aidan Smith	Tramore C.B.S.	70.44	
Record		J. COSTIN	DUNGARVAN CBS	8 MINS 50 SECS	1993
2000m Walk	1	Lucas hici	Colaiste Chriost Rí	10.10.9	
	2	Fergal Conlon	St Joseph's Tulla	11.14.0	
	3	Seamus McMahon	St Caimin's	11.32.5	
	4	Brian O Concubhair	Colaiste Chriost Rí	12.47.7	
	5	Ciarán Dee	C.B.S. Dungarvan	13.50.5	
Record		M. HEALY	POBALSCOIL NA TRIONOIDE	1.94 MTS	2008
High Jump	1	David Cussen	Colaiste na Sceilige Caheciveen	1.85	
	2	Alan O Nolain	Colaiste Chriost Rí	1.70	
	3	Tom Hennessy	St Mary's Newport	1.65	
	4	Caoimhain Garcia	Colaiste Chriost Rí	1.65	
	5	Lee Curley	Pobal Scoil na Trionoide	1.60	
Record		T. DUARTE	DLS MACROOM	6.60 MTS	1991
Long Jump	1	Eric Stam	Colaiste Choilm	6.47	
	2	Eoin O'Carroll	Mercy Mount Hawk	6.41	
	3	David Cussen	Colaiste an Spioraid Naoimh	6.07	
	4	Dan Finnerty	St Anne's C C Killaloe	5.88	
	5	Shane Howard	Colaiste An Craoibhín Fermoy	5.71	
	6	Luke Sheehan	St Augustines	5.45	
	7	Thomas Varadi	Our Lady's Templemore	5.17	
Record		G. MCLOUGHLIN	COBH VS	13.84 MTS	1975
Triple Jump	1	Eoin O'Carroll	Mercy Mount Hawk	12.83	
	2	Brian Cathasaigh	Colaiste Chriost Rí	12.01	
	3	Emmanuel Ogbonna	Tramore C.B.S.	11.94	
	4	Michael Grimes	Mercy Mount Hawk	11.57	
	5	Kevin Nyhan	Kinsale Commuinty School	11.47	
	6	Ciarán Dee	C.B.S. Dungarvan	9.18	
Record		M. SHERIDAN	ROCKWELL	4.06 MTS	1982
Pole Vault	1	Jonthan Foley	Pres Miltown	3.20	
	2	Conor Kavanagh	St Augustines	3.00	
	3	Lee Curley	Pobal Scoil na Trionoide Youghal	3.00	
	4	Alan Mc Mahon	St Augustines	2.80	
	5	Michael Grimes	Mercy Mount Hawk	2.40	
Record		E. LEEN	ST. MARY'S, MOYDERWELL	18.36 MTS	2001
Shot Putt	1	Colin Kingston	Bandon Grammar School	12.72	
	2	Jack Boland	Glenstal	11.73	
	3	Shane Kenneally	St Augustines	11.45	
	4	Michael Lynch	St Caimin's	11.34	
	5	Nollag Brophy	Carrick C. B.S.	11.13	
	6	Peter O'Brien	Causeway C C	11.13	
	7	Sean Kelly	Our Lady's Templemore	10.57	
	8	Conchur O Foghlu Eilis	Ennis C C & Gael Cholaiste an Clar	10.39	
	9	Andrew McCarthy	P.S Sliabh Luachra	9.81	
	10	Robert O'Sullivan	Bandon Grammar School	9.75	
Record		F. O'BRIEN	DUNGARVAN CBS	49.42 MTS	1980

