



THE Great Island

10 Mile Road Race & 4 Mile Road Race

(Achieve your PB in our fast flat 4 mile course)

Great Course, Great Challenge, Great Cause

Cancer is a word so powerful that it forces you to focus,
to prioritize and to learn fast what's important in life.

So come on people, please get involved.

Come out and run/walk on April 10th 2016.

Help us make a difference in the fight against Cancer.

100% of all money raised will go to the Irish Cancer Society.

No personal profit will be derived from this venture.

CHIP
TIMING

April 10th 2016



This year in
Ireland alone,
every 15 minutes
someone will hear
the words
"You have Cancer"



Catch us on our
Facebook Fan Page
"The Great Island
10 Mile Road Race"

Coral Leisure Centre Cobh,
have kindly offered
the use of their facilities
for a special price of €2
for all competitors.

Enjoy a Swim/Sauna/Steam
or Shower after the race.

@greatislandrace

Register online or download
an entry form from www.greatisland10.com

ENTRY FORM



THE Great Island

10 Mile Road Race & 4 Mile Road Race

For Official Use

--	--	--	--

Race Number

COBH

Email: greatislandroadrace@gmail.com Web: www.greatisland10.com

Headquarters: The Great Island Community Centre

April 10th 2016

Prizes for 1st 4 men & women in the 10 mile race and the 4 mile race,
also prizes in Master categories.

10 Mile Fee: POSTAL/ONLINE - €20 REGISTER ON THE DAY - €25

4 Mile Fee: POSTAL/ONLINE - €10 REGISTER ON THE DAY - €15

Online entries close on Tuesday 5th April 2016.

Entries taken on the day from 8.30 a.m. @ H.Q.

Surname: _____ Address: _____

First Name: _____

Age on Date of Race: _____

Date of Birth: _____

Day _____ Month _____ Year _____ Email: _____

Male ☐ Female ☐ Home Tel.: _____

AAI Club: _____ Mobile: _____

10 Mile Run (10.30am) ☐ 4 Mile Run (10.45am) ☐

POSTAL ENTRIES TO THE FOLLOWING ADDRESS:
Eamonn Crotty, Hilltop Park, Cobh, Co. Cork.

Cheques and Bank Drafts
must be made payable to The Great Island 10

Signed: _____ Date: _____