

Cork County Cross Country Championships 2010

County Novice, U23 & Masters – Conna, Sunday October 9th, 12pm

County Junior & Senior – Bandon, Sunday November 6th, 12pm

County Intermediate – TBC

Closing Dates – Wednesday before Competition Day

Event: _____

Club: _____

Contact Person : _____ Phone: _____

Name	Date of Birth	Registration No.	* Masters Category

***only applicable to masters cross country championships (categories start @ over 40)**

- **Closing Date for Entries: Wednesday before the Event**
- **Entries €5 per athlete per Event, €15 per team per Event**
- **Entries to Mary Meagher, 3 Whitethorn Dr, Station Rd, Blarney, Co Cork.**
- **4 to score for a team**
 - **3 to score in Masters O50**