Discus	1	Andrew McCarthy	P.S Sliabh Luachra	34.61	
	2	Calvin Sullivan	St Clement's	32.17	
	3	Colin Kingston	Bandon Grammar School	31.18	
	4	Shane Kenneally	St Augustines	30.66	
	5	Ezra Nugent	St Munchin's	29.87	
	6	Jamie Walsh	St Augustines	29.47	
	7	Brendan Keohane	Bandon Grammar School	20.29	
	8	Michael Lynch	St Caimin's	18.52	
Record Javelin	1	Eoin Ryan	St Mary's Newport	43.05	
	2	Albrecht Plettenberg	Glenstal	37.19	
	3	Rob O'Sullivan	Bandon Grammar School	36.92	
	4	Darren O Liathain	Colaiste Chriost Rí	33.44	
	5	Sean Tobin	High School Clonmel	31.92	
	6	Eric Stam	Colaiste Choilm	30.18	
	7	Nollag Brophy	Carrick C.B.S.	29.08	
Record Hammer		G. HALPIN	ROCKWELL	64.10 MTS	1982
	1	Peter O'Brien	Causeway C C	39.96	
	2	Pól Ó'Coighligh	Colaiste Chriost Rí	30.38	
	3	Brendan Dunne	Causeway C C	30.24	
	4	Seamus McMahon	St Caimin's	26.65	
	5	James Hefferan	C.B.C Cork	23.69	
Record Relay			THURLES CBS	44.2 SECS	1994
	1		Castletroy College	46.62	
	2		Mercy Mount Hawk	46.81	
	3		Colaiste Chriost Rí	47.26	
1 mile (U16)	1	David Kavanagh	Mercy Mount Hawk	4.54.11	
	2	Tom Hennessy	St Mary's Newport	5.01.04	
	3	Alan Ring	Douglas CS	5.04.15	
	4	Brendan Couch	Douglas CS	5.12.88	
	5	Michael Behan	St Declans Kilmacthomas	5.26.64	
	6	David Whitaker	Ashton School		
	7	Styn Vander Wal	High School Clonmel		

## Intermediate Girls

Record	F. KELLY	ST. NESSANS	11.7 SECS	1990
100m	1 Gráine Moynihan	St Mary's Macroom	12.71	-2.9
	2 Marie Heelan	John the Baptist Hospital	12.82	
	3 Phil Healy	Col. na Toirbhirte, Bandon	12.85	
	4 Jessica Sheehan	Kinsale Community School	12.98	
	5 Siobhan Whelan	Presentation Waterford	13.87	
	6 Aine Phelan	Ursuline Thurles	14.33	
	7 Aoife Meaney	Scoil Mhuire Carrick On Suir	14.68	
Record	A. JEFFORDS	REGINA MUNDI, CORK	24.4 SECS	1973
200m	1 Ciara Giles Doran	Mercy Waterford	25.98	-3.8
	2 Phil Healy	Col. na Toirbhirte, Bandon	26.66	
	3 Lynn O'Mara	Gaelcholáiste Luimnigh	28.72	
	4 Aoife Meaney	Scoil Mhuire Carrick On Suir	30.68	
	5 Abigail Ryan	Loreto Clonmel	32.66	
Record	G. MOYNIHAN	ST NATY'S MACROOM	40.02 SECS	2010
300m	1 Gráine Moynihan	St Mary's Macroom	40.15	
	2 Stephanie Carroll	Laurel Hill Secondary School	41.72	
	3 Niamh Markham	St Flannan's	41.97	
	4 Roisin Cleary	Pres Clonmel	44.73	
	5 Megan O'Brien	Loreto Clonmel	46.47	
	6 Lydia O'Connor	Colaiste Choilm	46.78	
Record	E. O'SHEA	ST. MARY'S CHARLEVILLE	2 MINS 12.8 SECS	1997
800m	1 Jessica Coyne	Crescent College Comp SJ	2.19.97	
	2 Niamh Markham	St Flannan's	2.23.53	
	3 Roisin Cleary	Pres Clonmel	2.25.38	
	4 Rachel O'Shea	Beara CS	2.32.55	
	5 Nicole Rowe	Gael Cholaiste Phort Lairge	2.39.08	
	6 Aisling Hanrahan	Regina Mundi Cork	2.42.54	
Record	C. CRONIN	ABBEY C.C.	4 MINS 37.67 SECS	2006
1500m	1 Jessica Coyne	Crescent College Comp SJ	5.09.68	
	2 Claire Horgan	Loreto Clonmel	5.27.39	
	3 Jean O'Sullivan	St Mary's Macroom	5.39.09	
	4 Orlaith Deering	St Marys Nenagh	5.54.26	
	5 Meabh Hogan	Coláiste Muire Ennis	6.05.98	
	6 Michelle McCarthy	St Mary's Macroom	6.25.53	
Record	P. LOGAN	ST. MARY'S, LIMERICK	9.57.6 SECS	1982
3000m	1 Brona Croke	Crescent College Comp SJ	11.13.1	
	2 Jean Clancy	St Michael's Kilmihil	11.27.5	
	3 Bronagh Kearns	Abbey C.C.	11.46.1	
	4 Brigid Dennehy	Colaiste na Sceilige Caheciveen	12.00.6	
	5 Laura Tobin	Loreto Clonmel	12.31.1	
	6 Helena Noonan	Loreto Fermoy	13.20.4	
Record	O. BURKE	FCJ, LAUREL HILL	10.9 SECS	1983
80m Hurdles	1 Lilly Ann O'Hora	Crescent College Comp SJ	12.36	-4.9
	2 Aileen Hurley	Loreto, Fermoy	13.04	
	3 Hannah Ryan	Mercy Mount Hawk	14.45	
	4 Niamh Clark	St Augustines	15.87	
Record	K. SHEEHAN	URUSULINE WATERFORD	43.01 SECS	2006
300m Hurdles	1 Ciara Giles Doran	Mercy Waterford	43.81	
	2 Caroline Hickey	Laurel Hill Secondary School	49.01	
	3 Louise O'Connor	Mercy Mount Hawk	49.65	
	4 Brid Brosnan	Ursuline Waterford	50.06	
Record	K VEALE	ST. AUGUSTINES	8 MINS 50.2 SECS	2009

