CORK ATHLETICS COUNTY CHAMPIONSHIPS

May 1st 2016

ORDER OF EVENTS DAY 1

Program may be brought forward

Check in 10:00am Start 10:30am

* All Long Hurdles G&B U14 - 200h, G&B U15 & U16 - 250h, G&B U17 - 300h, G&B U18 & U19 - 400h
* Steeplechase Boys & Girls U17 - U 19

Check in 11:45 CIT side

Heats of Boys and Girls U9

* Sprint Hurdles Boys and Girls U12, U13 (Heats followed by Final) Boys and Girls U14

Check in 11:45 - Sprints - Stand side

* Sprints Boys & Girls U11, U15, U17, U19 Heats
* All Semi-Finals and Finals

Check in 2:00pm

* 1500m U14, U15, U16, U17, U18, U19 Boys and Girls
* 400m Boys and Girls U17 - U19
* 500m – BU10, GU10
* 600m GUI2, BU12, GU13, BU13.

Field Events: 10:30 am Check in 10:00am

10:30 am

* 1. Javelin: BU14, BU15, BU17, BU18, BU19, BU16, BU13
  2. High Jump: BU11, BU18 , GU11, BU16, GU15, GU17, GU13, BU14, BU19
  3. Shot: GU12, GU11, GU13, GU18, GU19, GU15, GU16, GU17, GU14
  4. Discus: GU13, GU14, GU15, GUI6, GUI7, GUI8, GUI9

10:30am

* + - * 1. Long Jump   
            Pit A: GU18, GU19, GU14, GU10, GU16, GU12

Pit B: BU13, BU15, BU17, BU10, BU12

11:00

* 1. Turbo Jav: GU9, BU9, GU11, BU11, as runways are available   
     1:30pm
  2. Pole-vault: BU19, BU18, BU17, BU16, BU15, GU15, GU16, GU17, GU18, GU19
  3. Hammer: BU13, BU14, BU15, BU16, BU17, BU18, BU19