

# John Buckley Sports Graded Track and Field League 2012

A programme of 8 graded meetings is planned for athletes male and female over 17 years old on the day of the competition on the dates hereunder. (Shot, Discus, Hammer and 56lb throw are for over 18 year on the day)

Track events will if necessary be divided into separate races on the basis of performance, which could involve mixed races. Although entries will be accepted on the day, clubs are to be asked to obtain commitment to the events in which they plan to compete and forward lists to the board.

The entry / admission fee per meeting is to be €5. Each athlete is to receive a performance certificate.

It is intended to have electronic timing at each meeting

Date	Day	Venue	Time	Events							
1st May 2012	Tuesday	CIT Track	7.30 p.m.	100m 400m		1 mile		Long Jump	Shot		
14th May 2012	Monday	CIT Track	7.30 p.m.	200m		800m 3000m		High Jump	Discus		
6th June 2012	Wednesday	CIT Track	7.30 p.m.	100m 400m		1500m		Triple Jump	Javelin		4X400m Relay
22nd June 2012	Tuesday	CIT Track	7.30 p.m.	200m		800m 3000m		Long Jump	Hammer		Pole Vault
15th July 2012	Sunday	CIT Track	2.30 p.m.	100m 400m		800m 5000m		Triple Jump Pole Vault	Shot 56lb dist.		4 X 100m Relay 110m Hurdles
29th July 2012	Sunday	CIT Track	2.30 p.m.	200m 400m		1500m StpleCh		Long Jump High Jump	Discus Hammer		Medly Relay (2X200, 400, 800)
11th August	Saturday	CIT Track	2.30 p.m.	100m 200m		800m 5000m		High Jump Triple Jump	Shot Javelin		400m Hurdles Pole Vault
26th August 2012	Sunday	CIT Track	2.30 p.m.	100m 200m		400m 3000m		Long Jump Pole Vault	Javelin Discus		High Hurdles 4X800m Relay