2000m Walk	1 Siobhan Hennessy 2 Aoife Kiely	Ursuline Thurles Ard Scoil Na nDeise	12.01.7 13.42.9	
Record High Jump	A. CROKE 1 Aisling Croke 2 Laura Connors 3 Christina McGrath	CRESCENT Crescent College Comp SJ Ard Scoil Na nDeise Loreto, Fermoy	1.70 MTS 1.65 1.45 1.35	2010
Record Long Jump	N. MORRISSEY 1 Marie Heelan 2 Anna Rodgers 3 Rachel O'Shea 4 Darragh McDonnell 5 Shauna Dunphy 6 Áine Humphreys	ST. MARY'S, NENAGH John the Baptist Hospital Stella Maris Tramore Beara CS Tarbert C S Scoil Mhuire Carrick On Suir SMGS Blarney	5.88 MTS 5.52 5.23 5.03 4.87 3.92 3.35	1982
Record Triple Jump	J.BARR 1 Jessica Sheehan 2 Niamh Clark 3 Carol Berkery 4 Elaine Courtney 5 Brid Brosnan 6 Lorraine Copithorne 7 Alice Haesy 8 Aine Power 9 Sarah O'Farrell 10 Rachel Dennesen	URUSULINE WATERFORD Kinsale Community School St Augustines St Mary's Newport St Brigids Killarney Ursuline Waterford Bandon Grammar School St Augustines Ard Scoil na nDeise Colaiste Chiarain, Croom Presentation Tralee	11.00 MTS 10.78 10.23 9.70 9.64 9.58 9.42 9.24 8.95 8.75 8.31	2006
Record Pole Vault	S. BRACKETT L. HOULIHAN 1 Una Marley 2 Katie O'Riordan 3 Clodagh Ryan 4 Maggie O'Neill	ST. AUGUSTINES ST. AUGUSTINES Mercy Mount Hawk Presentation Tralee St Augustines St Augustines	2.70 MTS 2.70 MTS 2.60 2.40 2.20 2.10	2005 2009
Record Shot Putt	C. FITZGERALD 1 Laura McSweeney 2 Kate Boyd 3 Dawn Perrott 4 Eimear Bartley 5 Olivia Keoghan 6 Fiona Duggan 7 Una Mc Grath	PRESENTATION TRALEE Col. na Toirbhirte, Bandon Mercy Mount Hawk St Mary's Mallow Scoil Mhuire Carrick On Suir Abbey C.C. Col. na Toirbhirte, Bandon Ard Scoil Na nDeise	12.34 MTS 11.34 9.16 8.65 8.43 8.10 7.74 7.22	2008
Record Discus	C.FITZGERALD 1 Hannah O'Sullivan 2 Kate Hickey 3 Fiona Duggan 4 Olivia Keoghan	PRESENTATION TRALEE Boherbue CS St Declans Kilmacthomas Col. na Toirbhirte, Bandon Abbey C.C.	42.11 MTS 31.88 29.05 24.18 19.27	2008
Record Javelin	C.FITZGERALD 1 Patricia Curtin 2 Kate Boyd 3 Caroline Morgan 4 R. Denneson 5 Laura Kelly	PRESENTATION TRALEE Pobalscoil na Trionoide Youghal Mercy Mount Hawk St Mary's Nenagh Pres. Tralee Colaiste Chiarain, Croom	36.22 MTS 23.80 23.14 21.83 19.66 10.80	2007
Record Hammer	R. AKERS 1 Laura McSweeney 2 Louise Flynn 3 Caroline Morgan 4 Kerri O'Shea 5 Shannon Lowe	SCARIFF CC Col. na Toirbhirte, Bandon Presentation Miltown St Mary's Nenagh Causeway C C Causeway C C	46.82 MTS 43.52 31.52 28.93 18.27 15.63	2001

