

Mizen Rovers GAA Club

10th
Anniversary

Route 2 Crook

5 Mile Road Race

(Goleen to Crookhaven)

'Most Scenic Coastal Run in Ireland'

Race
Starting
@ 11am



Under A.A.I. Permit - Assisted by Ballycotton Promotions

Sunday 16th August @ 11am

Please Note: New Starting Time

Walkers & Fun Runners - 10am start

U16's 2½ miles - 10.30am Start

**Registration on the day at Goleen Community Sports
Centre from 9am - 10.30am**

Prizes for all Categories

After race refreshments



www.mizenrovers.com

email: route2crook@gmail.com

Contact Eamonn 086 8163878 or Mary 086 3863377