

Cork County Juvenile T&F 2010

3 Whitethorn Dr.,
Station Rd.,
Blarney,
Co. Cork.
Tel. 087-2966298.

Dear Secretary,

Enclosed please find entry forms and order of events for our county championships to be held on 2nd & 16th May at C.I.T. track. U/9 to U/19 Girls & Boys will be held on both days with the Hammer competitions being held after the Discus competitions in the interest of safety. Not before 1.30 p.m. Each day's competition starts with Relays

Closing date 21st April 2010 Postal Entries
Online entries 23rd April 2010
Entry fees €1 per event €4.00 per relay team
Late entries are double fees

Please send original entry forms No photocopies

Online Entry Form (Microsoft Excel)

To download the form

1. Right click on the following link – [County Juvenile T&F Entry Forms / Relay Entry Form](#)
2. Click 'Save as' / 'Save Target as'
3. Save the File in the desired location.

Sending in Entries

1. Enter all the details on the entry forms
2. Save the file (ideally rename the file as your club name)
3. Send the file to corkaaicompsec@gmail.com as an attachment
4. If you do not receive an acknowledgement email that your entries were received, please contact the competition secretary.

Email Entries to corkaaicompsec@gmail.com. If you need assistance with online entries contact Pdraig Kelly corkathletics@gmail.com / 086 8689599

Postal Entries

Please send original entry forms No photocopies - 3 Whitethorn Dr., Station Rd., Blarney, Co. Cork.

Important Information

1. Athletes not coached in either field events or hurdles should be entered in these competitions.
2. Only competitors and officials will be allowed in the track while competitions are in progress.
3. Pole-vaulters have to supply their own poles.
4. **Athletes born between 2002-98” can only take part in four events plus relay.** There is no limit for all other athletes however they must inform officials if they are leaving one event for another, an athlete should return to the event as soon they are finished. No competition will be held up waiting for the return of same athlete.
5. Athletes should be suitably attired for the events that they are taking part in.
6. **ONLY 5mm SPIKES WILL BE ALLOWED ON THE TRACK.**
7. **Club officials should supervise athletes at all times. This year we have our new stand so please respect it .**
8. **Under no circumstance will footballs, hurleys, tennis rackets, etc. be brought in to the track complex.**
9. All athletes must wear their club colours while competing.
10. Under no circumstances will entries be taken over the phone, or on the day of competition or will substitutions be made.
11. **All athletes must be registered to compete.**
12. All fees must be sent with the entries. No fee no race or jump or throw
13. Athletes do not have to qualify for Munster Championships
14. Please read the order of events carefully as this may change slightly on the day to facilitate the smooth flow of events.
15. All clubs are asked to name and supply at least two officials to work on both days of the championship. Family members are asked to step aside this year if they have athletes taking part so officials may have to change events form time to time.
16. **All relay teams must be pre-entered and named including the sub if any.**
17. Subs must be present on the day of competition in order to receive a medal. Declaration forms will be available on the day and must be filled in before check in. Spot checks will be carried out during all competitions.
18. Three teams from county championships qualify for National. Age 12/19 Clubs who qualify & do not wish to take part in national finals should inform the secretary –this gives the next club in line a chance to take part. **Clubs must take part in County Champs to qualify.**
19. **Athletes born in 2003 may not compete in the championships**
20. **POLE VAULT WILL BE HELD FOR GIRLS U/16 –U/19 Athletes must compete in ‘A’ championships to take part in the “B” competition “B” competition and multi events will be held on 30th May**

PLEASE READ COMPETITION BOOKLET SENT BY A.A.I.

http://www.athleticsireland.ie/content/?page_id=6053//

Cameras

Anybody wishing to use a camera is asked to register the camera with the childrens officer / designee at the start of each days competition.

No photography/filming is allowed inside the competition area.

Your full assistance is appreciated in implementing this policy.

Wishing you and your club the best of luck and a prosperous championship,

Yours in sport,

Mary Meagher