Record		URSULINE WATERFORD	50.12 SECS	2005
Relay	1	Laurel Hill Secondary School	51.20	
	2	Crescent College Comp SJ	51.49	
	3	Loreto Fermoy	53.65	
	4	Scoil Mhuire Carrick On Suir	53.99	
	5	Bandon Grammar School	58.46	
1 mile	1	Molly Lynch	5.46.22	
(U16)	2	Aoife Laste	5.52.13	
	3	Lulu Keane	6.00.00	
	4	Lucy O Brien	6.10.48	
	5	Eimear Columby	6.39.58	

## Junior Boys

Record 100m	B. MCGILTON 1 Mark Varley 2 Jack Daly 3 Michael Quilligan 4 Adam Barrett 5 Danny Healy	MERCY MOUNT HAWK Crescent College Comp SJ Midleton CBS Nenagh C.B.S. Tralee CBS IS Killorglin	11.41 SECS 12.31 12.70 12.78 12.85 13.09	2005 -3.6
Record 200m	C. HANNON P. COLLINS 1 Mark Varley 2 Seamie Fennell 3 Danny Healy 4 Barrett Sills	OUR LADY'S TEMPLEMORE MAYFIELD CS Crescent College Comp SJ St Augustines IS Killorglin C.B.S. Tramore	23.2 SECS 23.2 SECS 24.80 25.20 25.90 27.30	2000 1996 -5.4
Record 800m	P. GRANT 1 Nesson Guilfoyle 2 Tom O Suilleabhain 3 Dale O Conduin 4 Ben Buttimer 5 Jack O'Mahoney 6 Ethan Mudge 7 Tholm Reddy	MOUNT SION CBS CBC Cork Pobalscoil Chorca Dhuibhne Colaiste Chriost Rí Our Lady's Templemore Douglas CS John the Baptist Hospital C.B.S. Dungarvan	2 MINS 02.1 SECS 2.14.12 2.15.96 2.18.85 2.19.51 2.21.13 2.25.79 2.25.81	1998
Record 1500m	S. QUINN 1 Liam Haonghusa 2 Eoin Brown 3 Mark O'Callaghan 4 Adam Curley 5 Hugh Morgan	DLS WATERFORD Colaiste Chriost Rí C.B.S. Dungarvan St Clements Pobal Scoil na Trionoide De La Salle W/ford	4.11.06 4.31.65 4.44.49 4.51.22 5.05.92	2007
Record 80m Hurdles	C. HADDOCK 1 Ben Clancy 2 Michael Quilligan 3 Jack Murphy 4 David Garry	CO. CHRIOST RI Glenstal Nenagh C.B.S. CBC Cork Castletroy College	11.2 SECS 13.19 13.21 13.45 14.32	1988 -4.4
Record 1200m Walk	E. LYNCH 1 Aaron Egan 2 Dale O Conduin 3 Anthony Tobin 4 Sam Nagle	GAEL CHOLAISTE CHEITINN High School Clonmel Colaiste Chriost Rí High School Clonmel Carrigaline CS	5 MINS 06.44 SECS 5.43.9 6.09.5 6.15.4	2010
Record High Jump	A. BURKE 1 Sam Healy 2 Fintan Shaughnessy 3 Sean Whittle 4 Damon Gregory	CRESCENT CC Carrigaline CS Bandon Grammar School De La Salle W/Ford High School Clonmel	1.75 MTS 1.70 1.55 1.50 1.50	1990
