

# Graded Track & Field Meetings 2010

**At An Ríocht Athletic Track Castleisland**

**Promoted jointly by An Ríocht and Gneeveguilla  
Athletic Clubs**

<b>Date &amp; Start time</b>	<b>Events for Men &amp; Women</b>
<b>Friday August 6<sup>th</sup> 7p.m.</b>	200m, 800m, 3000m, High Jump, Triple Jump, Shot, Discus
<b>Friday August 27<sup>th</sup> 7p.m.</b>	100m, 400m, 1500m, Long Jump, Pole Vault, Hammer, 56lbs for Distance, Javelin

- Track Events will be divided into separate races if necessary based on expected performance
- Entries will be on the night at € 5 per athlete
- Each athlete will receive a performance certificate
- Enquiries to :  
Denis McSweeney      087-7995647  
Tom Joe ODonoghue    087-9339087
- Results will be posted on [www.kerryathletics.com](http://www.kerryathletics.com)

**All Track Events will have Electronic Timing**