Record Long Jump	T.HARRINGTON 1 Sam Healy 2 Fintan Shaughnessy 3 Barry Nash 4 Darren Prout 5 Matt Clancy Damon Gregory	KINSALE C.S. Carrigaline CS Bandon Grammar School Castletroy College Pres. Ballingarry Mercy Mount Hawk High School Clonmel	6.47MTS 5.72 5.40 5.28 5.22 4.82	2005
Record Triple Jump	N. MCCARTHY 1 Darren Prout 2 Denis Cosgrove 3 Neil Murphy 4 Kevin O Dywer	ST. MUNCHINS Pres Ballingarry Mercy Mount Hawk C.B.S. Tramore De la Salle, Macroom	14.31 MTS 10.75 9.28 9.08 9.05	1976

	5 Paddy Bartley	C.B.S. Carrick	8.79	
	6 Max Kanau	Colaiste Chriost Rí	8.55	
	7 Brian O Ceirin	Colaiste Chriost Rí	8.43	
	8 B O'Keeffe	Tralee CBS	8.29	
Record	M. SHERIDAN	ROCKWELL	4.06 MTS	1982
Pole Vault	1 Ciaran O'Neill	St Augustines	2.80	
	2 Seamie Fennell	St Augustines	2.40	
	3 Matt Clancy	Mercy Mount Hawk	2.20	
Record	F. O'BRIEN	DUNGARVAN CBS	15.11 MTS	1979
Shot Putt	1 Eoin Hanrahan	St Flannan's	12.71	
	2 Benny Healy	St Fanahans Mitchelstown	11.98	
	3 Ben Clancy	Glenstal	10.10	
	4 Oskar Naborczyk	Tralee CBS	10.02	
	5 Conor Sheehan	St Augustines	9.99	
	6 Patrick O Dwyer	C.B.S. Dungarvan	8.19	
Record	F. O'BRIEN	DUNGARVAN CBS	50.24 MTS	1979
Discus	1 Eoin Hanrahan	St Flannan's	34.91	
	2 Benny Healy	St Fanahans Mitchelstown	29.49	
	3 Josh Rockett	St Augustines	27.13	
	4 Jamie O'Connor	SMGS Blarney	23.87	
	5 Jamie Mc Kelvie	St Augustines	19.91	
Record	C. BOWE	WATERPARK COLLEGE	47.85 MTS	1999
Javelin	1 Shane O'Neill	St Fachtnas Skibbereen	34.50	
	2 Bobby Smith	Bandon Grammar School	29.42	
	3 Johan Oosthuyen	High School Clonmel	26.55	
	4 Adam Curley	Pobal Scoil na Trionoide	25.97	
Record	D. FLYNN	ROCKWELL	51.70 MTS	1983
Hammer	1 Adam King	Colaiste na Sceilige Caheciveen	51.50	
	2 Peter Meyer	St Munchin's	31.21	
	3 Josh Rockett	St Augustines	29.91	
	4 Tomás O'Neill	Scoil Mhuire, Kanturk	27.07	
	5 Sean Downes	St Munchin's	22.73	
	6 Michael O Donoghue	St. Joseph Borrisoleigh	17.58	
Record		TRALEE CBS	47.4 SECS	1980
Relay	1	Castletroy College	49.64	
	2	St Augustines	49.73	
	3	Carrigaline CS	49.86	
	4	Midleton CBS	49.99	

## Junior Girls

Record 100m	L. SYMONS 1 Roisin Harrison 2 Niamh Mc Nicol 3 Fiona Ni She 4 Alison Bourke 5 Sinead Mulcahy 6 Zoe Lynch 7 Rachel O Shea	REGIN MUNDI Villiers Stella Maris Tramore Laurel Hill Coláiste St Angelas, Cork Col. na Toirbhirte, Bandon Scoil Mhuire Carrick On Suir Stella Maris Tramore	12.1 SECS 13.28 13.96 13.97 14.04 14.06 14.44 14.52	1990 -4.7
Record 200m	M. FLEMING 1 Roisin Harrison 2 Sinead Mulcahy 3 Caoimhe Mc Grath 4 Niamh Rowe 5 Lydia Kennelly 6 Leanne Prout 7 Aileen Corkery 8 Ciara Houston	ST. MARY'S, MIDDLETON Villiers Col. na Toirbhirte, Bandon St Augustines Mercy Waterford Colaiste na Trocaire Rathkeale Pres Ballingarry St Marys Macroom Bandon Grammar School	24.7 SECS 26.57 28.14 28.15 28.23 28.87 29.51 30.28 31.57	1975 -4.6
Record 800m	C. CRONIN 1 Louise Shanahan 2 Eileen Rafter 5 Orla Queally 3 Sarah Lanigan 4 Heather O Leary	ABBEY C.C. Scoil Mhuire, Cork Ursuline Thurles Stella Maris Tramore Colaiste na Trocaire Rathkeale Ursuline Waterford	2.11.77 2.22.42 2.23.58 2.23.83 2.28.54 2.32.11	2005
Record 1500m	P. SHEEHAN 1 Aisling Quinn 2 Bella Sherlock 3 Niamh Cotter 4 Ciara Cummins 5 Meave Ahern 6 Nodlaig Blake	SMGS BLARNEY Ursuline Waterford Bandon Grammar School Ardscoil Phobal Bheantraí Ursuline Thurles Loreto, Fermoy St Michael's Kilmihil	4 MINS 38.0 SECS 4.57.01 4.58.72 5.03.12 5.03.93 5.24.61 5.27.96	1996
Record 75m Hurdles	K. SHEEHAN 1 Jane Pennefather 2 Kelly Meade 3 Clodagh O'Mahony 4 Kelly Anne Doyle 5 Vanessa Ogbonna	URSULINE, WATEFORD Carrigaline CS Ursuline Waterford Laurel Hill Coláiste Scoil Mhuire Carrick On Suir Stella Maris Tramore	11.48 SECS 12.49 12.82 12.92 13.20 17.04	2004 -3.7
Record 1200m Walk	1 Tara Lacey 2 Sarah Ryan 3 Maggie Delahunty 4 Roisin O'Malley	Abbey C.C. St Josephs Borrisoleigh Abbey C.C. St Josephs Secondary School Doon	6.25.2 6.39.9 6.39.9	
Record High Jump	B. HALLISSEY 1 Neassa Murphy 2 Grace McKenzie 3 Kellie Meade 4 Courtney Ryan 5 Jo Burke 6 H Curley 7 Nadine Murphy 8 Lauren Kennelly	SHM FERRYBANK Stella Maris Tramore Col Muire, Crosshaven Ursuline Waterford Mercy Mount Hawk Pobalscoil na Trionoide Youghal Pobalscoil na Trionoide Youghal Mount Mercy, Cork IS Killorglin	1.61 MTS 1.50 1.45 1.45 1.40 1.35 1.30 1.30 1.20	1983
Record Long Jump	K. SHEEHAN 1 Fiona Ni She 2 Jenna Bromell 3 Niamh Giles Doran	URSULINE, WATEFORD Laurel Hill Coláiste Castletroy College Mercy Waterford	5.66 MTS 5.07 4.89 4.76	2004

	4 Rachel O Shea	Stella Maris Tramore	4.50	
	5 Aisling O'Donnell	St Anne's C C Killaloe	4.35	
Record	M. TROY	ST. AUGUSTINE'S	10.30 MTS	1996
Triple Jump	1 Liz Devine	St Augustines	9.50	
	2 Deirbhle Ni Riain	Gaelcholáiste Luimnigh	9.35	
	3 Emma Young	Bandon Grammar School	9.01	
	4 Colleen Nevin	St Marys Nenagh	8.77	
	5 Emily Walsh	Scoil Mhuire Carrick On Suir	8.57	
	6 Ellen Finnerty	St Anne's C C Killaloe	8.10	
Record	S. BRACKETT	ST. AUGUSTINE'S	2.30 MTS	2004
Pole Vault	1 Kayleigh Cronin	St Brigids Killarney	2.70	NR
	2 Sarah Keoghan	St Augustines	2.30	
	3 Megan Dunford	St Augustines	2.20	
	4 Rachel Murphy	Mercy Mount Hawk	1.70	
Record	C. FITZGERALD	PRESENTATION TRALEE	12.92 MTS	2006
Shot Putt	1 Vanessa Ogonna	Stella Maris Tramore	9.52	
	2 Grace McKenzie	Col Muire, Crosshaven	9.30	
	3 Ciara McCarthy	Christ King, Cork	9.00	
	4 Aisling Kelleher	St Mary's Macroom	7.85	
	5 Ellen Finnerty	St Anne's C C Killaloe	7.85	
Record	C.FITZGERALD	PRESENTATION TRALEE	36.72 MTS	2006
Discus	1 Kayleigh Cronin	St Brigids Killarney	37.87	NR
	2 Zoe Lynch	Scoil Mhuire Carrick On Suir	21.60	
	3 Aoife Vaughan Witts	Borrisokane C.C.	21.00	
	4 Sally Smith	Bandon Grammar School	20.37	
Record	B. WALSH	FCJ LAUREL HILL	36.00 MTS	1980
Javelin	1 Alice Akers	Scariff C C	32.49	
	2 Rita Casey	St Brigids Killarney	29.11	
	3 Emily Walsh	Scoil Mhuire Carrick On Suir	27.57	
	4 Lauren O'Mahony	St Mary's Midleton	21.85	
Record	A. AKERS	SCARIFF CC	45.65 MTS	2010
Hammer	1 Alice Akers	Scariff C C	50.01	NR
	2 Rita Casey	St Brigids Killarney	36.66	
	3 Aoife Vaughan Witts	Borrisokane C.C	32.12	
	4 Cadhla Mc Grath	St Augustines	26.06	
	5 Jamie Mullins	Causeway C C	25.11	
	6 Liobhain O'Callaghan	St Brigids Killarney	18.60	
Record		ST. MARY'S, NENAGH	51.1 SECS	1978
Relay	1	Colaiste na Trocaire Rathkeale	52.93	
	2	St Augustines	53.70	
	3	Stella Maris, Tramore	53.81	
	4	St Angelas, Cork	54.32	
	5	St Marys Macroom	55.04	

## Minor Boys

100m	1	Eili Kadi	Carrigaline CS	12.78	-2.9
	2	Joey Heney	Bandon Grammar School	13.06	
	3	Jamie Bergin	Our Lady's Templemore	13.18	
	4	Bill Floyd	St Anne's C C Killaloe	13.41	
	5	Charlie Gavin	Glenstal	13.68	
	6	Darragh Shelly	Carrick C.B.S.	14.23	
800m	1	Lucas O hOrgain	Colaiste Chriost Rí	2.16.54	
	2	Josh Ward	Ashton School	2.18.26	
	3	Aaron Vogaloar	Newtown	2.19.15	
	4	Patrick Cleary	High School Clonmel	2.21.50	
	5	Billy Hennessy	CBC Cork	2.27.55	
	6	Jonathan Crowley	De La Salle W/Ford	2.28.12	
	7	Kevin Mulcaire	St Flannan's	2.29.23	
Long Jump	1	Darragh Shelly	Carrick C.B.S.	5.00	
	1	Jack Murphy	CBC Cork	5.00	
	1	Ciarán Crowley	Colaiste an Spiorard Naoimh	5.00	
	4	Oisín O'Reilly	Colaiste Iosaef Kilmallock	4.94	
	5	Liam O Conner	C.B.S. Dungarvan	4.53	
	6	Luke Grimes	Tramore C.B.S.	4.42	
Shot Putt	1	Seadnigh Smith	Midleton CBS	11.30	
	2	Rian O Dorgain	Colaiste Chriost Rí	10.51	
	3	Adam Carey	C.B.S. Dungarvan	10.19	
	4	Jamie Mc Kelvie	St Augustines	9.00	
	5	Paul Kozakiewz	St Clement's	9.00	
	6	John Jeffison	Newtown	8.32	
	7	Aidan Coakley	PS Inbhear Scéine	8.32	
Relay	1		Bandon Grammar School	52.51	
	2		Colaiste Chriost Rí	52.71	
	3		Ashton School	53.91	
	4		C.B.S. Carrick On Suir	54.06	
	5		Glenstal	56.23	

## Minor Girls

100m	1	Phoebe Murphy	Loreto Clonmel	13.76	-4.0
	2	Orna Foley	Presentation Tralee	14.03	
	3	Laura McCarthy	St Angelas, Cork	14.77	
	4	Aiofe Madden	St Aloysius Carrigtwohill	15.25	
800m	1	Niamh Casey	Mercy Waterford	2.23.96	
	2	Laura Costello	Ursuline Thurles	2.28.41	
	3	Jennifer Hennessy	St Mary's Midleton	2.28.73	
	4	Laura Hallissey	Pobail Scoil Inbhear Sceine	2.30.97	
	5	Aoife De Largey	Ursuline Thurles	2.36.04	
	6	Fiona Kavanagh	Mercy Mount Hawk	2.43.04	
Long Jump	1	Aoife Harrison	Ursuline Waterford	4.75	
	2	Orna Foley	Presentation Tralee	4.47	
	3	Emma Hennessy	St Mary's Newport	4.32	
	4	Megan Dunford	St Augustines	4.22	
	5	E O'Callaghan	Kinsale CS	4.19	
	6	Emma Cotter	Ardcoil Phobal Bheantraí	4.17	
	7	Hilary Kelleher	Regina Mundi Cork, Cork	4.14	
	8	Paula Bateman	Colaiste Chiarain, Croom	3.95	
	9	Kelly Ann Doyle	Scoil Mhuire Carrick On Suir	3.90	
Shot Putt	1	Deirbhle Ni Riain	Gaelcholáiste Luimnigh	9.54	
	2	Ciara Mockler	Pres Thurles	8.17	
	3	Amy Foley	Mercy Waterford	7.65	
	4	Niamh Killeen	St Mary's Charleville	7.52	
	5	Jodi Cusack	Nagle Rice SS, Doneraile	6.80	
	6	Sarah Lee Desmond	Colaiste Choilm	6.14	
Relay	1		Ursuline Thurles	54.94	
	2		Scoil Mhuire Carrick On Suir	55.97	
	3		St Augustines	56.60	
	4		Presentation Tralee	56.64	
	5		St Marys Newport	58.63	
	6		Colaiste Choilm	58.95	
	7		Bandon Grammar School	59.24	
	8		St Aloysius Carrigtwohill	60.48	